



ISPE Student/Parent Q&A Session

Tuesday, February 6, 2024

Wednesday, February 21, 2024

Access the [website](#) for all updated ISPE information.

Welcome!

- Thank You
- Introductions
- Community Partner Feedback

Information & Resources

General Program/Application Process Q&A

What is Independent Study PE?

Independent Study (IS) is a voluntary alternative instructional strategy for providing regular education. Students work independently, according to a written agreement, and under the general supervision of a credentialed teacher. Attendance in IS is based on the time value of the student's work product, as determined by the student's supervising teacher. Because IS is an alternative instructional strategy, not an alternative curriculum, students follow the same course of study and meet the same academic standards as classroom-based students. IS students must adhere to *EC* sections [51222](#), [51225.3](#), [51241](#), and [60800](#), the latter requiring all students in grades five, seven, and nine to be tested in the state's physical performance test (FITNESSGRAM®). Note: ISPE is offered at the option of the district, and not all districts offer this alternative instructional strategy.

What's New?

- **Virtual Application**
 - K12 Informed
- **Coaches Application**
 - PDF on ISPE website (as of 2/5/24)
 - To be completed and uploaded as a part of the student application
 - Coaches may make copies of required coaching certifications, liability insurance, & CPR/First Aid certification to streamline the process for multiple athletes

ISPE Application Timeframe

SDUHSD ISPE SPRING 2024 TIMELINE

SDUHSD ISPE Application Opens	Monday, February 12, 2024 @ 8:00 am
SDUHSD Application Submission	<p>Virtual Application (Preferred) Virtual applications will be submitted via Informed K12.</p> <p>*Hard-Copy Applications (As Needed) Hard-copy applications may be dropped off at the San Dieguito Union High School District Office between the hours of 8:00 am - 4:30 pm.</p> <p>*The San Dieguito Union High School District Office is the only application drop-off location. Please utilize the below contact information for any ISPE application questions or concerns.</p> <p>Individual school sites will not be collecting any ISPE applications/packets.</p>
Parent/Student Q&A Sessions - Virtual	<p>Tuesday, February 6, 2024, 5:00 pm - 6:00 pm - Meeting Link</p> <p>Wednesday, February 21, 2024, 5:00 pm - 6:00 pm - Meeting Link</p> <p>Meeting Slide Deck (Coming Soon!)</p>
SDUHSD ISPE Application Closes	Friday, March 15, 2024 @ 4:00 pm
SDUHSD ISPE Application Review Period	Monday, March 18, 2024 - Friday, March 29, 2024
SDUHSD ISPE Applicant Notification Period	<p>Monday, March 25, 2024* - Friday, April 12, 2024</p> <p>*Conditional approval communication may begin as soon as Monday, March 25, 2024.</p> <p>Please note that SDUHSD is on Spring Break from Monday, April 1, 2024 - Friday, April 5, 2024.</p>
Questions or Concerns	Email: ispe@sduhsd.net or call (760) 753-6491

**The 2024-2025 ISPE Application Window will open on Monday,
February 12, 2024 @ 8:00 am.**

Athlete Qualifications

- **High School** applicants must demonstrate they are competing at a pre-Olympic or pre-professional level, as evidenced by a verifiable ranking organization and/or compared to other athletes or peers participating in the same sport or activity.
- **Middle School** applicants must demonstrate they are making progress toward the criteria listed above for High school applicants.

Athlete Documentation

- Athlete documentation demonstrating student athlete participation at a pre-Olympic or pre-professional level (and above).
- Documents to show upcoming regional, state, or national competitions that the athlete is participating in within each semester.
- Documents to show current practice/training schedule.
- The weekly schedule must include days, times & duration, instructor's name & contact information.
- If a student/parent wants to submit additional information for consideration, please attach it to the application to be reviewed by ISPE Committee.

The Student Experience

- An independent study course requires personal accountability and maturity.
- Students are responsible for maintaining their programs and keeping up with the communication between their individual coaches and the ISPE Coordinator.
- It is the students responsibility to submit the requirements by the due date. Assignments include:
 - Well thought out personal goals as they will be working on them throughout the year.
 - Logs are maintained and submitted throughout the year which provide details of the skills that are practiced
 - Semester 1 and 2 Student and Coach Evaluations
- Students will have the opportunity to explore goals in alignment with the California Physical Education Standards. <http://www.cde.ca.gov/ci/pe/>.
- The students will be added to a Google Classroom where they can communicate with the AP and/or teacher who oversees the ISPE program at each school and turn in the course requirements throughout the year. The students are also always welcome to schedule a meeting to review any questions they may have.

Coach Responsibilities

- The off-campus instructor must meet specific district qualifications as outlined in the Instructor's Statement of Responsibility. The coach may not be a parent of the student applying for ISPE
- All ISPE instructors/coaches are required to sign a Statement of Responsibility and Hold Harmless Agreement
- Instructors/Coaches must also carry Commercial General Liability of \$1 million dollars insurance for the activity in which they are giving instruction
- If a coach change occurs at any point, updated information will need to be submitted to the site assistant principal to ensure continued student eligibility in the ISPE program.
- A one-page statement, personally written and signed by the ISPE coach/instructor, evaluating the student's semester participation and progress is required for the student to earn credit for the course

ISPE Helpful Resources

- ISPE Website - sduhsd.net/ispe
- ISPE Frequently Asked Questions - Middle School & High School
- Contact Information
 - ispe@sduhsd.net
 - 760-753-6491

**Thank you for being
here this evening!**

Questions or Concerns
ispe@sduhsd.net or call (760)
753-6491