

Healthy Kids Survey
San Dieguito Union High School District
Middle School
Selected Findings 2017
N=3419^{*†‡}

Date of Survey: Spring 2017

Notes:

* X% of students in attendance on the survey date

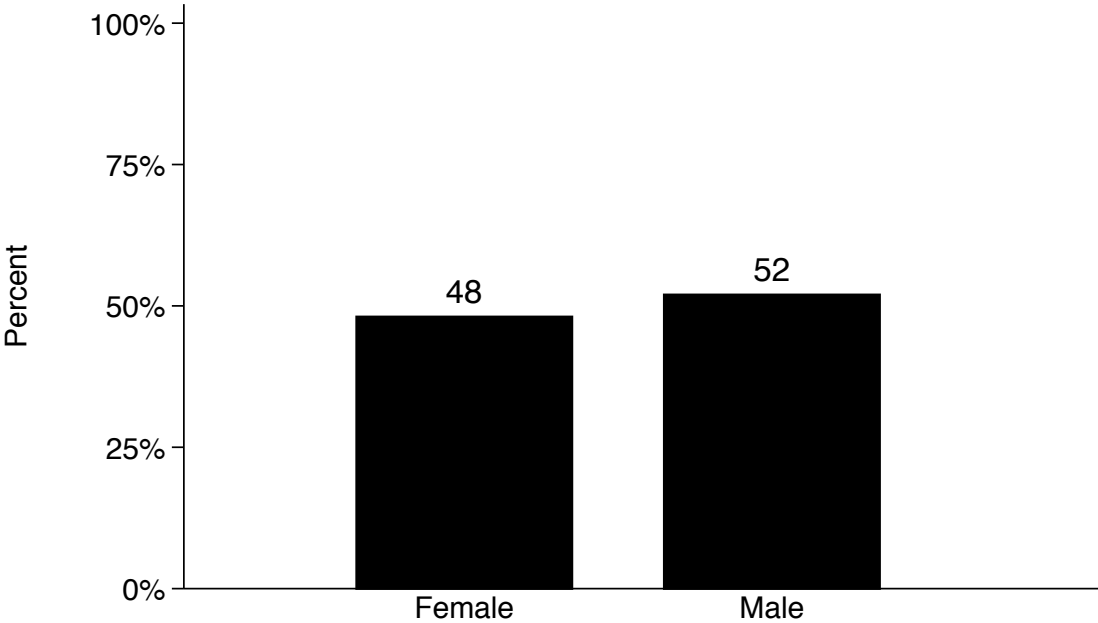
† X% of students enrolled

‡ 4% of collected surveys deemed unreliable



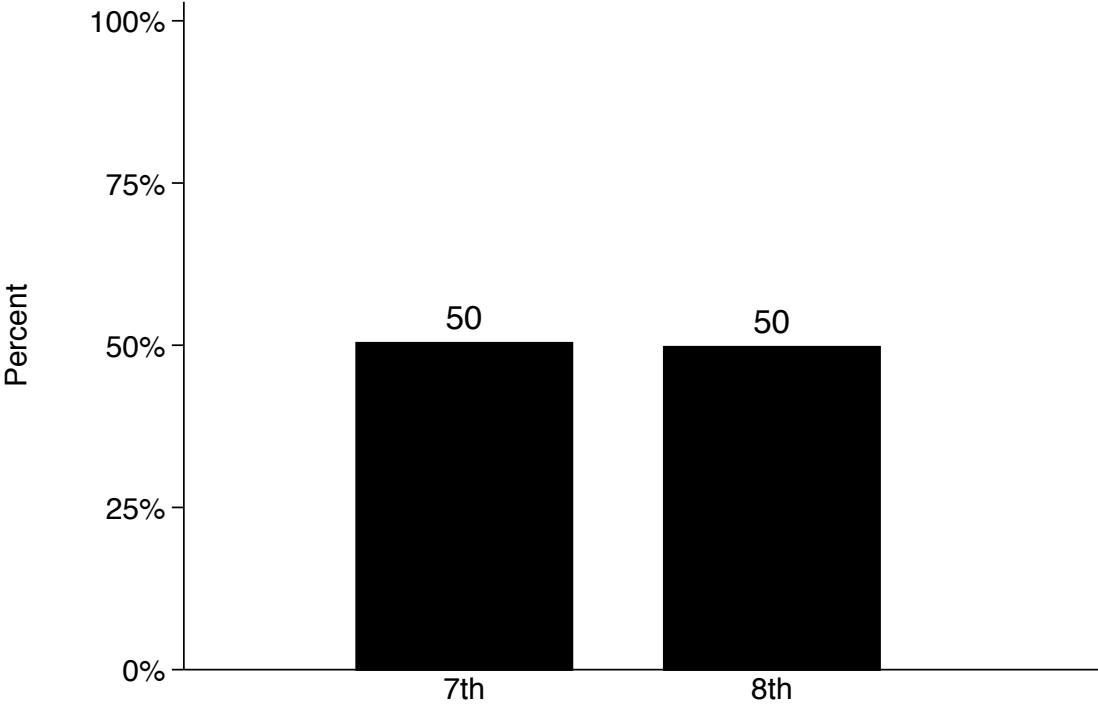
Gender Distribution

SDUHSD Middle Schools 2017



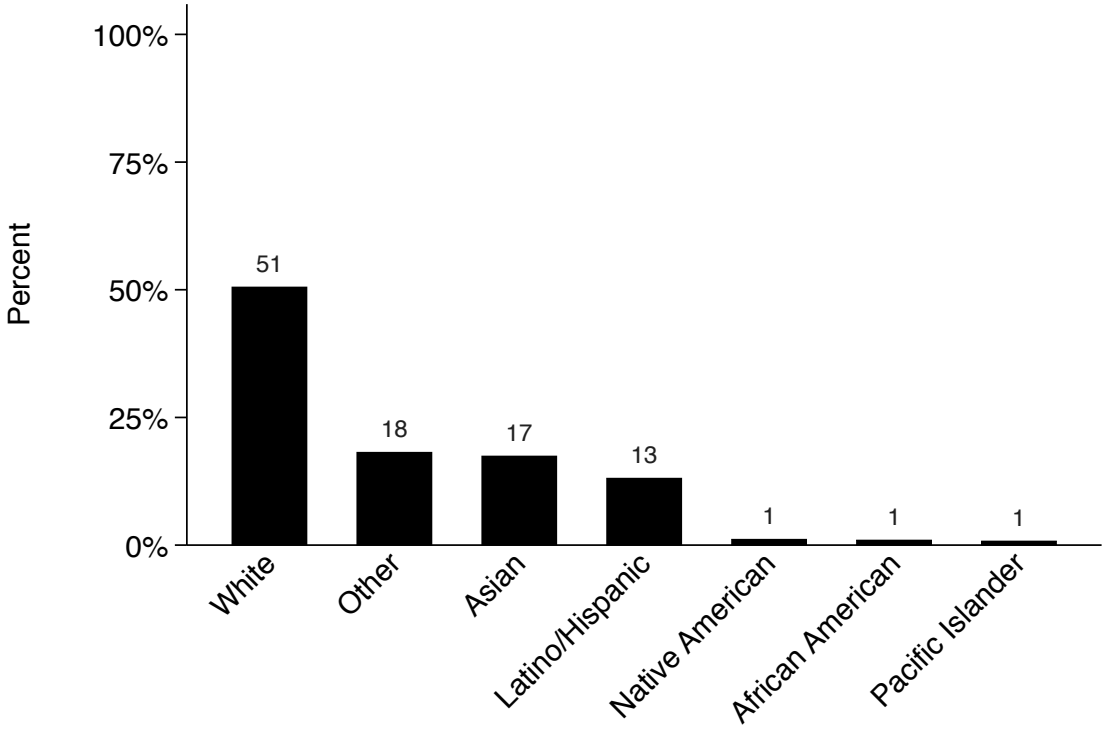
Grade Level Distribution

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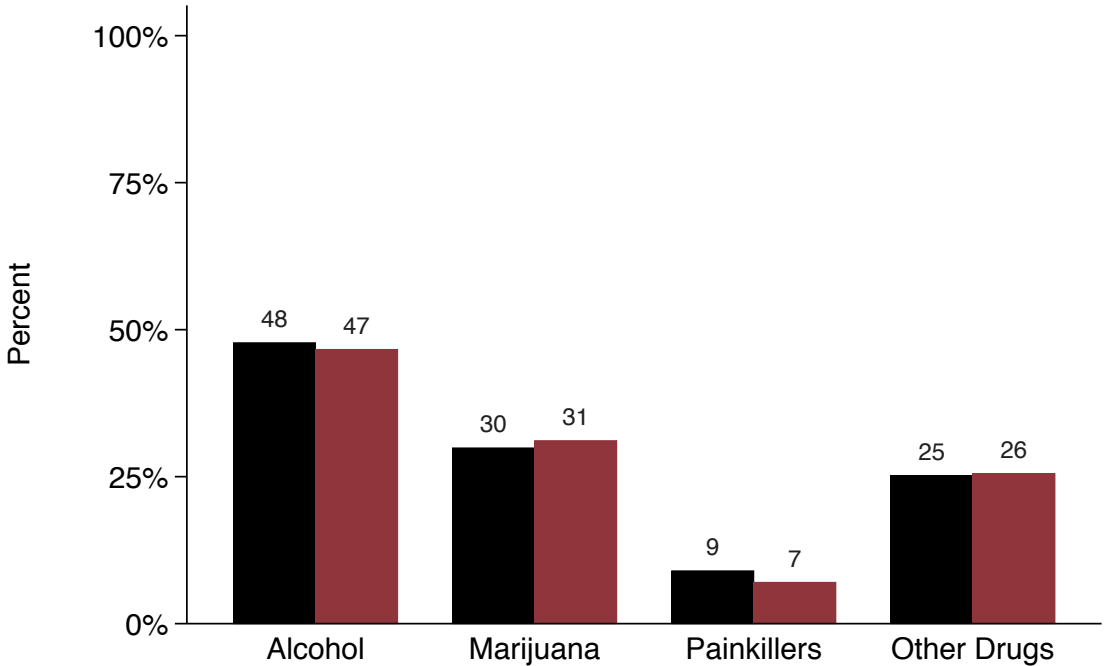
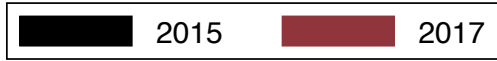
Ethnicity Distribution

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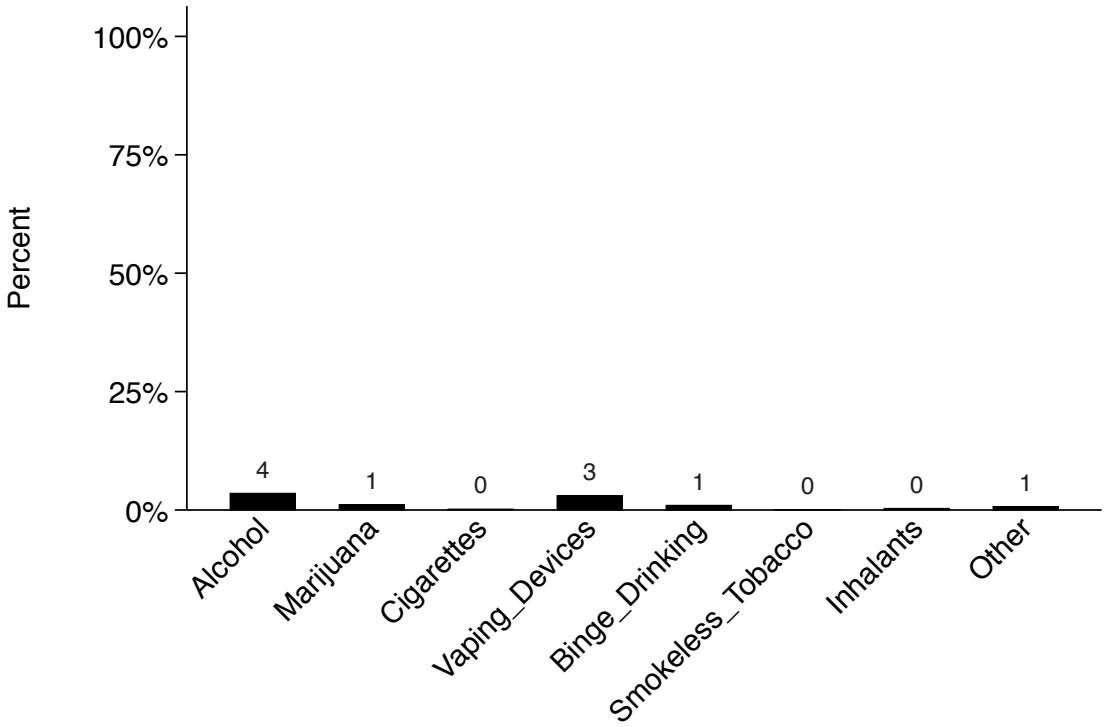
Lifetime Substance Use

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Past Month Substance Use

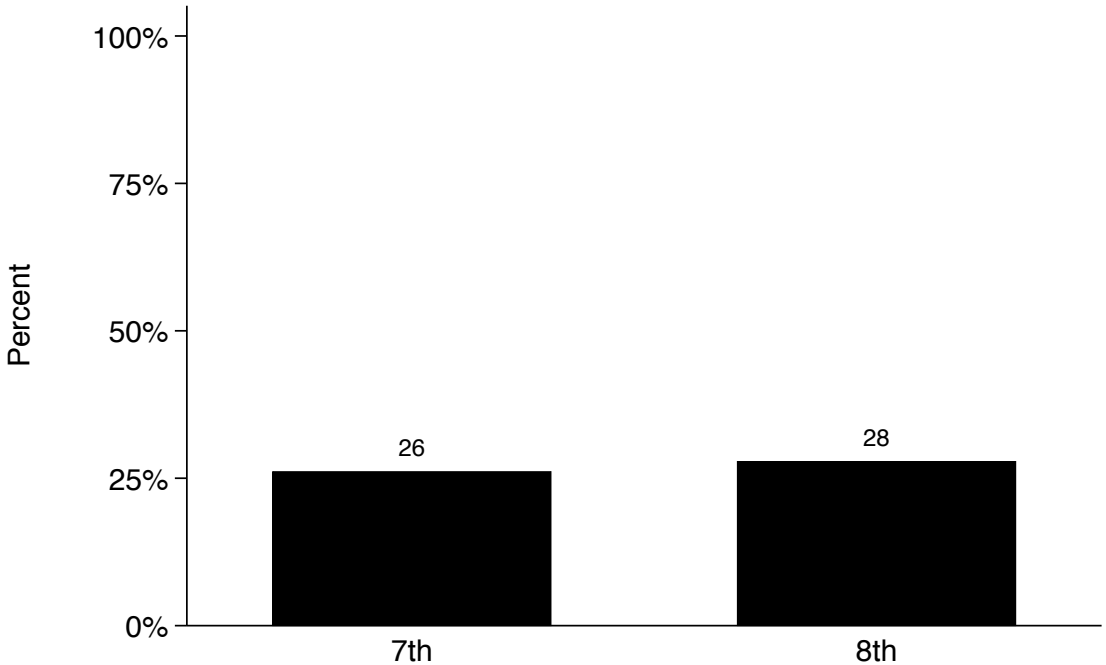
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Lifetime Riding in a Car With Someone Driving Drunk

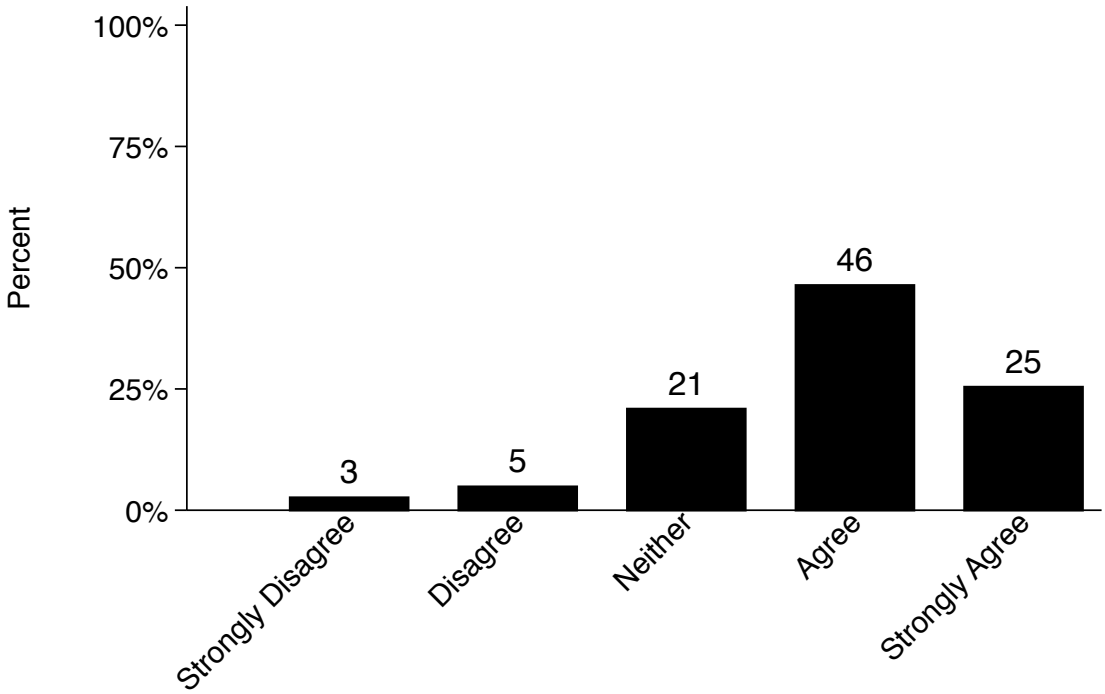
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(By Grade)



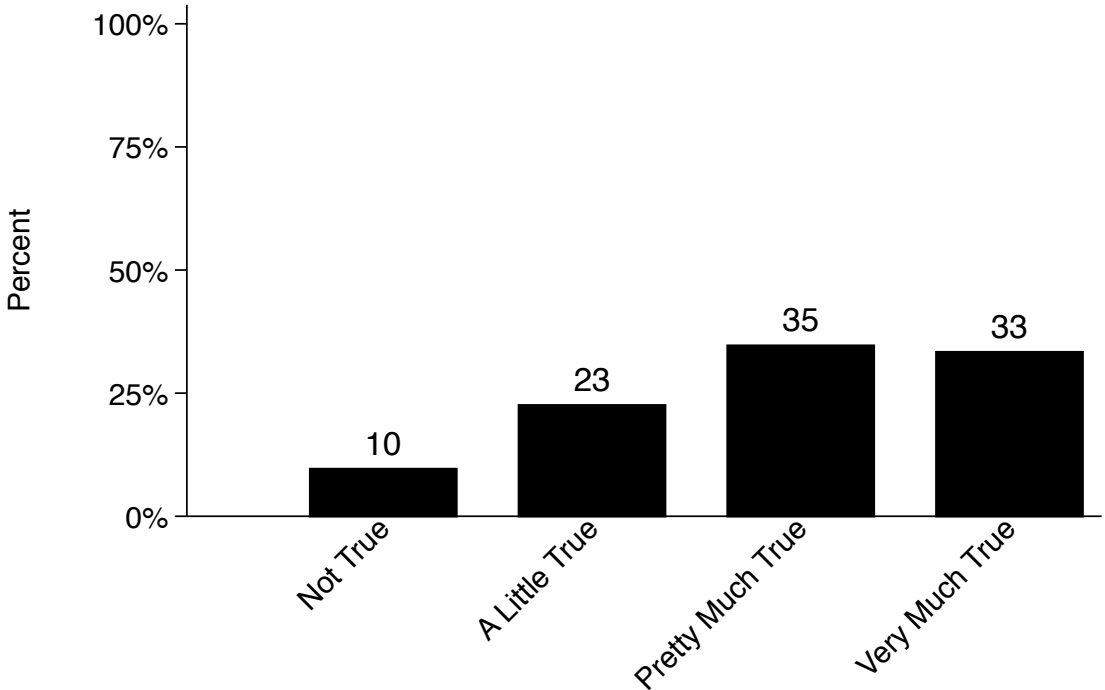
I Feel Like I Am a Part of My School

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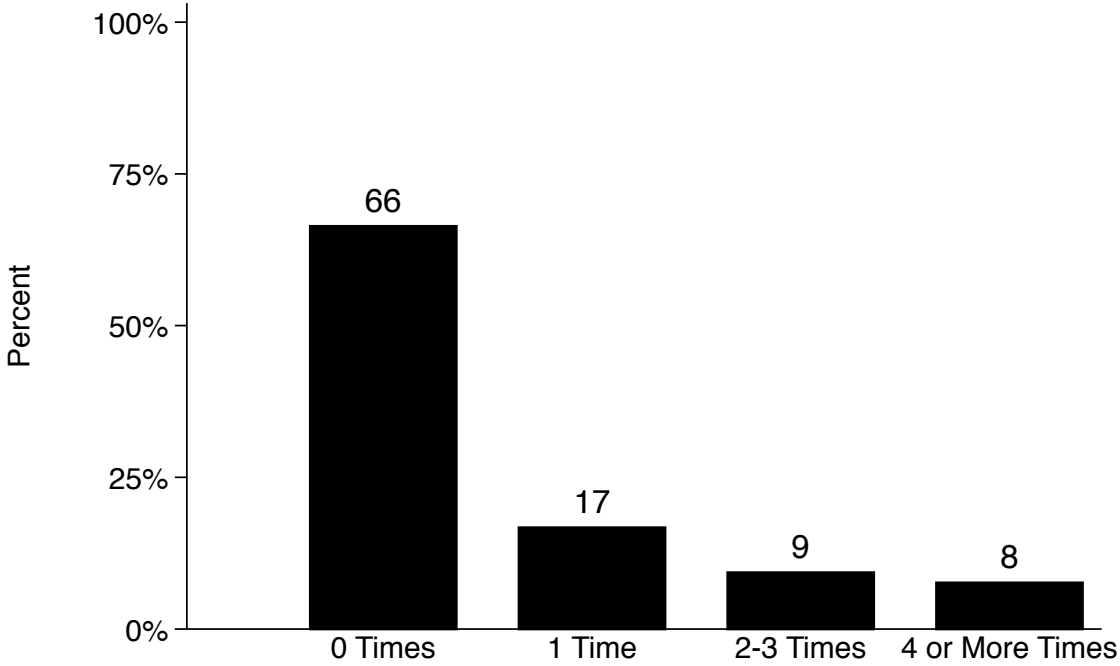
A Teacher or Other Adult Cares About Me

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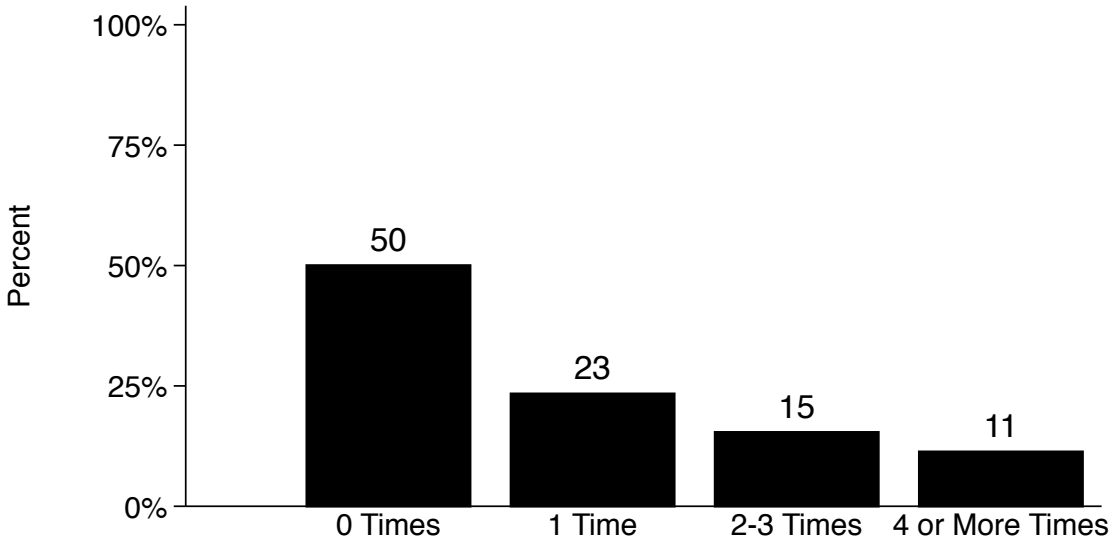
Number of Times You Have Had Mean Rumors Spread About You

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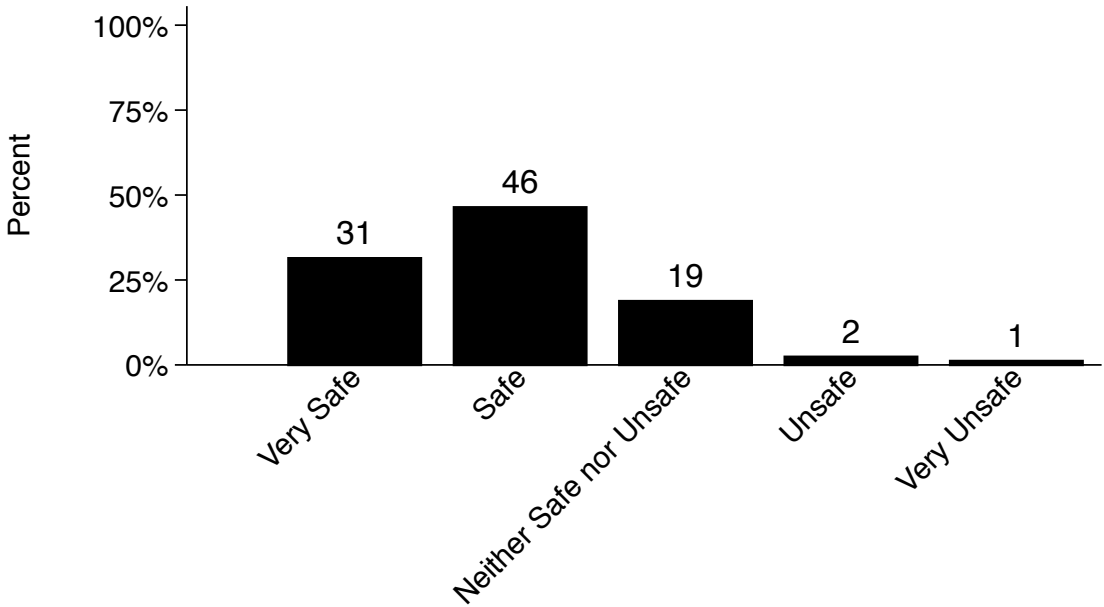
Number of Times Other Students Spread Mean Rumors About You on the Internet for Students Experiencing any Type of Rumors

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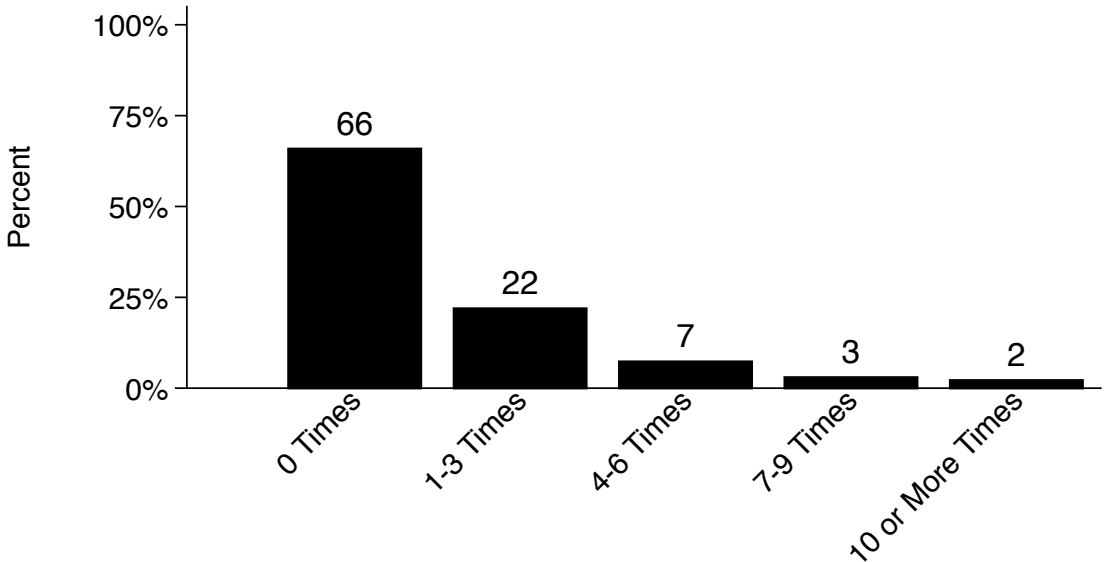
How Safe You Feel When You Are at School

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Number of Times You Have Been Bullied in the Last 12 Months

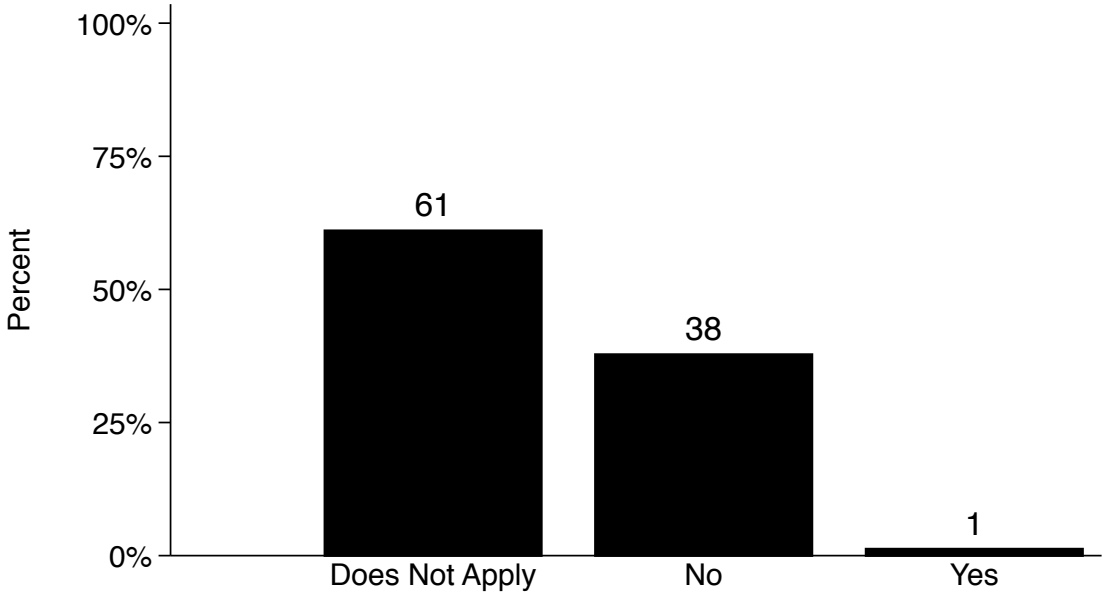
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Ever Been Physically Hurt by Boyfriend or Girlfriend

(Past 12 months)

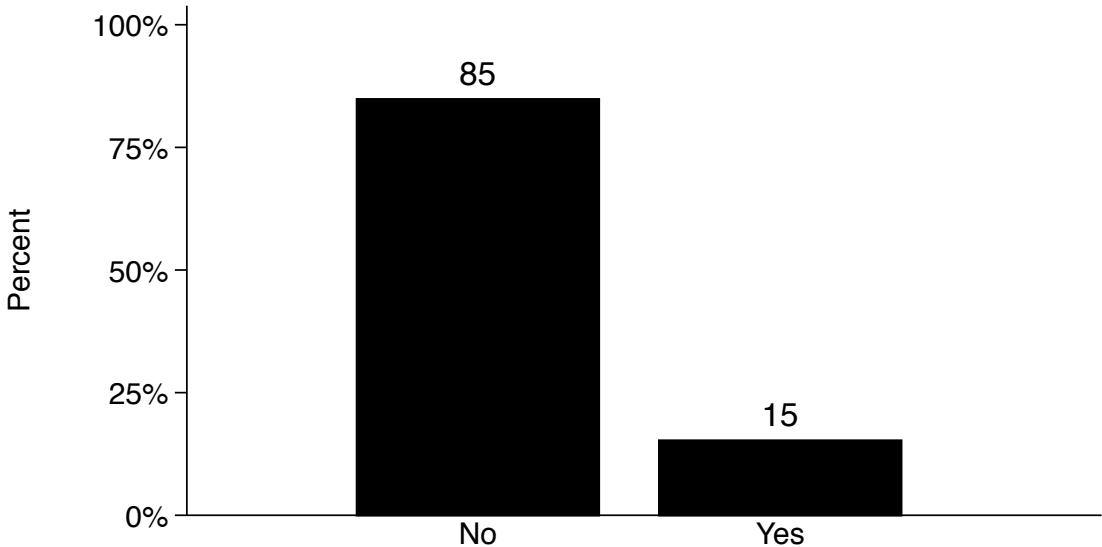
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Ever Felt So Sad You Stopped Doing Some Usual Activities

(Past 12 months)

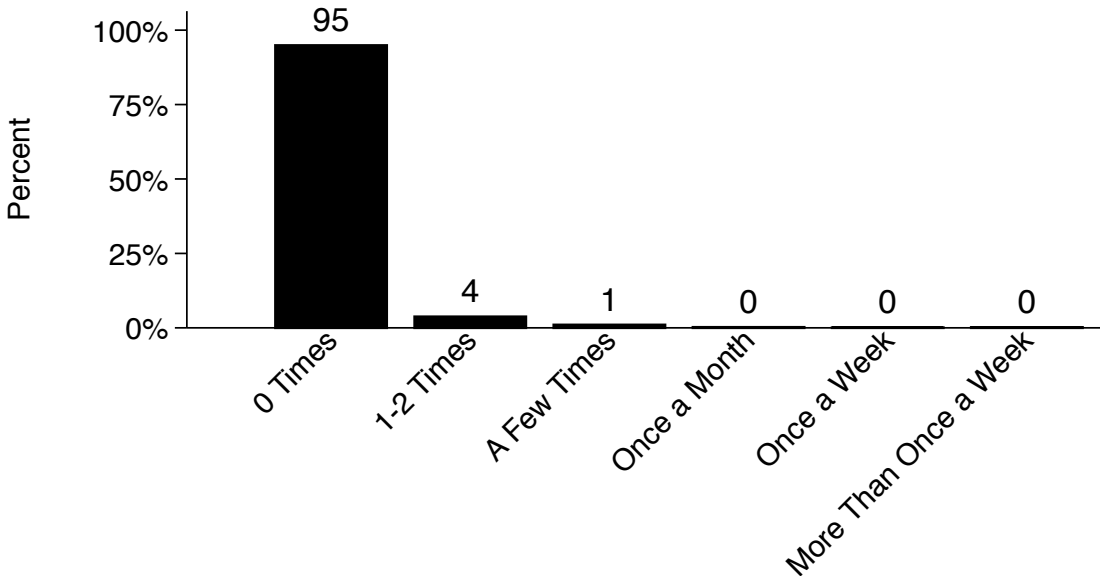
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Ever Skip School or Cut Class

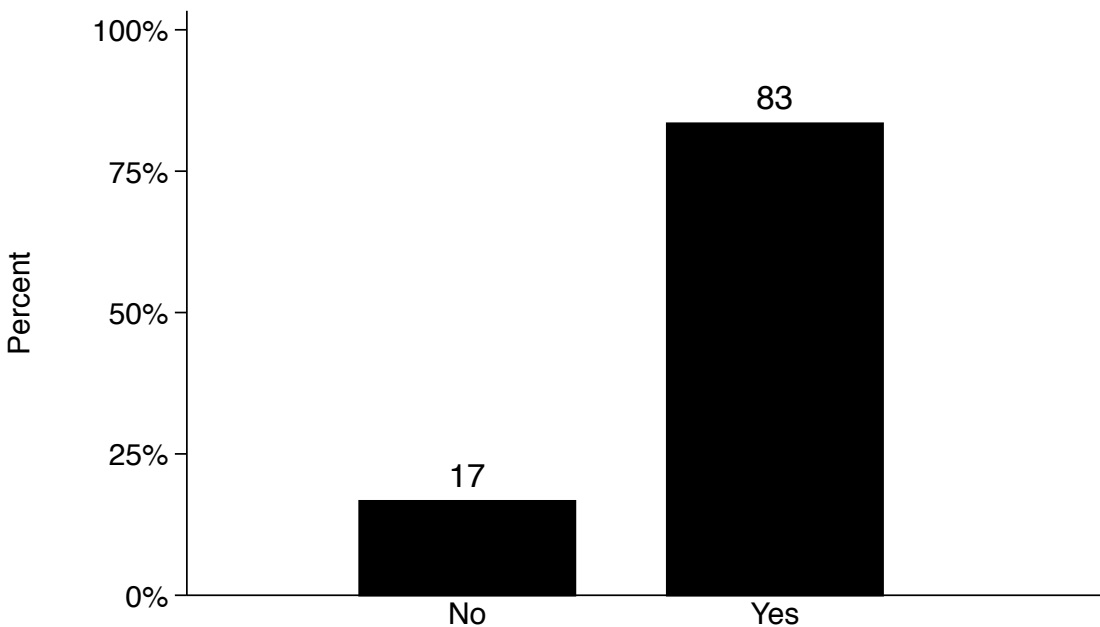
(Past 12 months)

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Ate Breakfast Today

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San Dieguito Union High School District
 Healthy Kids Survey
 Middle School
 2017

Lifetime Substance Use

	7th	8th	Overall
	(%)	(%)	Mean
	(%)	(%)	(%)
Alcohol	7.1	13.2	10.1
Marijuana	1.1	4.6	2.8
Cigarettes	0.3	1.1	0.7
Smokeless tobacco	0.2	0.8	0.5
Hookah	1.1	2.3	1.7
Vaping devices	2.5	9.1	5.7
Inhalants	2.1	2.0	2.1
Other drugs*	3.1	3.4	3.2

Past 30 Days Substance Use

	7th	8th	Overall
	(%)	(%)	Mean
	(%)	(%)	(%)
Alcohol	2.0	5.2	3.5
Binge	0.6	1.4	1.0
Marijuana	0.3	1.9	1.1
Cigarettes	0.2	0.1	0.2
Smokeless tobacco	0.0	0.1	0.1
Hookah	0.3	0.3	0.3
Vaping devices	0.8	5.2	3.0
Inhalants	0.4	0.3	0.3
Other drugs*	0.9	1.1	1.0

Recent Binge Drinking (past 30 days)

	7th	8th	Overall
	(%)	(%)	Mean (%)
All students	0.6	1.4	1.0
Recent drinkers	25.0	25.6	25.4

Violence, Safety, and Harassment Percent Reporting

	7th	8th	Overall
	(%)	(%)	Mean (%)
Ethnicity	9.6	12.2	10.9
Religion	5.5	7.3	6.4
Gender	4.8	5.6	5.2
Disability	2.7	3.5	3.1

Relational Aggression Percent Reporting

	7th	8th	Overall
	(%)	(%)	Mean (%)
Made fun of looks/speech	28.1	30.0	28.9
Sexual comments	25.7	29.7	27.7
Rumors spread	34.2	33.3	33.6

Physical Aggression Percent Reporting

	7th	8th	Overall
	(%)	(%)	Mean (%)
Afraid of injury	9.7	7.1	8.4
Pushed/shoved	21.3	17.6	19.5

I Feel SAFE In My School

	7th	8th	Overall
	(%)	(%)	Mean (%)
Strongly disagree	1.3	2.3	1.9
Disagree	2.9	2.3	2.7
Neither disagree	12.7	12.7	12.7
Agree	45.7	46.6	46.1
Strongly agree	37.5	36.1	36.6

I Feel Like I'm a PART of My School

	7th	8th	Overall
	(%)	(%)	Mean (%)
Strongly disagree	1.7	3.3	2.6
Disagree	4.0	5.7	4.8
Neither disagree	19.4	22.2	20.9
Agree	48.1	44.8	46.3
Strongly agree	26.8	24.1	25.4

A Teacher/Adult at School CARES About Me

	7th	8th	Overall
	(%)	(%)	Mean (%)
Not at all true	8.2	10.6	9.6
A little true	21.4	23.7	22.5
Pretty much true	36.1	33.3	34.6
Very much true	34.3	32.4	33.3

This report was generated on June 7, 2017

Notes

Students' responses were deemed unreliable if recent substance use history was inconsistent with their lifetime responses or they reported using a fake drug.

Ethnicity Distribution: other signifies mixed (two or more) races

Lifetime Substance Use: other drugs include methamphetamine or any amphetamine, inhalants, LSD or other psychedelics, ecstasy, heroin, cocaine, cough/cold medicines, Ritalin™, or Adderall™, barbiturates, tranquilizers or sedatives, and any other drug or pill to get "high"

Past Month Substance Use: other drugs includes methamphetamine or any amphetamine, inhalants, LSD or other psychedelics, ecstasy, cocaine, prescription pain medication to get "high" or for reasons other than prescribed (such as Vicodin™, OxyContin™, Percodan™, Ritalin™, Adderall™, Xanax™) and any other drug or pill to get "high".