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Office of the Superintendent

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San Dieguito Union High School District Community,

As we navigate these uncharted waters related to COVID-19, the health, safety, and wellness of our staff, students, and families are our current priority.

While our schools are closed, it is important to try and maintain daily routines, which includes time for exercise and wellness. The Coronavirus page of our district website has many resources and these are some additional resources to support our students and families.

[HealthyChildren.org](https://www.healthychildren.org)
[Suggested Home Schedule](#)

We understand that there may be additional questions not answered in the posted resources about student supports related to COVID-19 and its impacts. To help guide your student support inquiries and assure that we provide relevant information to answer your questions, if you have a non-emergency social emotional need related to COVID-19, please complete this brief form and staff will follow up with you:

[English](#) / [Spanish](#)

For the rest of this week, we will have a rotation of student support staff members available from 8 am - 2:30 pm daily to respond to confidential non-emergency requests for social or emotional support. Assistance can be provided by phone, email or video conference.

All information will be treated confidentially and not shared other than to connect you with a staff member who can provide information to you.

If this is an urgent crisis situation, please do not use this survey and instead contact San Diego Access & Crisis Line at (888) 724-7240 or 911 in an emergency.

Our most updated information in regards to COVID-19 is listed on the [Coronavirus Information webpage](#).

Robert A. Haley
Superintendent

Mark G. Miller
Deputy Superintendent