



SAN DIEGUITO UNION HIGH SCHOOL DISTRICT – HEALTH SERVICES  
 710 Encinitas, CA 92024 • (760) 735-6491 • FAX TO SCHOOL SITE  
**AUTHORIZATION FOR MEDICATION ADMINISTRATION AT SCHOOL**

**School Fax Numbers:**  
 CVMS: (858) 350-6416  
 DNO: (760) 943-3579  
 EWMS: (858) 755-0891  
 OCMS: (760) 943-3561  
 CCA: (760) 943-3616  
 LCC: (760) 943-3539  
 SDA: (760) 943-3555  
 TPHS: (760) 943-3613  
 SS/COAST: (760) 753-8469

**For School Year: \_\_\_\_\_**  
**(PRESCRIPTION OR OVER THE COUNTER)**

Name of Student	Date of Birth	Grade	School	Date
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California Education Code 49423 provides that any pupil who is required to take, during the regular school day, medication prescribed for him/her by a physician, may be assisted by the school nurse or other designated personnel if the school district receives (1) a written statement from such physician detailing the method, amount, and time schedules by which such medication is to be taken and (2) a written statement from the parent/guardian of the pupil indicating the desire that the school district assist the pupil in the matter set forth in the physician's statement.

\*California Education Code 49423 (c) A pupil may be subject to disciplinary action pursuant to Section 48900 if that pupil uses an inhaler or auto-injectable epinephrine in a manner other than as prescribed.

All medication orders will be automatically discontinued at the end of the school year, or at the end of summer school, if needed.

New orders are required each school year.

**\*\*AUTHORIZED HEALTH CARE PROVIDER USE ONLY\*\***

TO BE COMPLETED BY AN AUTHORIZED HEALTH CARE PROVIDER (California licensed physicians, surgeons, dentists, optometrists, podiatrists, nurse practitioners, nurse midwives, and physician assistants - California Code of Regulations, Title 5, section 601[a])

1. Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Reason/Diagnosis: \_\_\_\_\_

Route:  Oral  Inhale  Nasal  Topical  Intramuscular  Subcutaneous  Other \_\_\_\_\_

Medication Start Date: \_\_\_\_\_ Stop Date: \_\_\_\_\_

If DAILY, Time(s) to be given: \_\_\_\_\_

If AS NEEDED (prn), Frequency:  Every 4 to 6 hrs.  Every 6 to 8 hrs.  Other \_\_\_\_\_

FOR INHALER or EPINEPHRINE AUTO-INJECTORS ONLY.

Self-Carry – Student demonstrates competence. MUST COMPLETE PAGE 2

Stored in the Health Office

Others instructions or precautions-possible reactions:

2. Medication: \_\_\_\_\_ Dose: \_\_\_\_\_ Reason/Diagnosis: \_\_\_\_\_

Route:  Oral  Inhale  Nasal  Topical  Intramuscular  Subcutaneous  Other \_\_\_\_\_

Medication Start Date: \_\_\_\_\_ Stop Date: \_\_\_\_\_

If DAILY, Time(s) to be given: \_\_\_\_\_

If AS NEEDED (prn), Frequency:  Every 4 to 6 hrs.  Every 6 to 8 hrs.  Other \_\_\_\_\_

FOR INHALER or EPINEPHRINE AUTO-INJECTORS ONLY.

Self-Carry – Student demonstrates competence. MUST COMPLETE PAGE 2

Stored in the Health Office

Others instructions or precautions-possible reactions:

Health Care Provider Signature: \_\_\_\_\_

Health Care Provider Name (Print): \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip: \_\_\_\_\_

Provider License #: \_\_\_\_\_

Date: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

# Parent Request – PARENT COMPLETES THIS PAGE

For Assistance with Medication at School

## Responsibility of the Parent or Guardian

1. Parents/guardian shall be encouraged to cooperate with the physician to develop a schedule so the necessity for taking medication at school will be minimized or eliminated.
2. Parents/guardian will assume full responsibility for the supply and transportation of all medications.
3. Parents/guardian may administer medication to their student on a scheduled basis arranged with the school. Students are not permitted to carry prescribed or over-the-counter medication on school campus.
4. Parents/guardians **MUST** pick up unused medications from the school office during and at the close of the school year. Medication remaining after the last day will be discarded.
5. Each medication is to be in a separate pharmacy container prescribed for the student by a California licensed health care provider.
6. Each over-the-counter medication is to be in its original sealed container and prescribed for the student by a California licensed health care provider.

The parent or guardian must complete this page before any medication (prescription or over-the-counter) can be given, or taken, at school. This form must be renewed at the beginning of each school year or with any change in medication.

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
(Please Print)

## Parent Request for School Assistance with Medication

I understand that school district regulations require student medication to be maintained in a secure place, under the direction of an adult employee of the school district, and not carried on the person of a student (with the exception of inhalers and epinephrine auto-injectors accompanied by appropriate physician instructions).

All medication orders will be automatically discontinued at the end of the school year-summer school. New orders are required each school year.

**A. For MEDICATIONS KEPT IN THE SCHOOL HEALTH OFFICE only:** I hereby request that the staff of my student's school assist in giving medication to my student during school hours as stated in the physician instructions. I also give permission to contact the physician for consultation and exchange of information as needed.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name (Print): \_\_\_\_\_ Phone: \_\_\_\_\_

**B. For INHALERS/EPINEPHRINE AUTO-INJECTORS SELF CARRY only:** I hereby request that my student carry and self-administer his/her inhaler or auto-injector. I understand that if my student does not follow the rules and responsibilities of carrying his/her medication, he/she will lose the privilege of carrying such medication\*. I also give permission to contact the physician for consultation and exchange of information as needed.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name (Print): \_\_\_\_\_ Phone: \_\_\_\_\_

## Student Contract – Inhalers and Epinephrine Auto-Injectors Only

I agree to keep my medication in a safe and secure place, such as on my person, at all times. I agree I will NEVER share my medication with another student. If I am using my inhaler more than once a day or if I am not feeling better after using my inhaler, I will come to the health office. If I need to use my epinephrine auto-injector I will notify school personnel immediately so that emergency services can be contacted.

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_