

February 15, 2018

Dear SDUHSD Families:

We are fortunate to live in a community of families who care for one another and share their concerns when any child is struggling or at risk. The health and safety of our students is our primary concern, so SDUHSD offers many resources for students and families.

Even the most well-adjusted students need our community of support from time-to-time. I want to make sure you are aware of the multiple systems of support we have available to you, your children, and their friends in our district to ensure for the physical, social, emotional, and academic health of our students.

Our schools have compassionate, professionally-trained teachers, counselors, psychologists, social workers, administrators, and support staff. Additionally, peer-facilitated groups, under the training and supervision of an adult professional, are available for students.

We strive to address all student concerns to fulfill both our obligations as educators, while keeping in mind our duty to protect the privacy and confidentiality of our pupils and families in need of support

The trained personnel, programs, activities and resources listed below are some examples of the supports that are available to students and families throughout the year and across the district. If you have any questions or needs in any of these areas, please contact your school for more information.

Academic Intervention

[Bullying Prevention](#)

[California Healthy Kids Survey](#) (District results)

Challenge & Community Days

Counselors

Diversity Week

[Drug & Alcohol Awareness & Prevention](#)

Educationally-Related Mental Health Services

Elizabeth Hospice Partnership

Green Ribbon Week for Mental Health Awareness

[Health Services](#)

[Health Coverage Information](#)

Human Resources Staff Support and Training

New Student Outreach Activities

No Place for Hate designation from the ADL

North County Lifeline Partnership

[Online Safety Awareness and Protection](#)

Parent Education Nights

Parent Teacher Association & Parent Foundation Activities

[Personal Safety Awareness & Resources](#)

[READI Program](#) (Substance Abuse Education)

Red Ribbon Anti-Drug Week Activities

Resolution of Respect

Restorative Justice Practices

[Safe School Plans](#) & [Emergency Procedures](#)

Safe Schools Week

[San Dieguito Alliance for Drug Free Youth](#) Partnership

School Nurse

School Psychologists

School Social Workers

[Section 504 Accommodations](#)

[Smart Start Driving Safety Class](#)

[Special Education Services](#)

Student Attendance Review Team

[Student Support & Wellness](#)

Student Support Teams

[Suicide Prevention Protocol](#)

[Suicide Prevention Webinar for Parents](#)

Support Groups

[Tobacco Use Prevention Education](#)

Wellness Activities

[Yellow Ribbon Suicide Awareness Week](#)

We also maintain a [Community Resource List](#) of independent providers to help families in the areas of Youth Crisis, Suicide Prevention, Drug and Alcohol Programs, Drug Testing, Behavioral and Psychiatric Services, Child Abuse, Rape, Domestic Violence, Health Care, Runaways, LGBTQ, Eating Disorders, AIDS/HIV, Immigrant Assistance, Family Planning, Legal Aid, Bereavement & Grief Support.

I want to thank and recognize our many caring professionals who provide outstanding student support services in our district and at our schools every day. I also want to thank our parents for working with us to promote well-rounded, well-balanced successful students.

This is an important time for all in our community to support and look out for one another. If you are concerned about your child or one of their friends, please reach out to our schools for assistance or access the many resources listed above for help.

Regards,



Eric R. Dill  
Superintendent