

Healthy Kids Survey
La Costa Canyon High School
Selected Findings 2017
N=1628^{*†‡}

Date of Survey: Spring 2017

Notes:

* 94% of students in attendance on the survey date

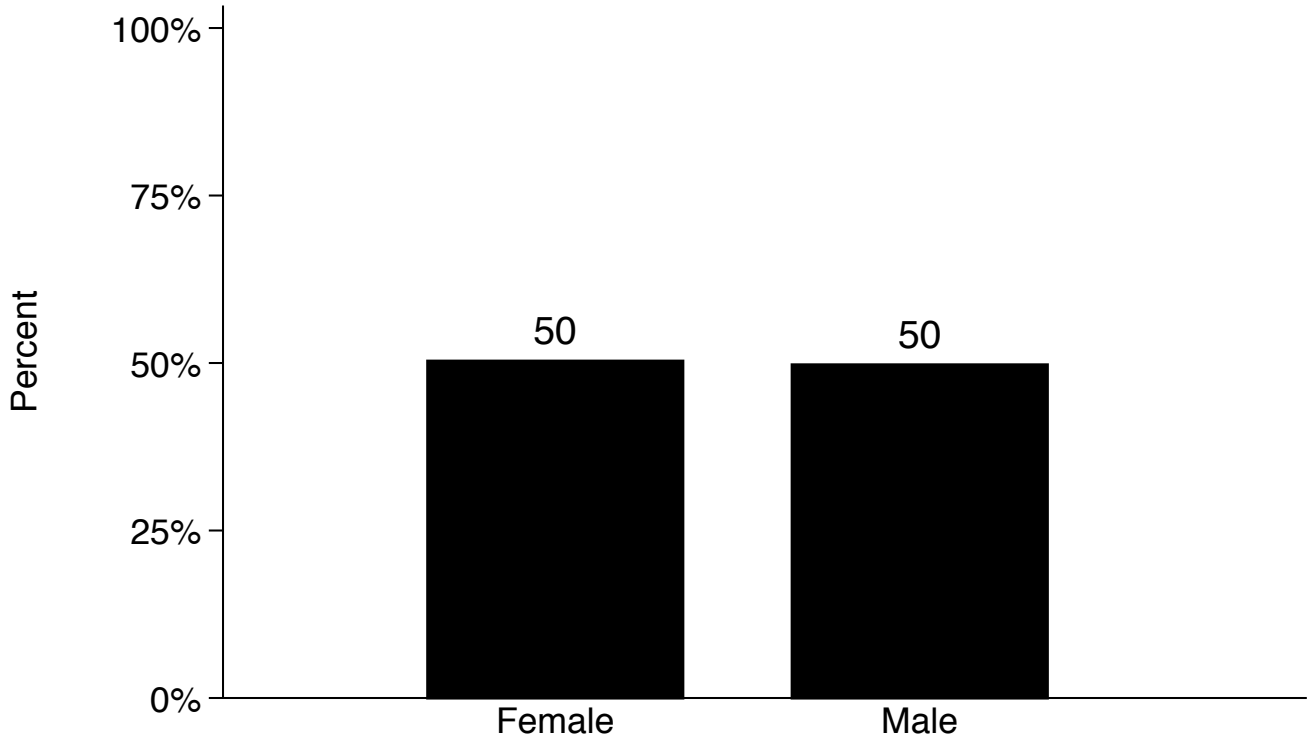
† 90% of students enrolled

‡ 11% of collected surveys deemed unreliable



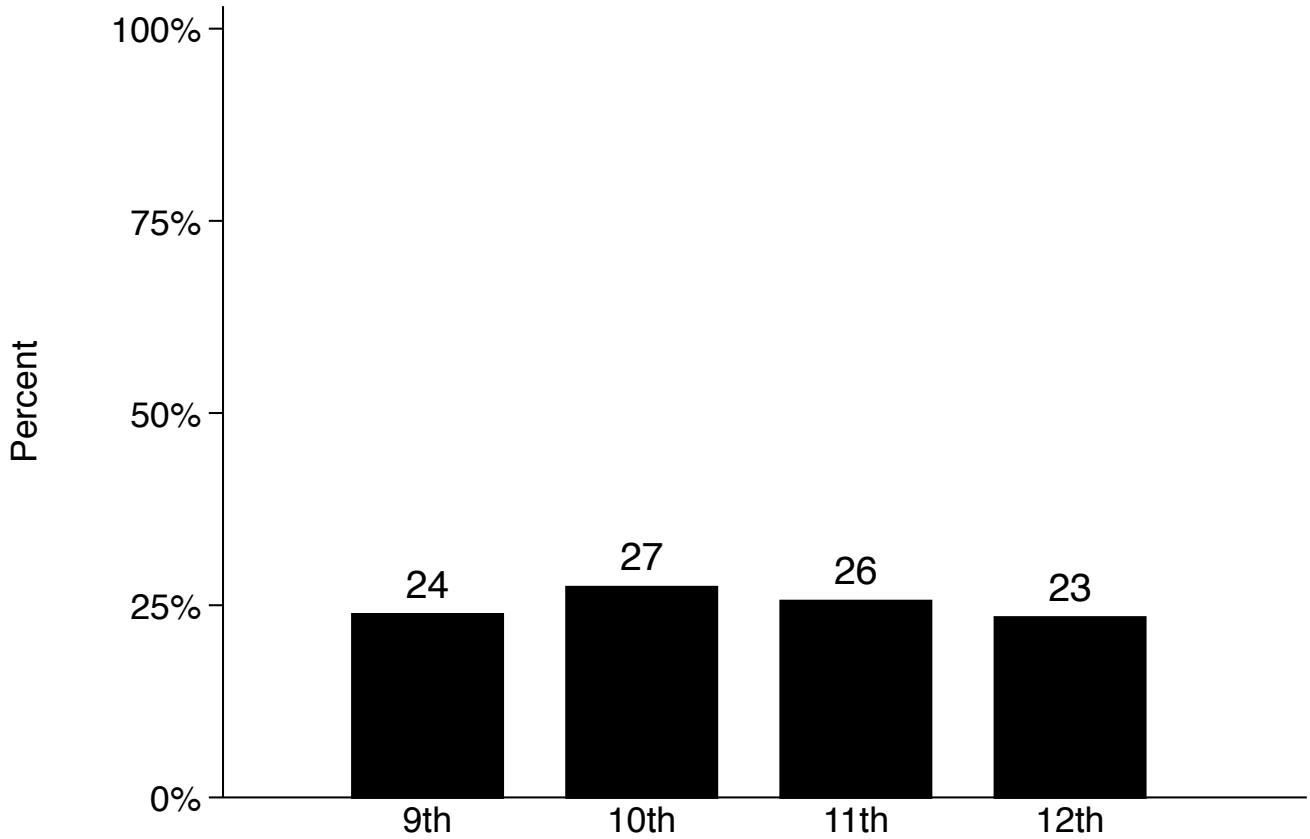
Gender Distribution

LCC 2017



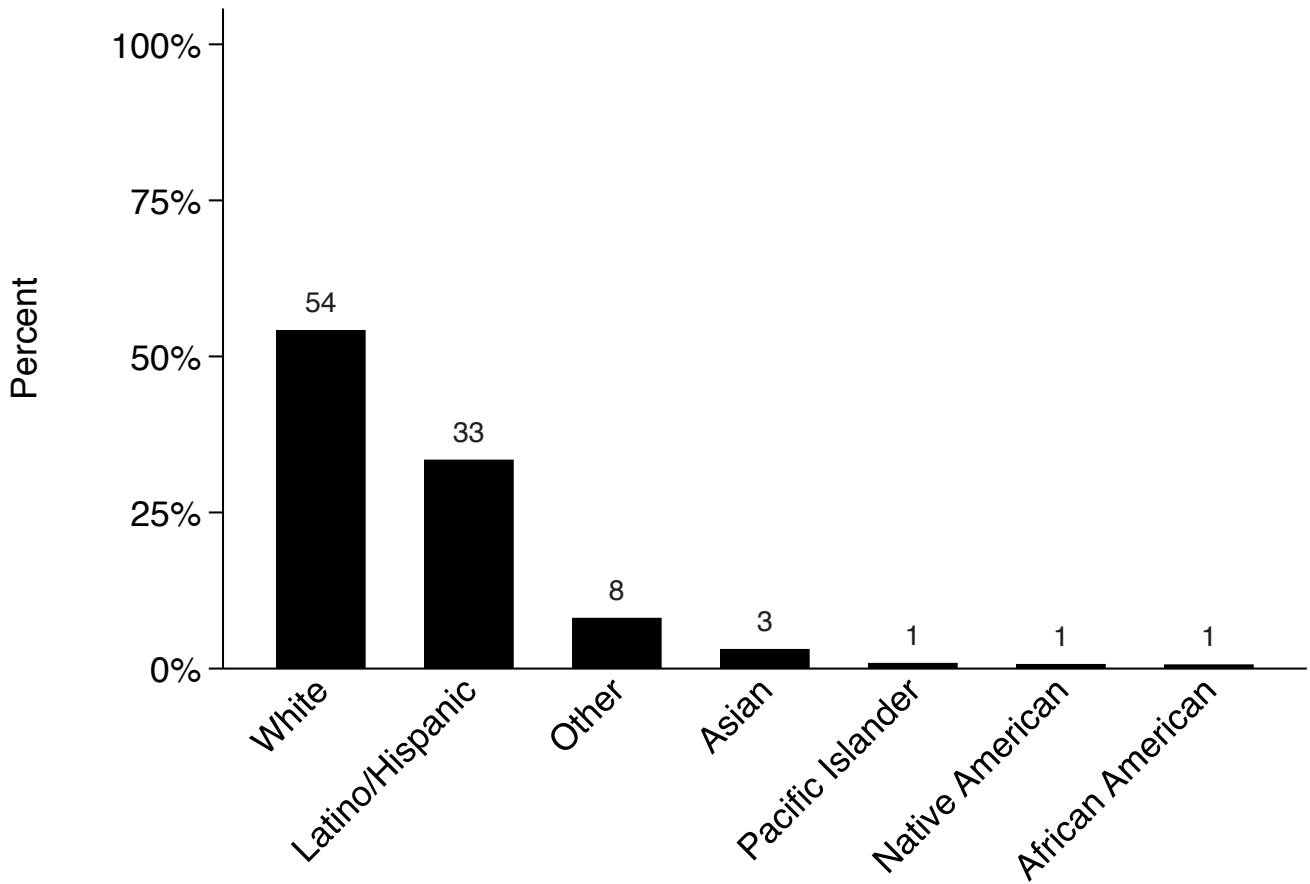
Grade Level Distribution

LCC 2017



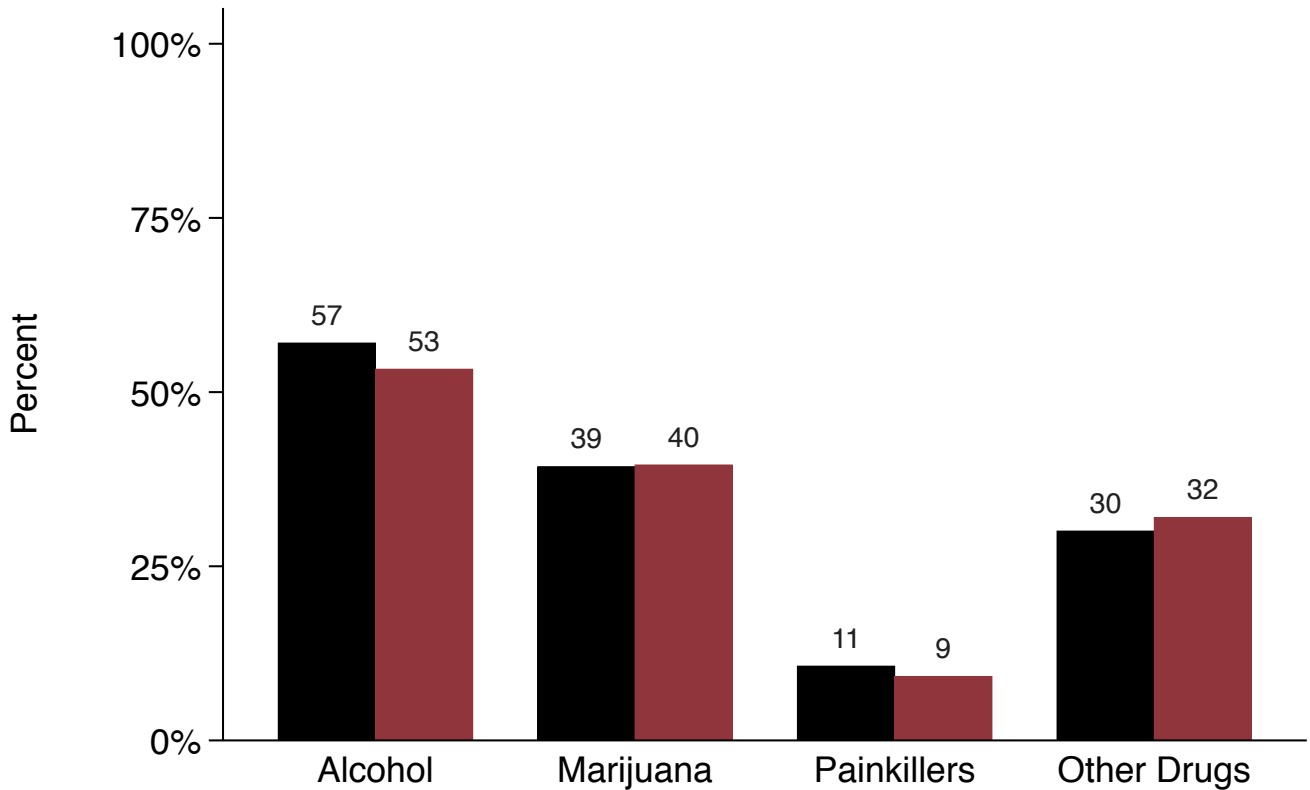
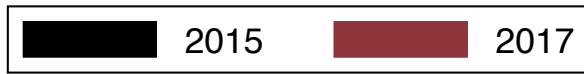
Ethnicity Distribution

LCC 2017



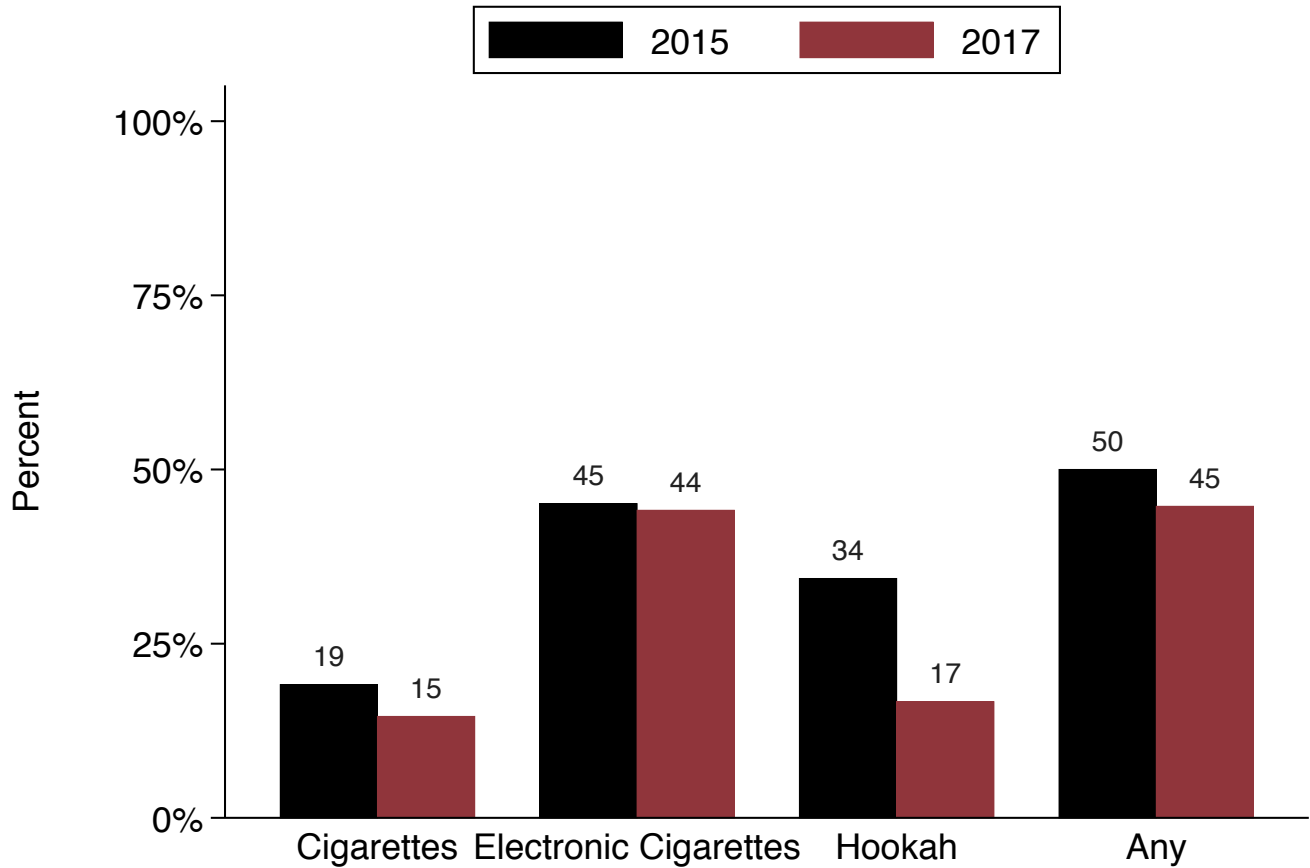
Lifetime Substance Use

LCC 2017



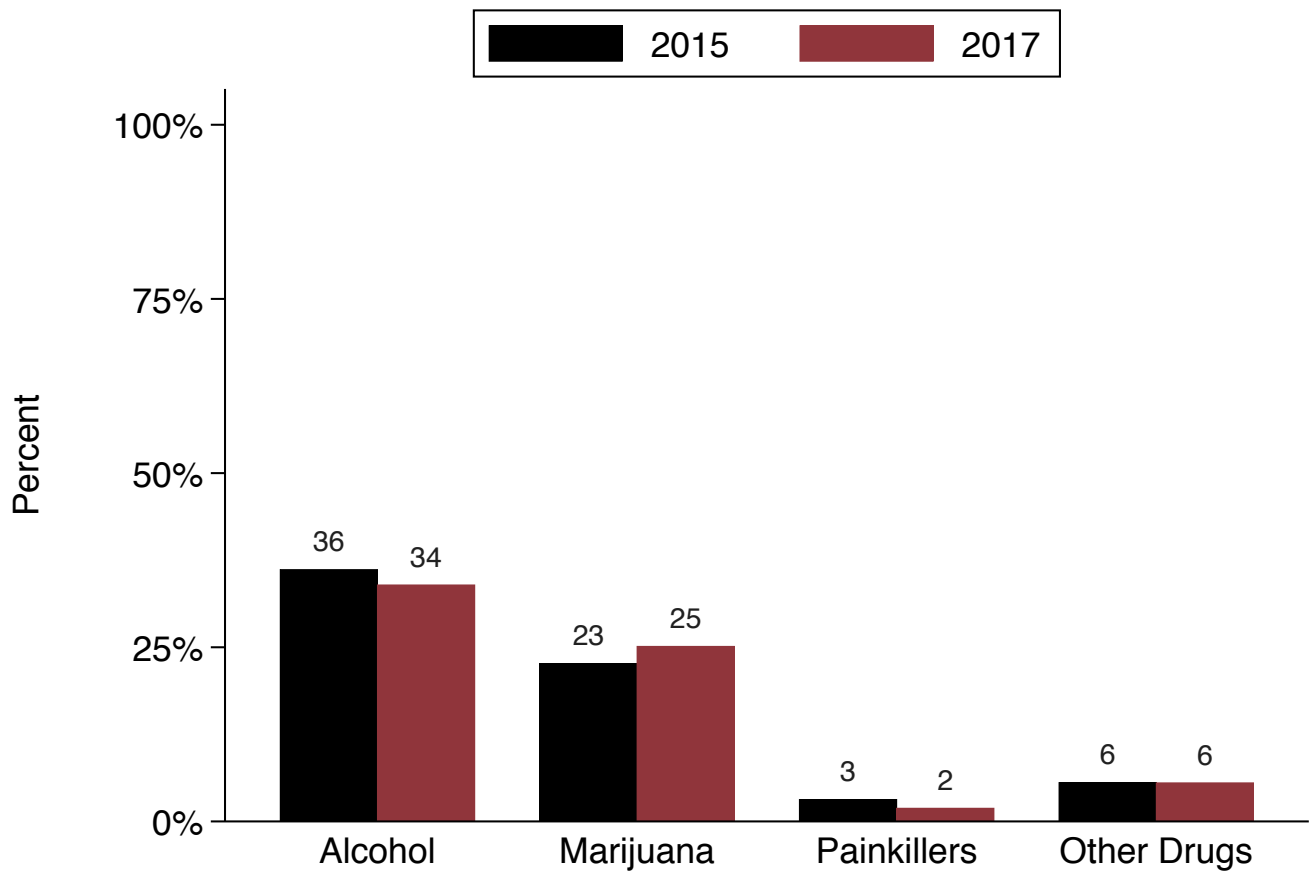
Lifetime Smoking

LCC 2017



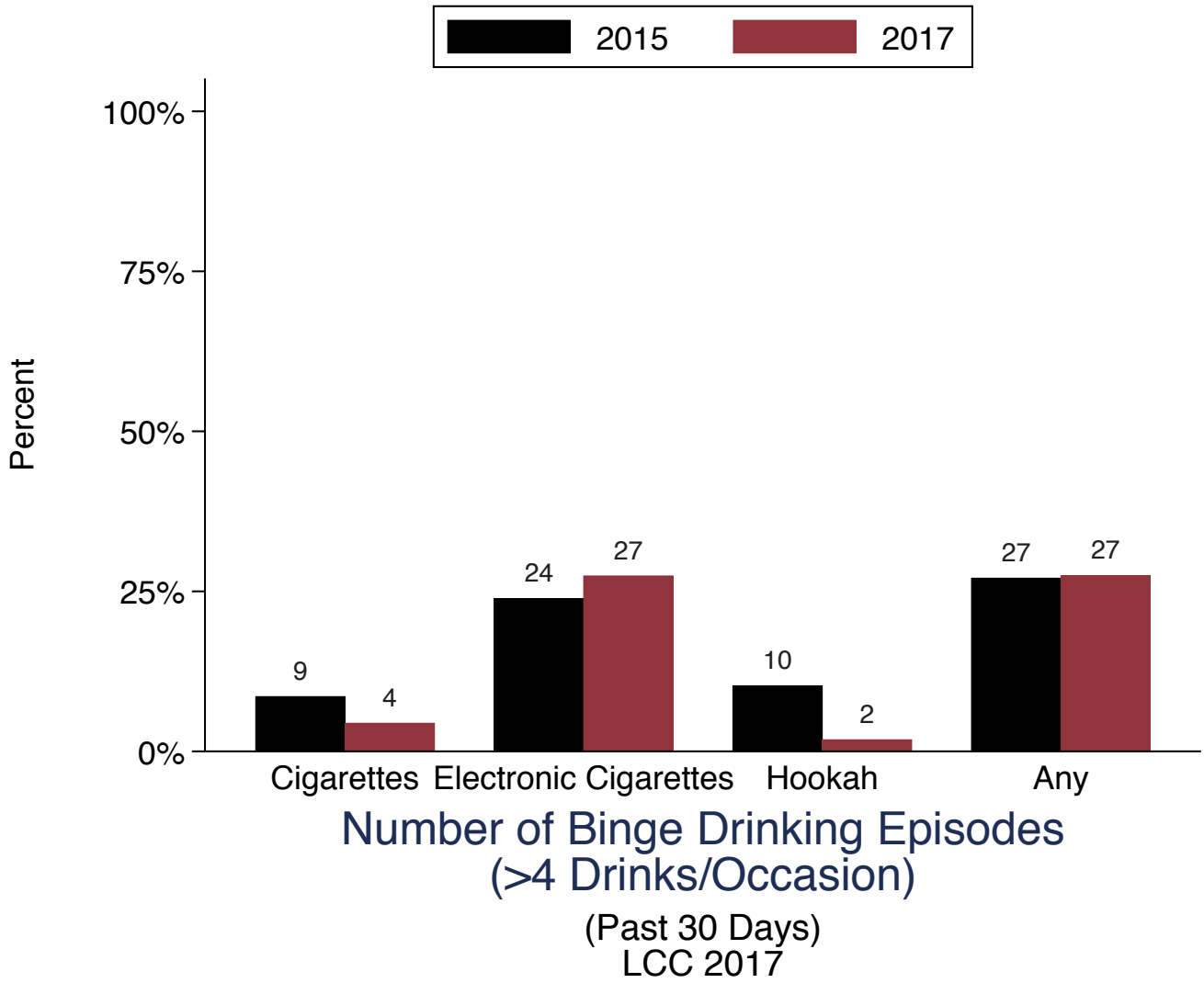
Past Month Substance Use

LCC 2017



Past Month Smoking

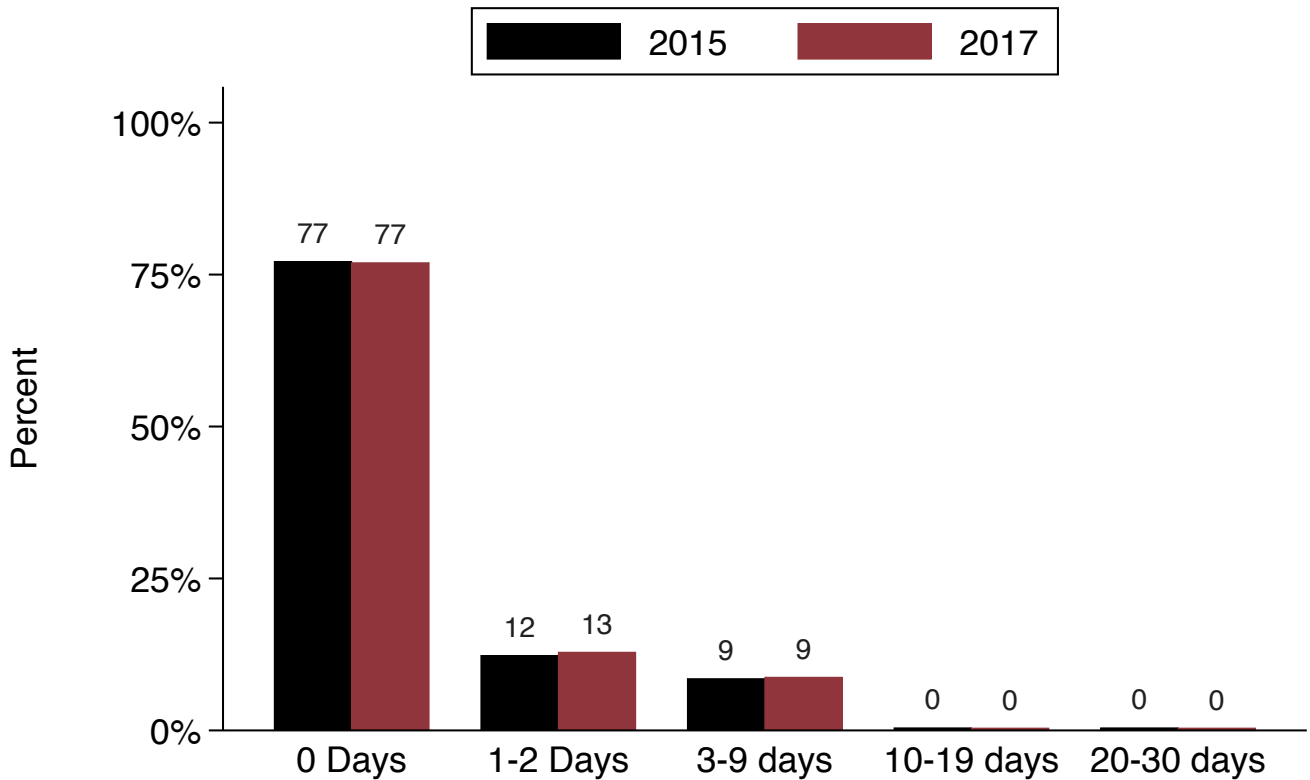
LCC 2017



Number of Binge Drinking Episodes (>4 Drinks/Occasion)

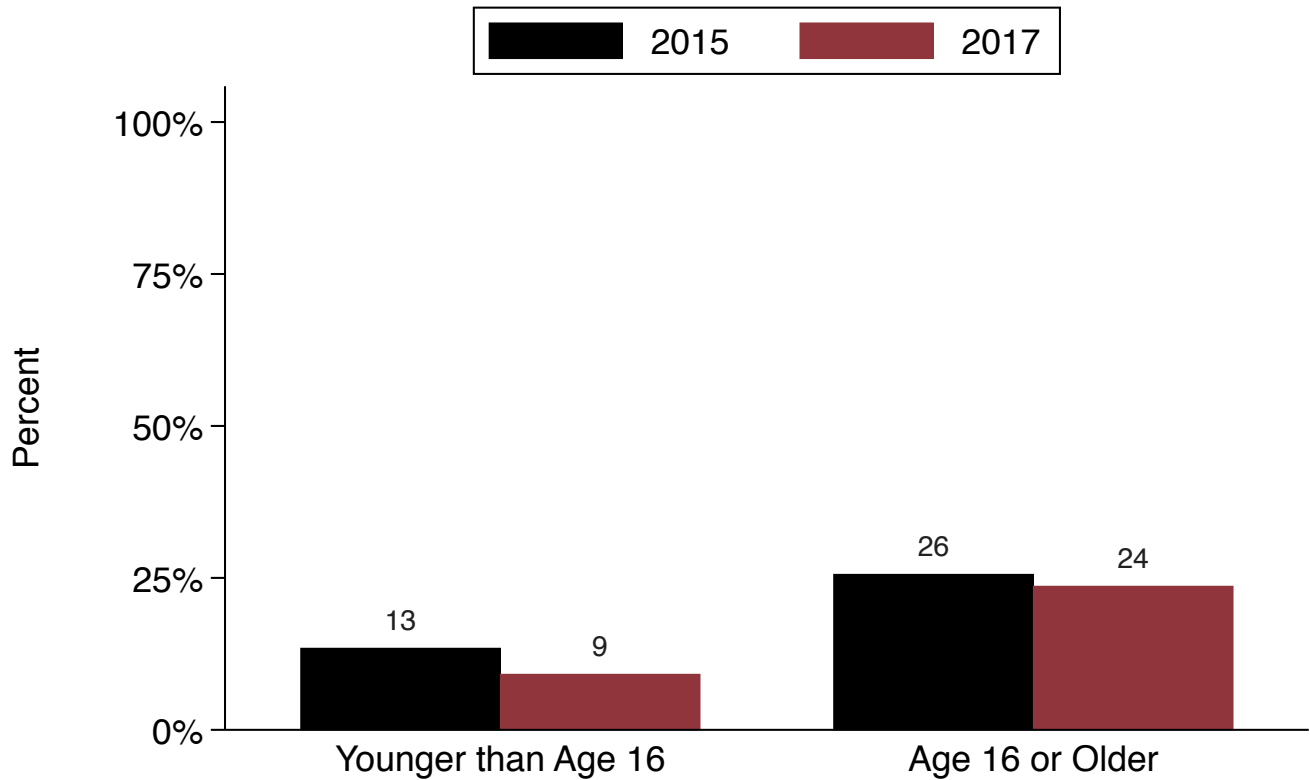
(Past 30 Days)

LCC 2017



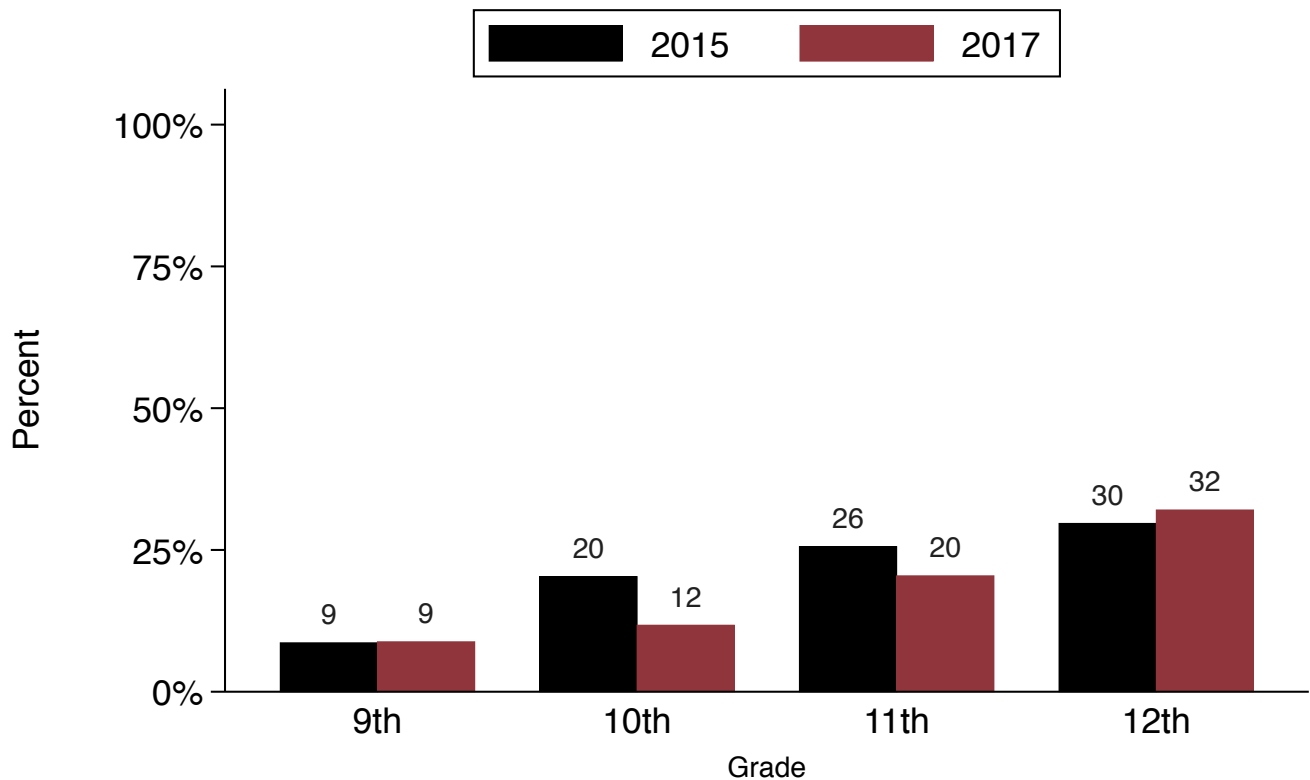
Lifetime Drunk Driving or Riding in a Car With a Friend Driving Drunk

(By Age)
LCC 2017



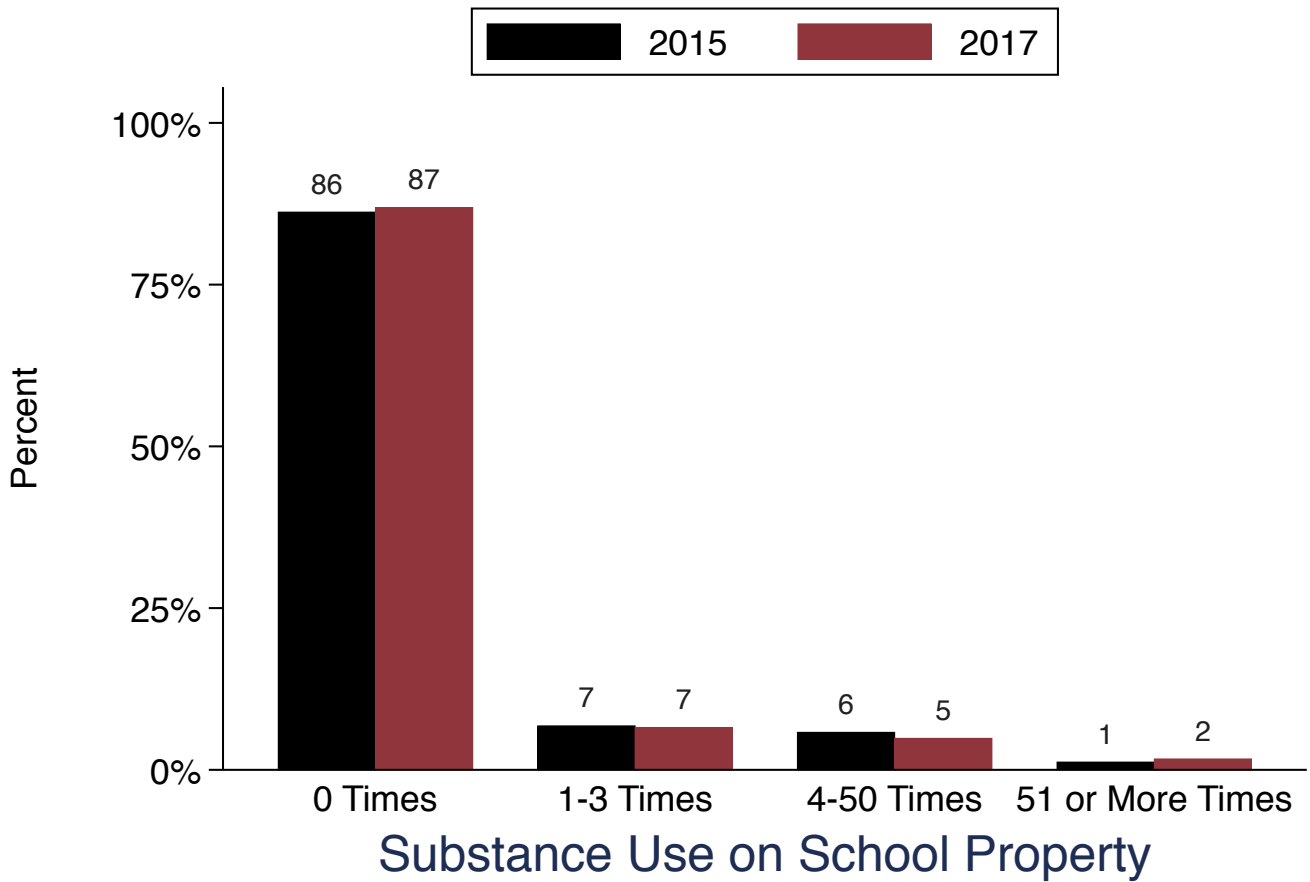
Lifetime Drunk Driving or Riding in a Car With a Friend Driving Drunk

(By Grade)
LCC 2017



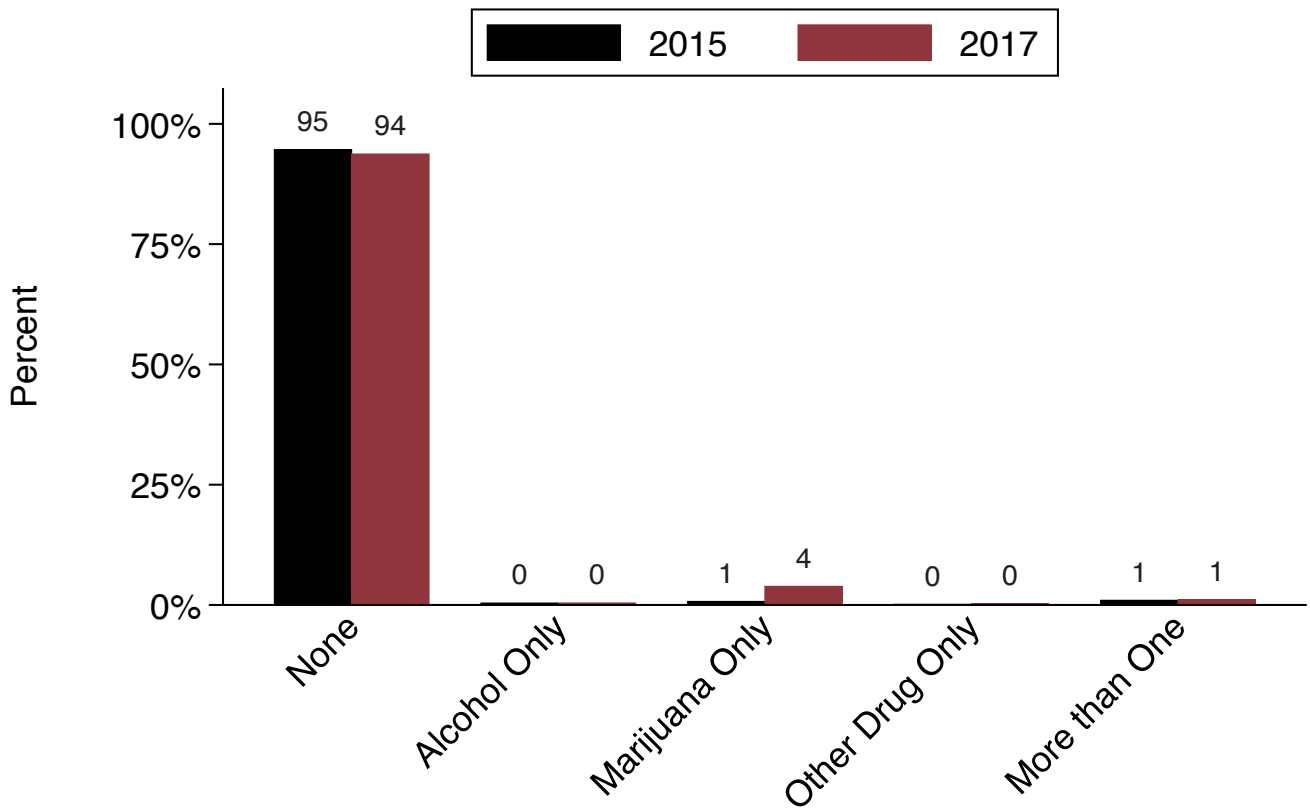
Ever Been Drunk or High on Drugs on School Property

LCC 2017



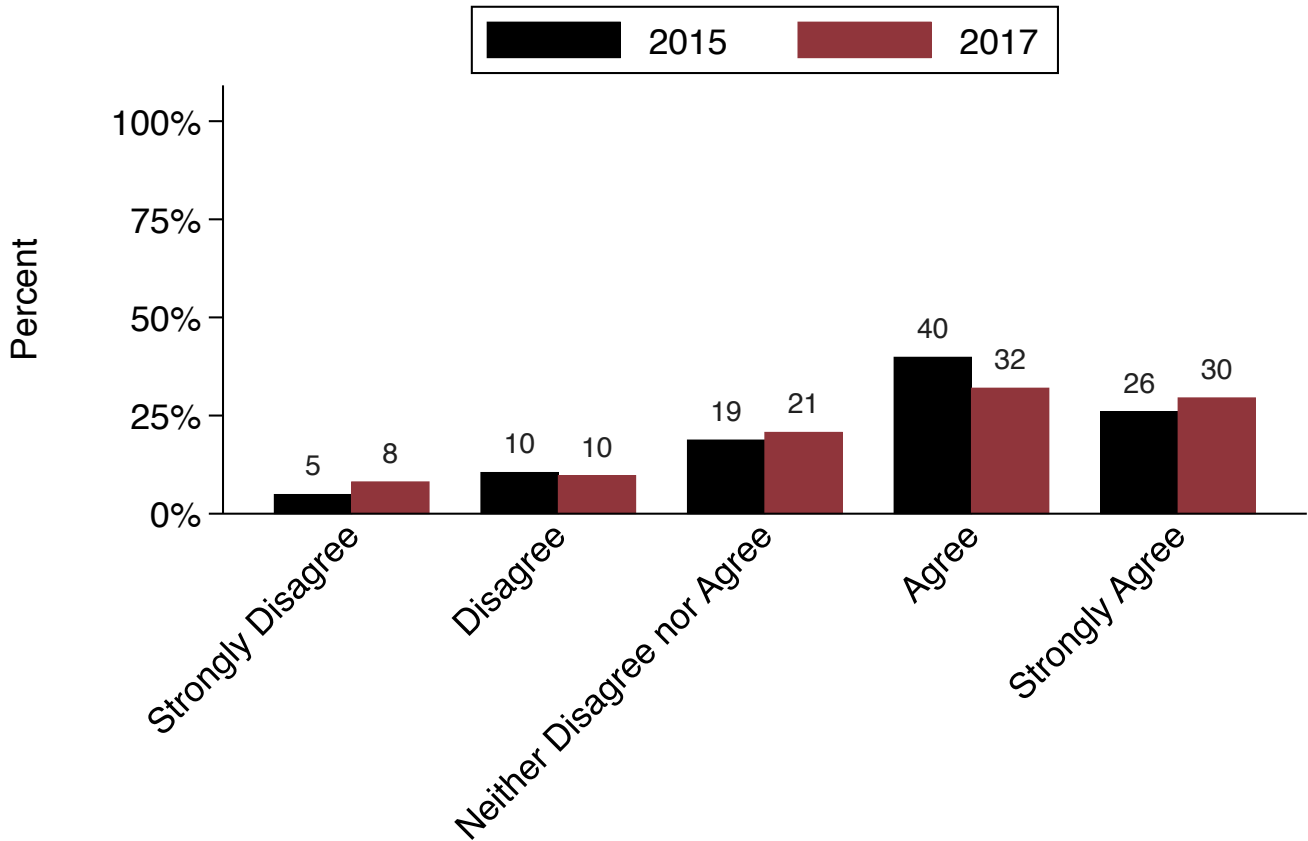
Substance Use on School Property (Past 30 Days)

LCC 2017



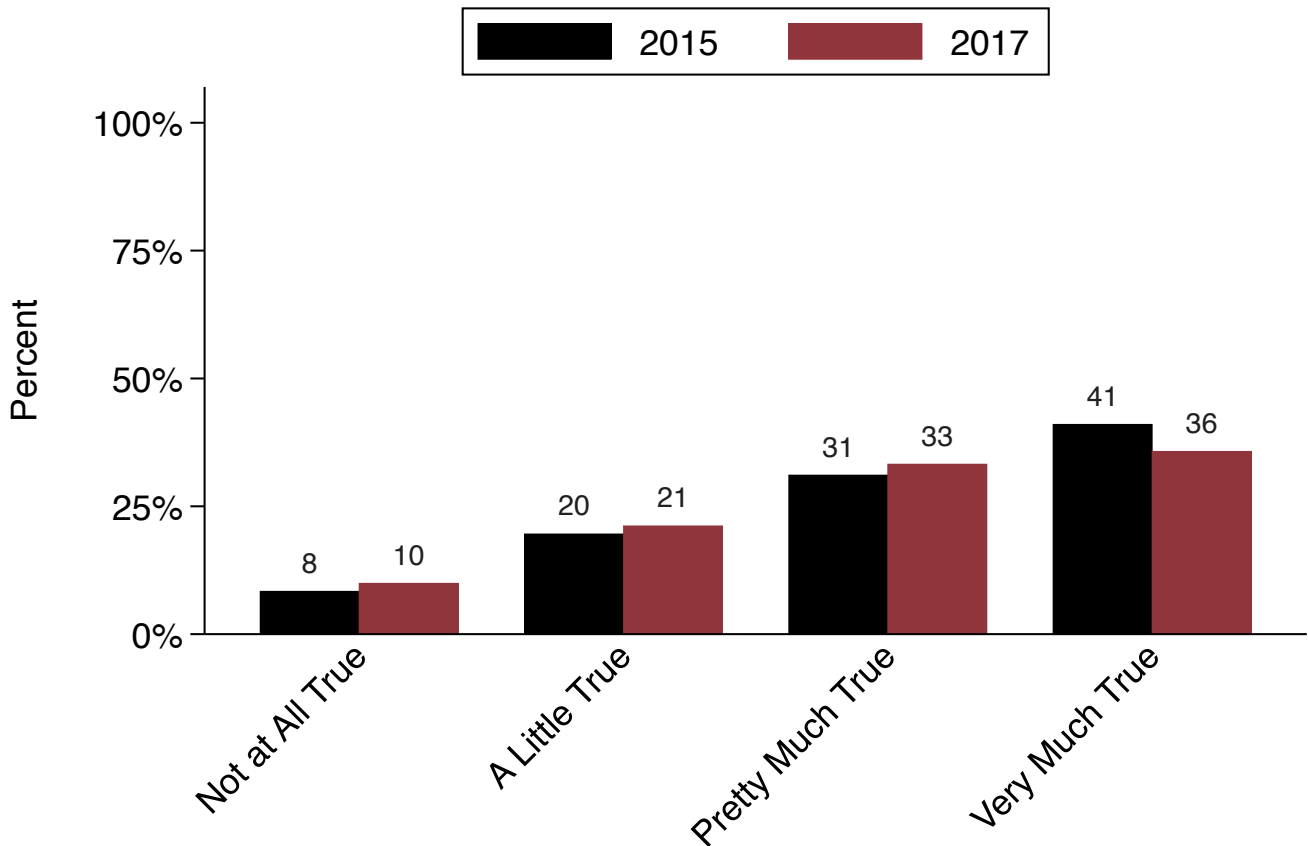
I Feel Like I Am a Part of This School

LCC 2017



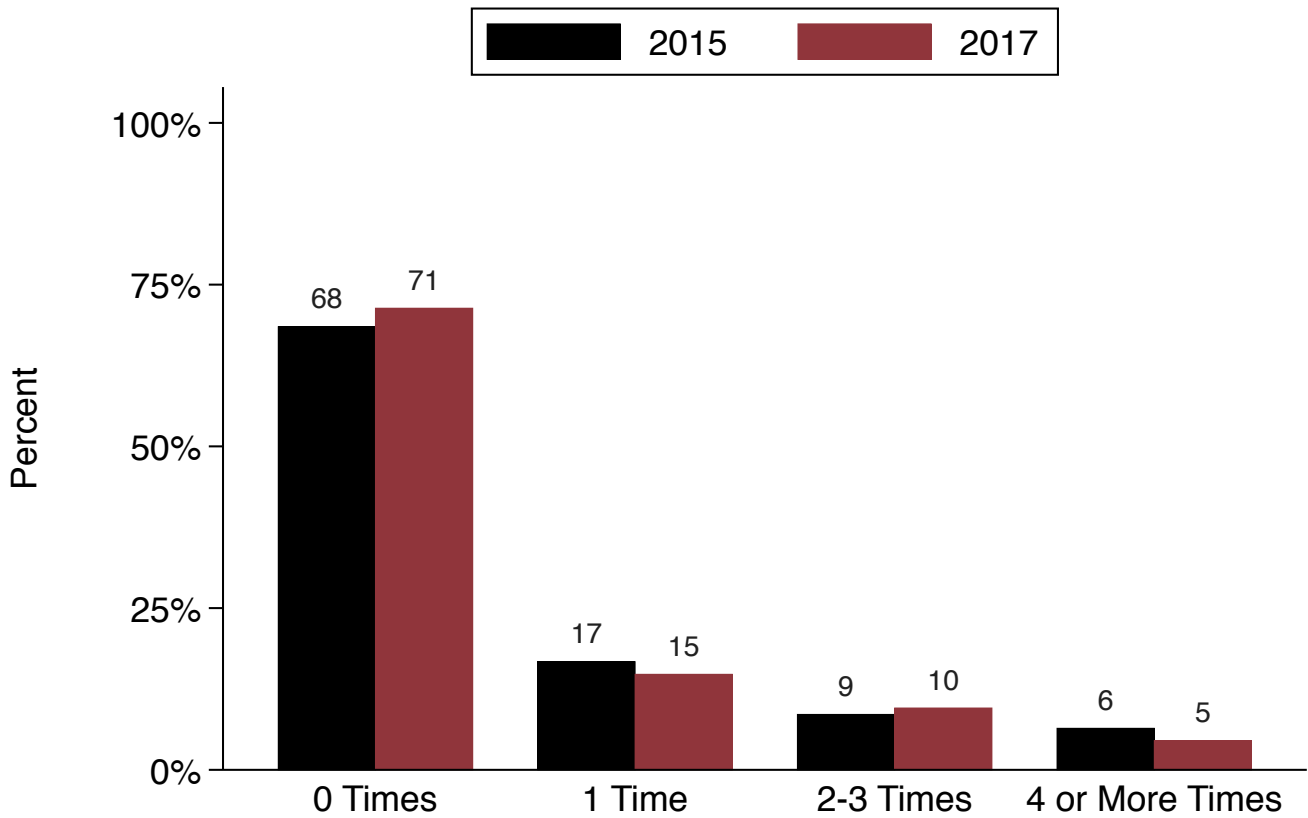
A Teacher or Other Adult at School Cares About Me

LCC 2017



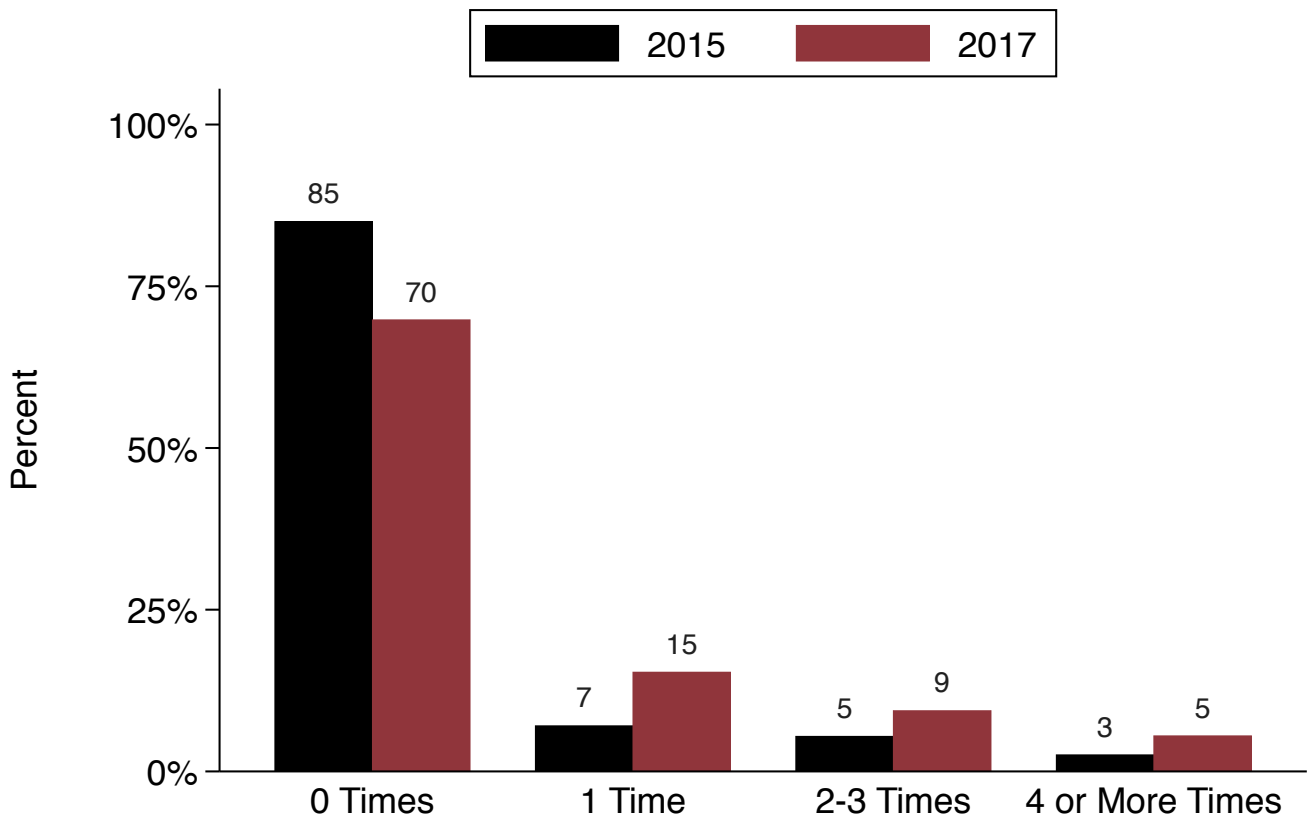
Number of Times You Have Had Mean Rumors Spread About You

LCC 2017



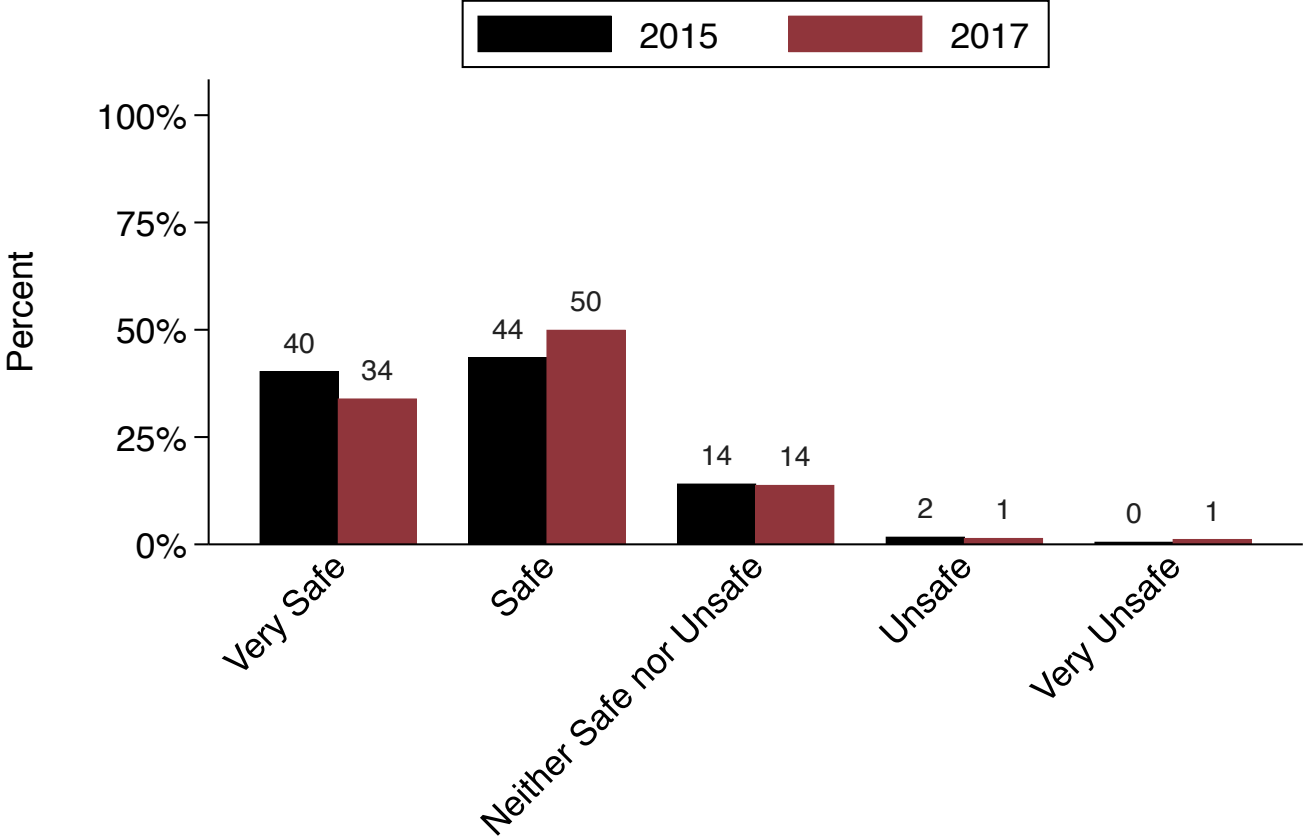
Number of Times Other Students Spread Mean Rumors About You on the Internet

LCC 2017



How Safe Do You Feel When You Are At School?

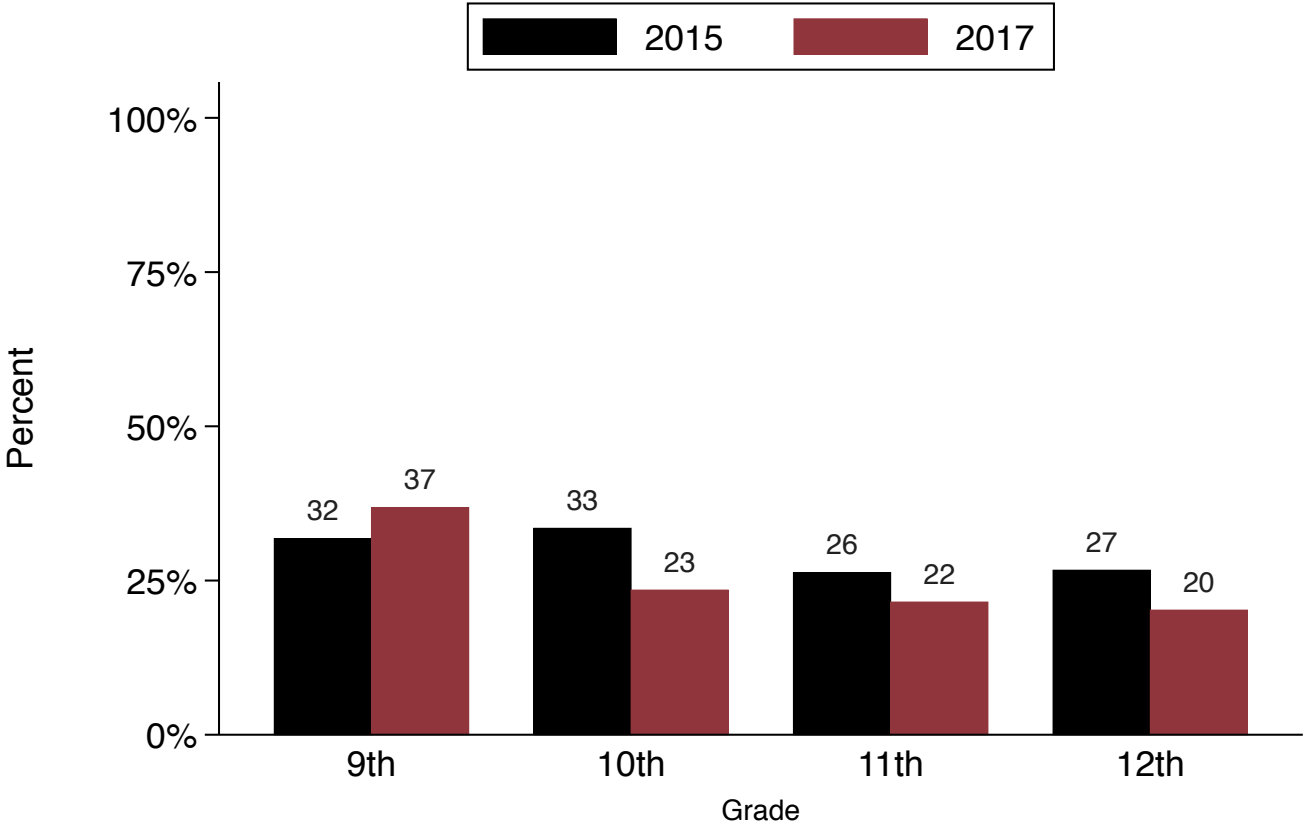
LCC 2017



Harassed or Bullied on School Property

(Past 12 Months)

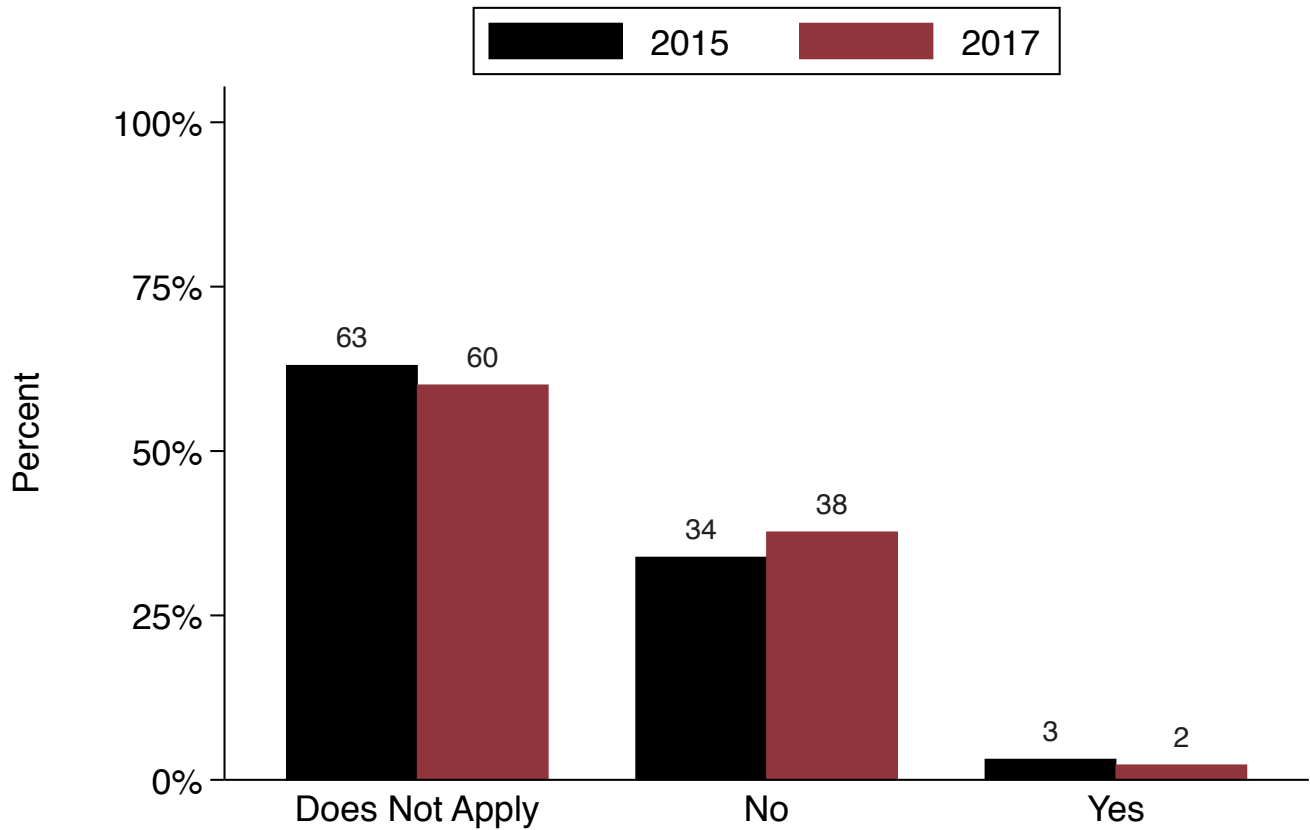
LCC 2017



Been Physically Hurt by Boyfriend or Girlfriend

(Past 12 Months)

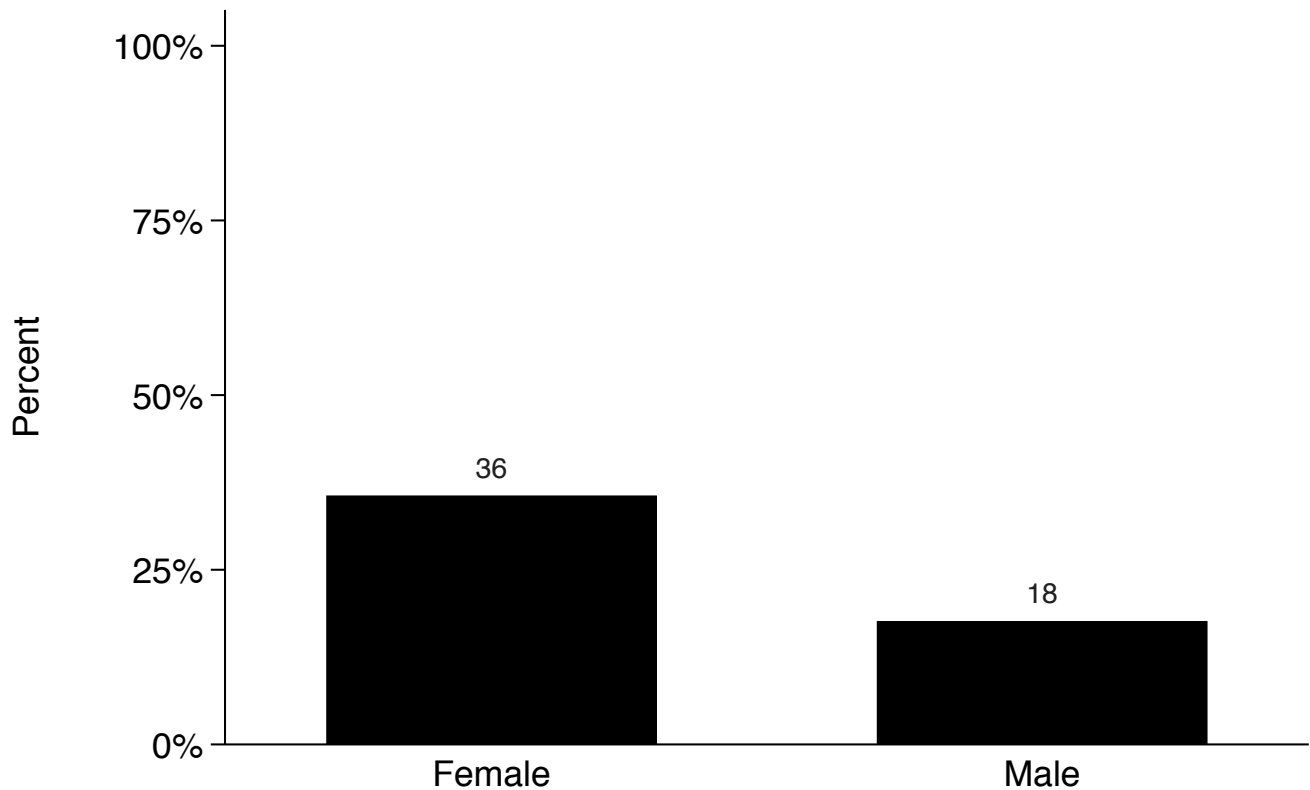
LCC 2017



Felt So Sad You Stopped Doing Some Usual Activities

(Past 12 Months)

LCC 2017



La Costa Canyon High School
Healthy Kids Survey
2017

Lifetime Substance Use

| | 9th | 10th | 11th | 12th | Overall |
|---------------------------|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| Alcohol | 30.9 | 49.4 | 59.3 | 74.7 | 53.3 |
| Marijuana | 18.3 | 33.6 | 47.4 | 59.8 | 39.5 |
| Cigarettes | 3.4 | 10.4 | 16.8 | 28.3 | 14.6 |
| Smokeless tobacco | 0.6 | 3.6 | 10.0 | 17.1 | 7.7 |
| Hookah | 4.6 | 12.4 | 19.5 | 30.8 | 16.7 |
| Vaping devices | 21.8 | 40.4 | 55.2 | 60.6 | 44.1 |
| Methamphetamine | 0.9 | 0.8 | 1.8 | 3.8 | 1.7 |
| Inhalants | 2.0 | 2.8 | 4.4 | 4.6 | 3.5 |
| LSD | 2.9 | 4.8 | 5.6 | 11.3 | 6.0 |
| Ecstasy | 1.7 | 3.3 | 3.8 | 7.0 | 3.9 |
| Heroin | 0.0 | 0.3 | 0.6 | 0.9 | 0.4 |
| Cocaine/crack | 0.3 | 1.3 | 2.9 | 7.5 | 3.0 |
| Prescription pain killers | 5.5 | 7.1 | 10.8 | 13.6 | 9.2 |
| Barbiturates | 0.3 | 0.3 | 0.0 | 0.0 | 0.2 |
| Tranquilizers | 2.9 | 7.1 | 6.7 | 8.4 | 6.4 |
| Cough medicines | 18.1 | 14.8 | 15.6 | 12.5 | 15.2 |
| Diet pills | 2.6 | 1.0 | 2.9 | 3.2 | 2.4 |
| Ritalin or adderall | 4.0 | 6.9 | 11.4 | 19.9 | 10.4 |
| Other drugs* | 25.4 | 29.6 | 34.9 | 41.3 | 32.7 |

Past 30 Days Substance Use

| | 9th | 10th | 11th | 12th | Overall |
|----------------------------|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| Alcohol | 16.9 | 28.5 | 37.5 | 54.2 | 33.9 |
| Marijuana | 9.8 | 23.5 | 31.5 | 35.8 | 25.1 |
| Cigarettes | 1.1 | 3.1 | 4.4 | 9.3 | 4.4 |
| Smokeless tobacco | 0.0 | 0.8 | 1.5 | 4.0 | 1.6 |
| Hookah | 0.9 | 1.3 | 2.3 | 2.9 | 1.8 |
| Vaping devices | 12.9 | 25.4 | 34.5 | 37.5 | 27.4 |
| Methamphetamine | 0.0 | 0.3 | 0.3 | 0.9 | 0.4 |
| Inhalants | 0.0 | 0.8 | 1.2 | 0.3 | 0.6 |
| LSD | 0.9 | 1.0 | 0.3 | 2.0 | 1.1 |
| Ecstasy | 0.0 | 0.3 | 0.3 | 0.3 | 0.3 |
| Cocaine | 0.0 | 0.0 | 0.3 | 1.7 | 0.6 |
| Prescription pain killers | 0.9 | 1.5 | 2.3 | 2.6 | 1.9 |
| Two or more drugs together | 4.6 | 11.5 | 12.9 | 19.0 | 11.9 |
| Other drugs* | 2.9 | 5.2 | 6.2 | 8.2 | 5.6 |

Recent Binge Drinking (Past 30 Days)

| | 9th | 10th | 11th | 12th | Overall |
|-----------------|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| All students | 9.7 | 16.8 | 25.0 | 43.6 | 23.4 |
| Recent drinkers | 49.2 | 58.0 | 66.1 | 79.0 | 67.1 |

Drinking and Driving

| | 9th | 10th | 11th | 12th | Overall |
|--|-----|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| During your life, have you ever driven a car when you had been drinking, or been in a car driven by a friend when he or she had been drinking? | 8.8 | 11.7 | 20.4 | 32.0 | 17.3 |

School Connectedness: Proportion of Concern

| | 9th | 10th | 11th | 12th | Overall |
|--|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| Happy to be at school | 8.1 | 12.9 | 14.3 | 11.8 | 11.5 |
| Feel like a part of school | 14.5 | 16.8 | 26.4 | 15.7 | 17.8 |
| An adult at school cares about me | 14.4 | 9.3 | 7.4 | 7.6 | 9.9 |
| Teachers at school treat me fairly | 22.6 | 21.8 | 18.9 | 16.7 | 20.1 |
| I feel close to people at school | 12.1 | 12.1 | 24.4 | 15.5 | 15.3 |
| Someone at school tells me when I do a good job | 9.7 | 5.3 | 4.3 | 6.2 | 6.6 |
| Someone at school listens when I have something to say | 10.6 | 7.3 | 5.5 | 9.5 | 8.4 |
| I do things that make a difference at school | 21.4 | 34.0 | 27.1 | 24.7 | 26.9 |
| I feel safe at school | 7.3 | 8.0 | 6.7 | 6.9 | 7.2 |
| Someone at school believes that I will be a success | 11.1 | 7.7 | 4.9 | 9.0 | 8.4 |
| Someone at school will notice when I'm not there | 16.7 | 11.0 | 9.8 | 11.8 | 12.6 |
| Someone at school always wants me to do my best | 10.6 | 5.3 | 5.5 | 7.6 | 7.3 |

Violence, Safety, and Harassment Percent Reporting

| | 9th | 10th | 11th | 12th | Overall Mean |
|------------|-----|------|------|------|-----------------|
| | (%) | (%) | (%) | (%) | (%) |
| Ethnicity | 7.3 | 7.9 | 9.8 | 12.6 | 9.2 |
| Religion | 8.9 | 5.6 | 9.8 | 4.9 | 7.2 |
| Gender | 8.1 | 3.2 | 7.6 | 4.9 | 5.8 |
| Disability | 0.8 | 1.6 | 1.1 | 1.9 | 1.3 |

Relational Aggression Percent Reporting

| | 9th | 10th | 11th | 12th | Overall Mean |
|--------------------------|------|------|------|------|-----------------|
| | (%) | (%) | (%) | (%) | (%) |
| Made fun of looks/speech | 29.9 | 27.9 | 26.8 | 25.3 | 27.9 |
| Sexual comments | 27.8 | 34.9 | 31.4 | 22.1 | 29.5 |
| Rumors spread | 24.0 | 34.1 | 30.6 | 23.2 | 28.6 |

Physical Aggression Percent Reporting

| | 9th | 10th | 11th | 12th | Overall Mean |
|------------------|------|------|------|------|-----------------|
| | (%) | (%) | (%) | (%) | (%) |
| Afraid of injury | 6.2 | 14.0 | 8.3 | 5.3 | 9.3 |
| Pushed/shoved | 11.3 | 14.0 | 15.3 | 12.6 | 13.3 |
| In a fight | 10.3 | 7.8 | 8.3 | 6.3 | 8.5 |

Depression Percent Reporting

| | 9th | 10th | 11th | 12th | Overall Mean |
|---|------|------|------|------|-----------------|
| | (%) | (%) | (%) | (%) | (%) |
| Felt so sad that stopped doing usual activities | 17.7 | 27.8 | 25.2 | 27.5 | 24.3 |

I Feel SAFE in My School

| | 9th | 10th | 11th | 12th | Overall |
|-------------------|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| Strongly disagree | 4.8 | 4.8 | 5.6 | 2.9 | 4.5 |
| Disagree | 2.4 | 3.2 | 1.1 | 3.9 | 2.7 |
| Neither disagree | 12.9 | 14.4 | 10.0 | 9.8 | 12.0 |
| Agree | 37.9 | 42.4 | 34.4 | 43.1 | 39.7 |
| Strongly agree | 41.9 | 35.2 | 48.9 | 40.2 | 41.1 |

I Feel Like I'm a PART of My School

| | 9th | 10th | 11th | 12th | Overall |
|-------------------|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| Strongly disagree | 2.4 | 9.6 | 12.1 | 9.8 | 8.1 |
| Disagree | 12.1 | 7.2 | 14.3 | 5.9 | 9.7 |
| Neither disagree | 16.9 | 30.4 | 16.5 | 17.6 | 20.7 |
| Agree | 33.9 | 32.0 | 26.4 | 33.3 | 32.0 |
| Strongly agree | 34.7 | 20.8 | 30.8 | 33.3 | 29.5 |

A Teacher/Adult at School CARES About Me

| | 9th | 10th | 11th | 12th | Overall |
|------------------|------|------|------|------|---------|
| | (%) | (%) | (%) | (%) | Mean |
| | (%) | (%) | (%) | (%) | (%) |
| Not at all true | 14.4 | 9.3 | 7.4 | 7.6 | 9.9 |
| A little true | 25.8 | 23.5 | 17.2 | 16.6 | 21.1 |
| Pretty much true | 33.0 | 33.2 | 36.2 | 32.2 | 33.2 |
| Very much true | 26.8 | 34.0 | 39.3 | 43.6 | 35.7 |

Notes

Students' responses were deemed unreliable if recent substance use history was inconsistent with their lifetime responses or they reported using a fake drug.

Ethnicity Distribution: other signifies mixed (two or more) races

Lifetime Substance Use: other drugs include methamphetamine or any amphetamine, inhalants, LSD or other psychedelics, ecstasy, heroin, cocaine, cough/cold medicines, Ritalin™, or Adderall™, barbiturates, tranquilizers or sedatives, and any other drug or pill to get "high"

Past Month Substance Use: other drugs includes methamphetamine or any amphetamine, inhalants, LSD or other psychedelics, ecstasy, cocaine, prescription pain medication to get "high" or for reasons other than prescribed (such as Vicodin™, OxyContin™, Percodan™, Ritalin™, Adderall™, Xanax™) and any other drug or pill to get "high".

When multiple drugs are tallied in computations, such as when other drugs are reported, the tables report data for the complete cases and the graphs provide reports for all cases. Complete cases are reports where an individual provided a valid response to all of the terms in a related set. Estimates were insensitive to this analytical decision, resulting in variance of 0.5 percentage points or less.