



September 2021



Past 2021 Newsletters

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Dear SDUHSD Community:

It's hard to believe we're nearing the end of September and that fall is here! With so much going on in our district the days fly by quickly! Some of the exciting things underway right now include:

Superintendent Search: The Board has been without a permanent superintendent since April 2021. Although the Board has the authority to simply appoint a new superintendent of its choosing, the Board is working with JG Consulting to help make sure the SDUHSD community has an opportunity for input and that the Board's decision is guided by professionals who have successfully placed high quality talent in school districts. As part of the input phase, this past week JGC held numerous virtual and in-person forums for staff and the community, and created online surveys in [English](#) & [Spanish](#). A forum for Spanish speaking families will also be provided this week. Information has been posted on the District's [Superintendent search page](#) and shared through district notifications. Information for candidates has been posted on [EdJoin](#) and the [JG Consulting webpage](#). The Board's goal is to have a new superintendent selected as early as October!

College Support: This fall SDUHSD is offering several college-related webinars. The first 3-part series was held 9/13 - 9/15 and recordings can be found on the SDUHSD College and Career [webpage](#). (Additional [webinar workshops](#) have been scheduled for upcoming weeks as well.) The SDUHSD College and Career team is also bringing webinars to help our professional teams support our **foster youth** and **homeless youth**, and launched a new **SDUHSD Military Service Academies** [webpage](#)! (Deadline for military service academy applications is 5 pm on 10/29/21). Please visit our SDUHSD **College and Career** [webpage](#), and review the [flyer](#) on upcoming webinars in this newsletter to learn more!

Onsite COVID-19 testing! We are pleased to share that as of 9/20/21, SDUHSD offers COVID-19 (PCR) testing for SDUHSD students and staff **7 days a week** through [Phamatec Laboratories & Diagnostics](#). (Staff who are not fully vaccinated will have to undergo weekly surveillance testing as directed by HR. SDUHSD is approximately 1 month ahead of the state's deadline to conduct surveillance testing for unvaccinated employees!) Results of Phamatec testing are reported directly to families and the school via email, making it easier on our families and employee teams!

Read on for more SDUHSD news and information! Happy fall everyone and thank you to everyone throughout the district for your hard work to support our students, and to our students for working hard!

Lucile Lynch
Interim Superintendent



SDUHSD

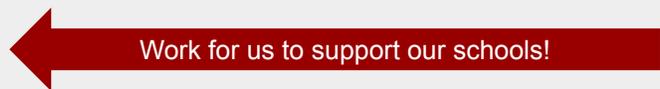
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SDUHSD needs you! Districts throughout the county and state are having difficulties meeting their hiring needs. **If you have some extra time, our schools could really use some extra hands!** Support our schools by working for us this year given the severe staffing shortage throughout the County! (Our sub rate for teachers is \$180 per day and \$200 for long-term assignments starting on day 6.) Join us!

Apply now at: [Edjoin.org](#)



Work for us to support our schools!

STUDENTS CORNER

Meet the SDUHSD Student Board Member Representatives! **Welcome!**



Amanda Chen, CCA



Olivia Pacheco,



Zach Joelson,



Ethan Hines, Sunset



Payton Parker,

September

15 (through October 15): **AP Sign ups** (See SDUHSD AP Exam [website](#) for more information)
28 @ 6:30 pm: “**Orientation & Strategy to Stand Out and Get In,**” [College Webinar.](#)

October

6: Walk to School Day

8: [Applications](#) due for the CA State Board of Education student board member position for 2022-23.

11 @ 9 am (District Office): **Special Education Advisory Forum** meeting - Please contact your school principal if you're interested in being a parent representative to this Forum.

12 @ 6:30 pm: “**Out-of-State Public & Private Universities Application Workshop,**” [College Webinar.](#)

26 @ 6:30 pm: “**UC/Cal State Application Workshop,**” [College Webinar.](#)

29 @ 5pm: Applications due for a **U.S. Service Academy**. Visit our new [SDUHSD website](#) for students who may be interested in U.S. Military Academy (West Point), U.S. Naval Academy, U.S. Air Force Academy, U.S. Coast Guard, and U.S. Merchant Marine Academy.

November

9 @ 6:30 pm: “**Merit Scholarship & Financial Aid Workshop,**” [College Webinar.](#)

12: [Application](#) due for **CA Green Ribbons program** to honor excellence in whole-school sustainability while spotlighting replicable best practices.

News from the California Department of Education:

U.S. Senate Youth Program: [Nominations](#) due on October 6, 2021. Two juniors or seniors currently serving in an elected or appointed leadership capacity in student government, civic or educational organization for the entire 2021-22 school year may be nominated by their high school principals. Must be U.S. citizen or permanent resident and enrolled in a CA school. Finalists will be selected by the CDE.

Youth Advisory Council: The CDE is launching a Youth Advisory Council (YAC) to provide input and feedback on matters affect youth throughout the state. [Applications](#) are due 10/8/21. Please see [flyer](#) for more information.

Directing Change California is hosting a film contest with 6 submission categories: Suicide Prevention, Mental Health Awareness, Animated Short, Walk in our Shoes, Hope and Justice, Through the Lens of Culture. Submissions due March 1, 2022.

News from Community:

- **Junior Commissioner Position** on the City of Solana Beach Climate Action Committee: Up to 5 high school or middle school students who reside in Solana Beach will be selected. Contact: rviskanta@cosb.org
- City of Encinitas [E-Bike Safety Information](#)

District Information

Most questions can be answered by your school's teachers and administrators so please start there to get a quick answer. In case they are not able to help, below are answers to frequently asked questions.

We also have a searchable [A - Z Index](#) at the top of our SDUHSD [website](#) for assistance.

Students with Disabilities

Special Ed: [English](#) • [Spanish](#)

Special Education Strategic Plan Parent Advisory Group

First meeting is 10/11/21 @ 9:30 am at the District Office. Representatives are selected from each school site to attend. Please contact your school principal if interested.

WorkAbility 1: A CA Transition Program for individuals with Disabilities

Want to learn more about supported work options and career pathways? Visit our [SDUHSD Special Education Transition](#) webpage to learn about resources and options! The CA Workability program offers an "[Array of Services](#)"! Talk to your IEP team about Workability to learn more!

September is Suicide Prevention month.

California has a statewide outreach program called "[Know the Signs](#)" that shares information and [resources](#). Please visit SDUHSD:

[Student Social-Emotional Supports Page](#) [Multi-Tiered Systems of support: Social-Emotional](#)

National Suicide Prevention Lifeline: 1-800-273-8255.

Know more than one language?

If so, you might be eligible for the [California State Seal of Biliteracy](#)! This is recognition by the State for graduating high school students who have attained a high level of proficiency in listening, speaking, reading, and writing in one or more languages in addition to English. Students get a gold seal affixed to their diploma or transcript. (ASL included!)

Learn more at the [SDUHSD Seal of Biliteracy webpage](#)



[SDUHSD Safety Plan & Practices Webpage](#)

SDUHSD Newcomers • Welcome!

On Thursday September 15th, the Oak Crest Middle School English Language Development (ELD) team hosted a parent night for over 30 newcomers and families of ELD students. Newcomers and their families were invited early for dinner and participated in a specially designed introduction along with hands-on support in setting up their Aeries accounts. An informational session was then held for all families that included ongoing technology support throughout the evening.

ELD Lead and English teacher Sonya Ramirez along with the amazing counseling team of Michelle McNeff and Krystal Perrin shared this [ELD Parent Night Presentation](#), our [Academic Resource Brochure \(Spanish\)](#), and [OCMS Community Resources](#) (spanish).

None of the above would have been possible without the translation and technology assistance of our entire ELD team and the support of our OCMS Parent Foundation. Special thanks to Bi-lingual Instructional Assistant Astrid Gonzales and Myrka Garcia and OCMS teachers Katie Bator (ELD English, Read 180, World History), Lynn Chapman (Art), Mandy Oliphant (ELD Science, STEM), Angelica Arellano (Math), Arley Gonzalez (PE), Jeff Tyler (Math, Academic Lab) and George Mellos (Math). **Thank you AP Chuck Adams for sharing this update!**

What is AVID?

Don't know? Click [here](#) to learn more!



Recent News Clips!

(Please submit items no older than 60 days to our communications coordinator [Miguel Jacobs](#) for inclusion in the newsletter).

General:

“Record number of teens earn Scouting’s Gold Award,” *San Diego Union-Tribune* ([8/29/21](#)) (“only 5% of eligible Girl Scouts achieve this honor”) (**CCA:** Lia Cociorva, Troop 3892, Healthy Eating Made Fun; Aarya Mishra, Troop 1475, Project Self-Defense; Karina Parikh, Troop 1739, “Stick 2 You” Wellness Podcast; Maya Rosenbaum, Troop 1846, Gratitude Journaling for Teen Mental Health and Well-being; Lauren Lakin, Troop 1741, It’s All About the Kids Club; Isabelle Sach, Troop 1674, Free CPR/First Aid/Beach and Water Safety Workshops; Kaya Patidar, Troop 1831, Sports for All; **LCC:** Ellie Fox, Troop 1020, Coping with Mental Illness Together; **SDA:** Tegan Schlosser, Troop 1728, Suicide Prevention Through Kindness; Sunshine Harris, Troop 1689, Help Women of Africa; **TPHS:** Lana Kabakibi, Troop 3892, Virtual Summer Art Classes; Ava Sargent, Troop 1740, Letters to Strangers; Claire Bickett, Troop 1740, Environmental Education; Laine Michaels, Troop 1740, Generations Connect. **Congratulations!**

“League gives \$23K in scholarships,” *San Diego Union-Tribune* ([8/29/21](#)): Assistance League of Rancho San Dieguito awarded \$23,000 in college scholarships to seniors (**CCA:** Jessica Gillman and Brian Hall, **LCC:** Max McLaurin and Emma Vega, **SDA:** Brandon Eng, Maila Guillory, Kayle Hultgren and Dalia Salgado, **Sunset:** Devon Hollingsworth). **Thank you Assistance League and congrats students!**

“Foundation awards scholarships,” *San Diego Union-Tribune* ([9/12/21](#)): Cal Coast Cares awarded scholarships to Alexander Poroy and Jacob Clark from **SDA**. Also mentioned was opportunity for [\\$500 teacher grants](#) from North Island Credit Union (application due 10/1/21).

CCA:

- **“Prep girls tennis preview,”** *San Diego Union-Tribune* (8/24/21)
- **“Community support helps CCA student lead another successful food drive,”** *Del Mar Times* ([9/2/21](#))
- **“CCA teacher, class connect with students in Afghanistan,”** *Del Mar Times* ([9/7/21](#))
- **“CCA Girls Who Code,”** *Del Mar Times* ([9/9/21](#))
- **“CCA students ‘Rock the Park’ at Padres pregame concert,”** *Del Mar Times* ([9/9/21](#)) (The Swell)

LCC

- **“Prep girls tennis preview,”** *San Diego Union-Tribune* (8/24/21) (LCC mentioned among “Top Teams”)

TPHS

- **“Torrey Pines takes title at California Challenge tourney,”** *San Diego Union-Tribune* ([8/28/21](#))
- **“Prep girls tennis preview,”** *San Diego Union-Tribune* (8/24/21) (TPHS mentioned among “Top Teams”)
- **“Torrey Pines girls varsity volleyball team earns championship title at California Challenge,”** *Rancho Santa Fe Review* ([9/1/21](#))



COVID-19 TESTING ONSITE!

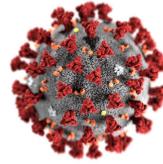
SDUHSD is excited to partner with Phamatech Laboratories & Diagnostics to provide testing 7 days a week to our SDUHSD students and staff!

What kind of testing is it? PCR (molecular) testing. Turnaround time: Approx. 12 hours

Who can test?

SDUHSD Students & Staff who:

- have been identified as a close contact,
- are experiencing symptoms of COVID-19, or
- are concerned about a recent case on campus.



SDUHSD staff who have otherwise been directed to test.

How to access this testing service:

- Must pre-register with Phamatech for an appointment using the Phamatech/SDUHSD Portal
- Walk-ups are NOT PERMITTED. Must register to be tested.

When/Where is the testing? (For SDUHSD students and staff only. Don't forget to register!)

- **5 Days a week onsite testing** (see below)
Click [here](#) to register for school site testing
- **7 Days a week drive-up offsite testing** at Phamatech, 15175 Innovation Drive, Carlsbad, CA.
Click [here](#) to register for drive-up testing





Trustee Area 1
Maureen "Mo" Muir
Board President



Trustee Area 2
Katrina Young
Board Clerk



Trustee Area 3
Melisse Mossy
Board Vice President



Trustee Area 4
Mike Allman
Board Member

Trustee Area 5

VACANT

Special Election

Nov. 2, 2021
(Mail-in ballots)

Please visit the Board [website](#) to learn more about meeting dates, times, the Board's agenda and other Board items.

Videos of past meetings are also posted on the website.



BOARD MEETING SNAPSHOTS

Remaining 2021 Regular Board meetings:

October 14 @ 5 pm

November 18 @ 3 pm

December 14 @ 5 pm



9/3/21 Special Meeting

[Video](#)

At this special Board meeting, there was a closed session to discuss labor negotiations.

9/9/21 Special Meeting

(4 - 6:11 pm • [Video](#))

The Board selected [JG Consulting](#) from 5 search firms.

9/13/21 Special Meeting

(10 am - 12 pm • [Video](#))

At this special board meeting, the following items were discussed:

1. **Gann Limit** (click [here](#) for information on what the Gann Limit is)
2. Certification of the **Unaudited Actuals Income and Expenditures for the 2020-2021 School Year**
3. **Adoption of the ESSER III Expenditure Plan**
4. **Superintendent Search Planning with JG Consulting**

9/27/21 Special Meeting

2 pm

[Agenda](#)

The Board discussed the Encinitas City Council proposal to place a Safe Shelter Parking lot at the Encinitas Community and Senior Center next to Oak Crest Middle School (item 10A on the Encinitas City Council [September 29 meeting](#) agenda for its 6 pm meeting)

9/30/21 Special Meeting

11 am

[Agenda](#)

Sample agenda items:

- **CCA Presentation:** Principal Brett Killeen
- **JG Consulting [Search Firm](#) Update**
- **Public Hearings on CSEA and SDFA Proposals to Open Negotiations**
- **Student Mask and Face Covering Policy**
- **Ceremonies and Observances Policy** (Pledge of Allegiance)
- **Updates** on LCAP Goal #1 (Equity & Access), SDUHSD Covid-19 Safety Plan, and the Superintendent College Committee and Pool Feasibility Committee.

Executive Cabinet Notices & Information



Mark Miller
Deputy Superintendent
Administrative Services

If you are like my family, transitioning back to school has been a roller coaster! As we start up our 6th-week of school, here are a few tips to assist with the continued transition:

- **Establish daily routines**
- **Normalize mental health** - remind your child it is ok to not be ok and to ask for help
- **Co-regulate** - model healthy behavior at home by focusing on self-care
- **Give grace** - transitions take time!

[SDUHSD Parent and Student Social Emotional Resources](#)
[CareSolace](#)



Dr. Olga West, Ed.D.
Associate Superintendent
Human Resources

JOBS AVAILABLE

Please see our job postings on [Edjoin!](#)

We have part time and full time jobs!

If you have some extra time, a college student, working on your teaching credential, or have a Bachelor's Degree, check it out!

What does a Student Support Facilitator do?

Provides guidance and education on self-esteem, decision making, coping strategies, conflict resolution, problem solving, substance abuse, and anger management.

Flexible schedules and great for individuals training to be counselors, psychologists, social workers, and teachers!!!



Tina Douglas
Associate Superintendent
Business Services

One Department's Heroic Efforts

Parents are aware that this year students can obtain free breakfast and lunch each day. This is great for our students and families. The program has been a huge success, better than we could have anticipated.

This has come with several challenges and our Nutrition Services team has been working hard on ensuring all students are able to get a free meal. Kudos on our team for their herculean efforts! Please stay up to date with information by visiting our [Nutrition Services website](#).



Bryan Marcus
Associate Superintendent
Educational Services

District Chromebook Update

Continuity of access to an online learning system and instructional materials for students and families as all neighboring feeder elementary districts are 1:1.

Students and families highlighted the **need for one common learning management platform** which allows for **consistent communication between students and teachers**.

Currently 12,261 students have a chromebook checked out. At any given time during the day we can see anywhere from 6,000 to 9,000 of these chromebooks on our wifi simultaneously being used.

Over the last two weeks, we can see **11,538** of those chromebooks were used on campus.

**SAN DIEGUITO UNION HIGH SCHOOL DISTRICT
BOARD OF TRUSTEES PRESENT**

College Application Strategy Webinar Series

Tuesday 9/28/21 @ 6:30pm: "Orientation & Strategy to Stand Out and Get In" Learn how the college application process works and how admissions decisions are made to maximize your odds of admission.

Tuesday 10/12/21 @ 6:30pm: "Out-Of-State Public & Private Universities Application Workshop" Learn about strong programs at private and out-of-state universities that may be great fits for scholarships and long-term goals.

Tuesday 10/26/21 @ 6:30pm: "UC/Cal State Application Workshop" Learn about the UC and Cal State application process and how to maximize odds of admission for highly impacted campuses and programs.

Tuesday 11/9/21 @ 6:30pm: "Merit Scholarship & Financial Aid Workshop" Learn how merit scholarships are awarded, resources for outside merit scholarships and how the need-based financial aid process works to make your college goals a reality.

All sessions are virtual and will be recorded.
Click [here](#) or visit the District homepage
on the date of the webinar to access.

Speaker's services have been donated to support SDUHSD students.



JOIN GREG KAPLAN, A NATIONALLY RECOGNIZED COLLEGE ADMISSIONS EXPERT AND THE AUTHOR OF EARNING ADMISSION: REAL STRATEGIES FOR GETTING INTO HIGHLY SELECTIVE COLLEGES, FOR A FOUR-PART WORKSHOP FOR SDUHSD SENIORS AND THEIR FAMILIES TO OFFER GUIDANCE ON HOW TO STAND OUT, EARN ADMISSION AND PAY FOR COLLEGE. GREG IS A GRADUATE OF THE UNIVERSITY OF PENNSYLVANIA WHARTON SCHOOL OF BUSINESS, UC IRVINE SCHOOL OF LAW, WHERE HE RECEIVED A FULL-TUITION SCHOLARSHIP, AND TORREY PINES HIGH SCHOOL.



What is the Youth Advisory Council (YAC)

The Youth Advisory Council (YAC) is a council for equitable change and authentic voice in education. YAC will advise policymakers and interested stakeholders on educational issues affecting young people. While working directly with State Superintendent of Public Instruction Tony Thurmond, members will be representative of a diverse spectrum of young voices of the State of California.

We are looking for...

1. 15-18 year old students are eligible to apply for The YAC
2. Participation in 85% of all YAC meetings, activities, and projects throughout the year. This will include bi-monthly online meetings and in-person convening for the 2021-2022 school year.

Applications Open: September 24th-October 15th

What we do

- > We will work with young people to create new ways to assess topics like Social Emotional Learning, grading metrics, and whole-child development needs in the California k-12 education system
- > We will be involved in policy development to create equitable change by working with local and state government officials
- > We will be inclusive of all of California's youth to get a diverse spectrum of voices



1430 N St , Sacramento, CA



YouthAdvisoryCouncil@cde.ca.gov

Social
Media

@Cali.YAC





San Diego Trafficking Prevention Collective

Human Traffickers Don't Discriminate

Throughout the COVID pandemic, the National Center for Missing and Exploited Children (NCMEC) has reported an almost 100% increase in online enticement reports. As a public-school educator, it is important to not only know the warning signs and risk factors that make our students vulnerable to human trafficking and commercial sexual exploitation, but also know how to report it. It takes all of us to keep our students safe.

WHAT IS HUMAN TRAFFICKING?

Human trafficking is defined as the use of force, fraud, or coercion to compel a person into performing commercial sex acts, labor or other services against their will. Inducing a minor into commercial sex is considered human trafficking regardless of the presence of force, fraud or coercion.

WHO IS VULNERABLE?

Human trafficking can happen to *ANYONE*, but certain risk factors can make individuals more vulnerable than others. These risk factors may include:

- Mental health concerns
- Runaway or homelessness
- Child welfare involvement
- Substance abuse
- Prior trauma (e.g., sexual abuse, family violence or neglect)
- Recent migration or relocation



WHO ARE THE TRAFFICKERS?

Perpetrators of human trafficking span *ALL* racial, ethnic, and gender demographics; they are as diverse as victims. Traffickers can include:

- Intimate partners
- Classmates
- Friends
- Gang members
- Parents or family members of victims
- Business owners

POTENTIAL RED FLAGS AND WARNING SIGNS A PERSON IS BEING TRAFFICKED:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Missing school frequently • Changes in behavior • New or multiple cellphones • New or expensive items purchased by someone else • Avoids making eye contact • Signs of drug use | <ul style="list-style-type: none"> • Disinterest in activities previously cared about • Physical injuries or malnourishment • Older or controlling partner • Knowledge of "the life" and its slang • Habitual runaway • Is fearful or suspicious of security personnel or law enforcement |
|--|---|

Information provided by the San Diego Trafficking Prevention Collective

A partnership with the 3Strands Global Foundation, Global Communities, PLNU Center for Justice & Reconciliation, San Diego County District Attorney's Office, and UBS Optimus Foundation.



KNOWMORE
HUMAN TRAFFICKING
PREVENTION CURRICULUM



UBS

RISK FACTORS TO CONSIDER FOR REPORTING:

IF ONE OF THE FOLLOWING:

- Child/youth exhibits behaviors or otherwise indicates that she/he is **being controlled or groomed** by another person.
- Child/youth spends time with people **known to be involved in commercial sex**.
- Child/youth's use of internet, cell phone, or social media involves **social or sexual behavior** that is **atypical for their age**.

OR

TWO OF THE FOLLOWING:

- Child/youth has a **history of running** away, unstable housing, including multiple foster care placements, or periods of homelessness including couch surfing.
- Child/youth has had **prior involvement with law enforcement** or the juvenile justice system.
- Child/youth is **frequently truant**.
- Child/youth's **relationships are concerning**, placing him/her at risk or in danger of exploitation.
- Child/youth has a **history of substance abuse**, specifically narcotics, opiates, crack/cocaine and amphetamines.

REPORTING SUSPECTED HUMAN TRAFFICKING:

CONTACT INFORMATION FOR REPORTING

San Diego County Child Abuse Hotline

1-800-344-6000 or call any police or Sheriff's department

National Human Trafficking Hotline

1-888-373-7888 or Text: "HELP" or "INFO" to 233733

ADDITIONAL RESOURCES:

San Diego Trafficking Prevention Collective: www.SanDiegoTPC.org

San Diego County District Attorney's Office: www.SanDiegoDA.com

<https://www.sdcda.org/preventing/human-trafficking>

<https://www.sdcda.org/helping/mandated-reporting>

Remember: If you have a "reasonable" suspicion a youth is involved in human trafficking, you must report to Child Welfare Service; certainty is NOT required.



HUMAN TRAFFICKING PREVENTION TRAINING:

Human Trafficking Prevention Training is currently available online at **no-cost** for public school staff in San Diego County. For a step-by-step user guide on how to access this prevention training and classroom education curriculum, use this linked icon.

FOR MORE INFORMATION EMAIL
info@SanDiegoTPC.org

CLICK HERE