

Healthy Kids Survey
San Dieguito Union High School District
High School
Selected Findings 2017
N=7725^{*†‡}

Date of Survey: Spring 2017

Notes:

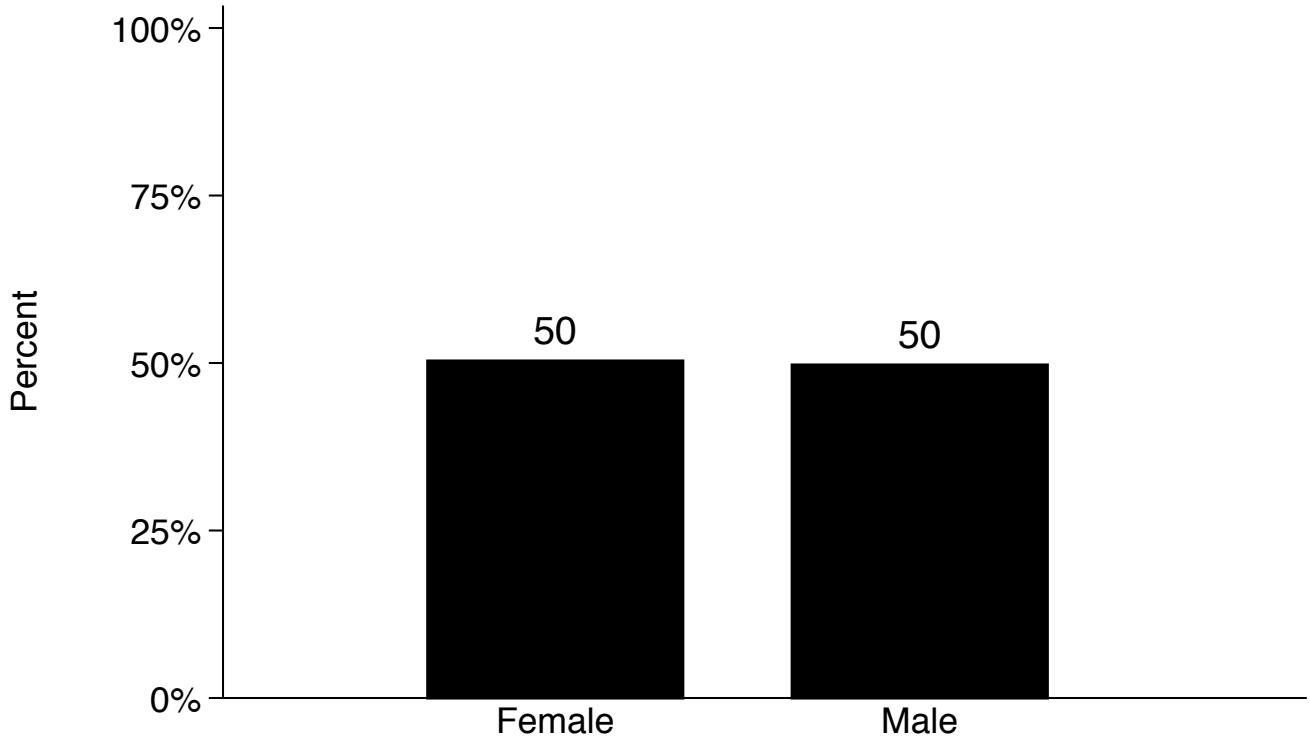
* X% of students in attendance on the survey date

† X% of students enrolled

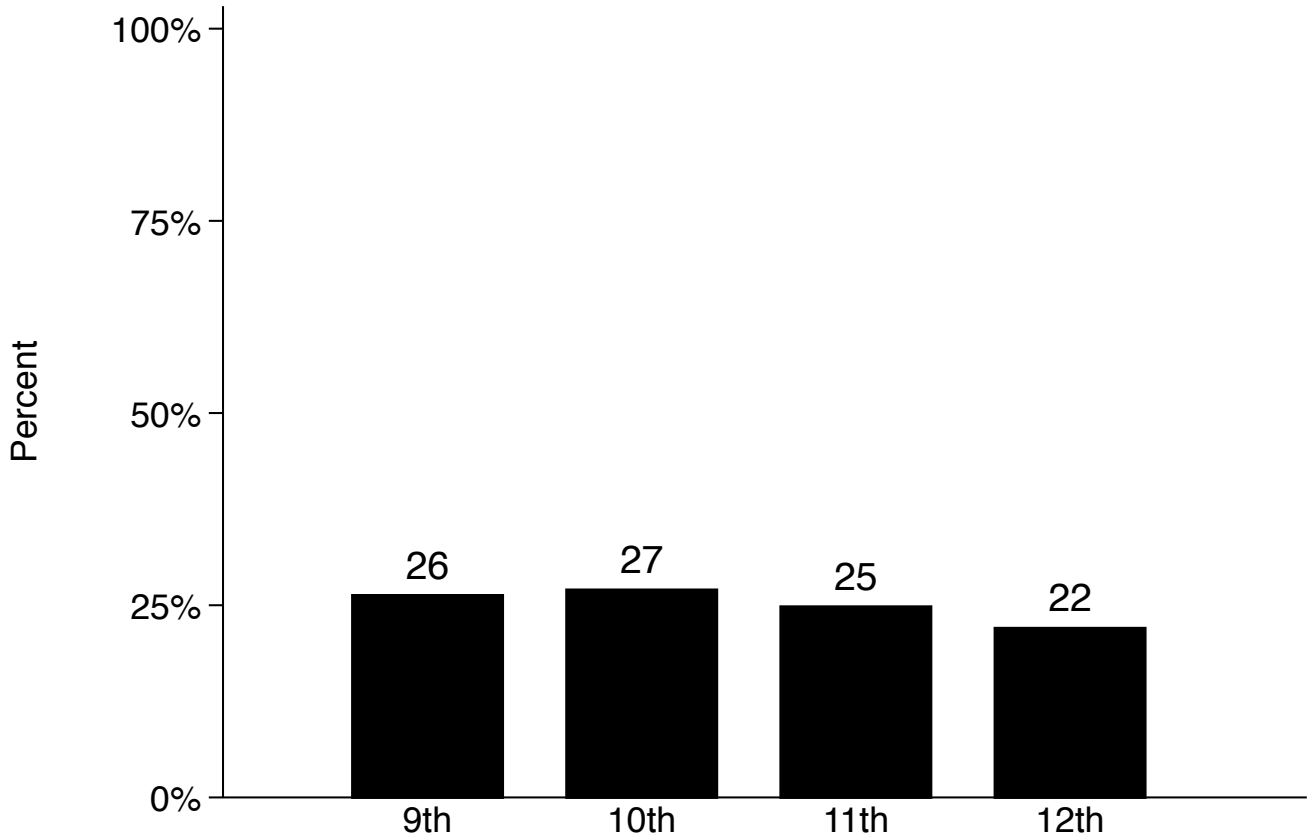
‡ 8% of collected surveys deemed unreliable



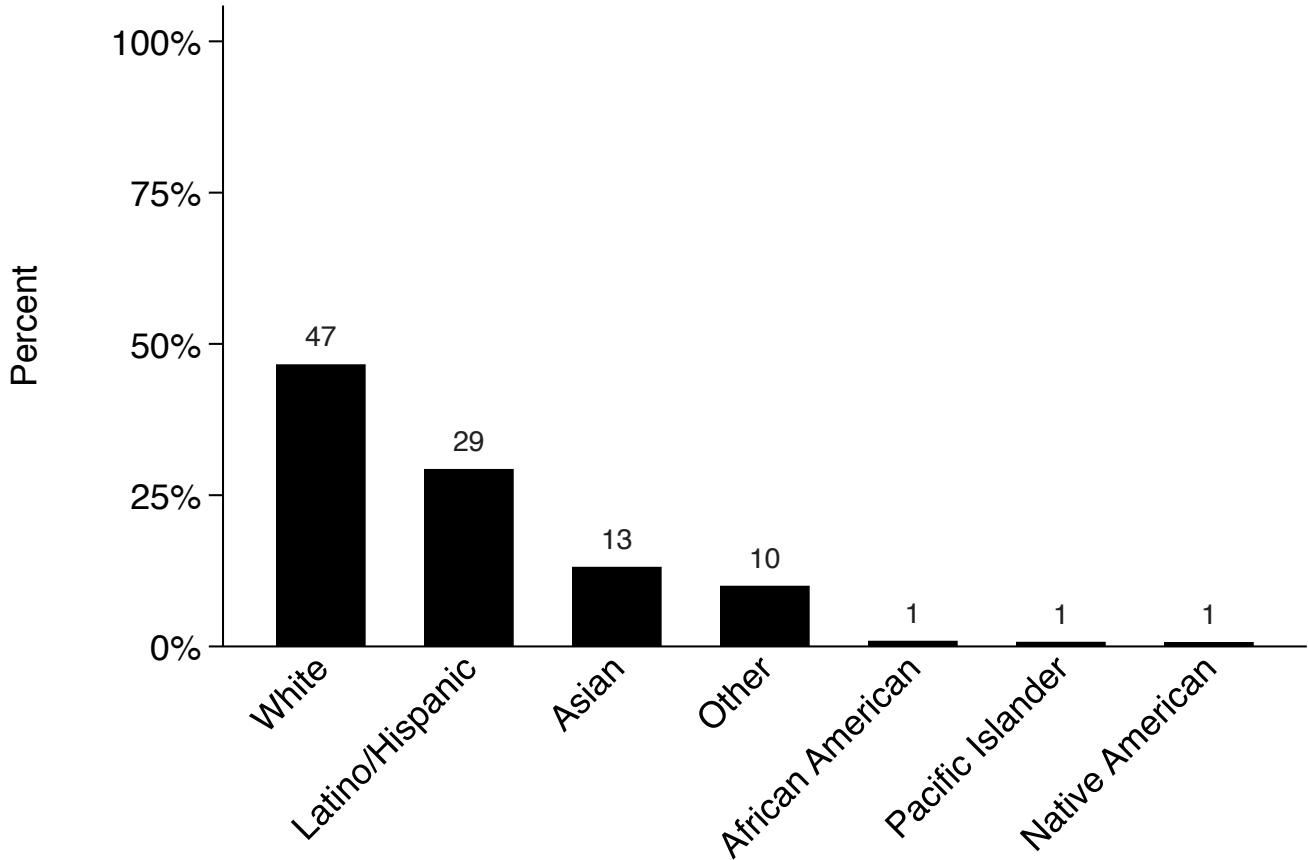
Gender Distribution SDUHS High Schools 2017



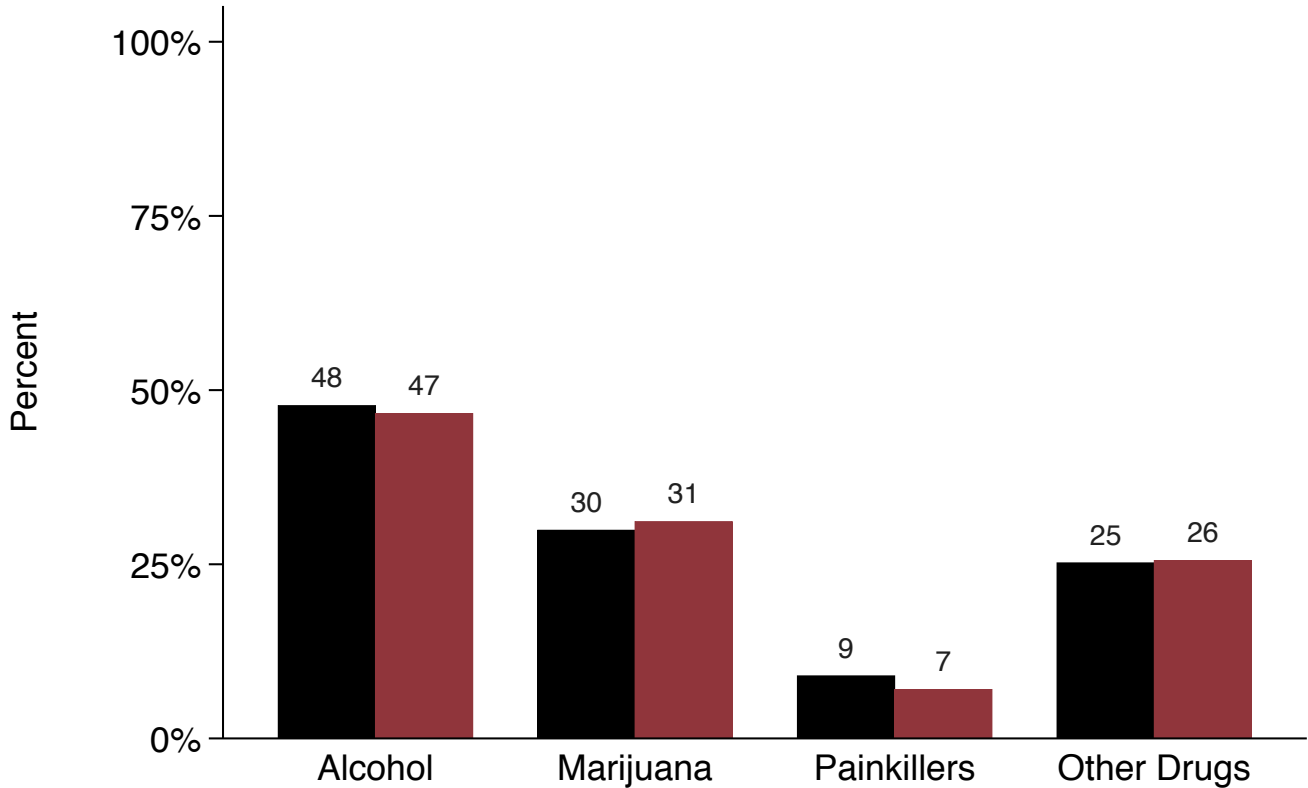
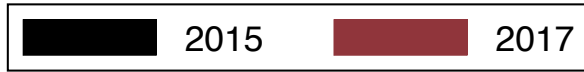
Grade Level Distribution SDUHS High Schools 2017



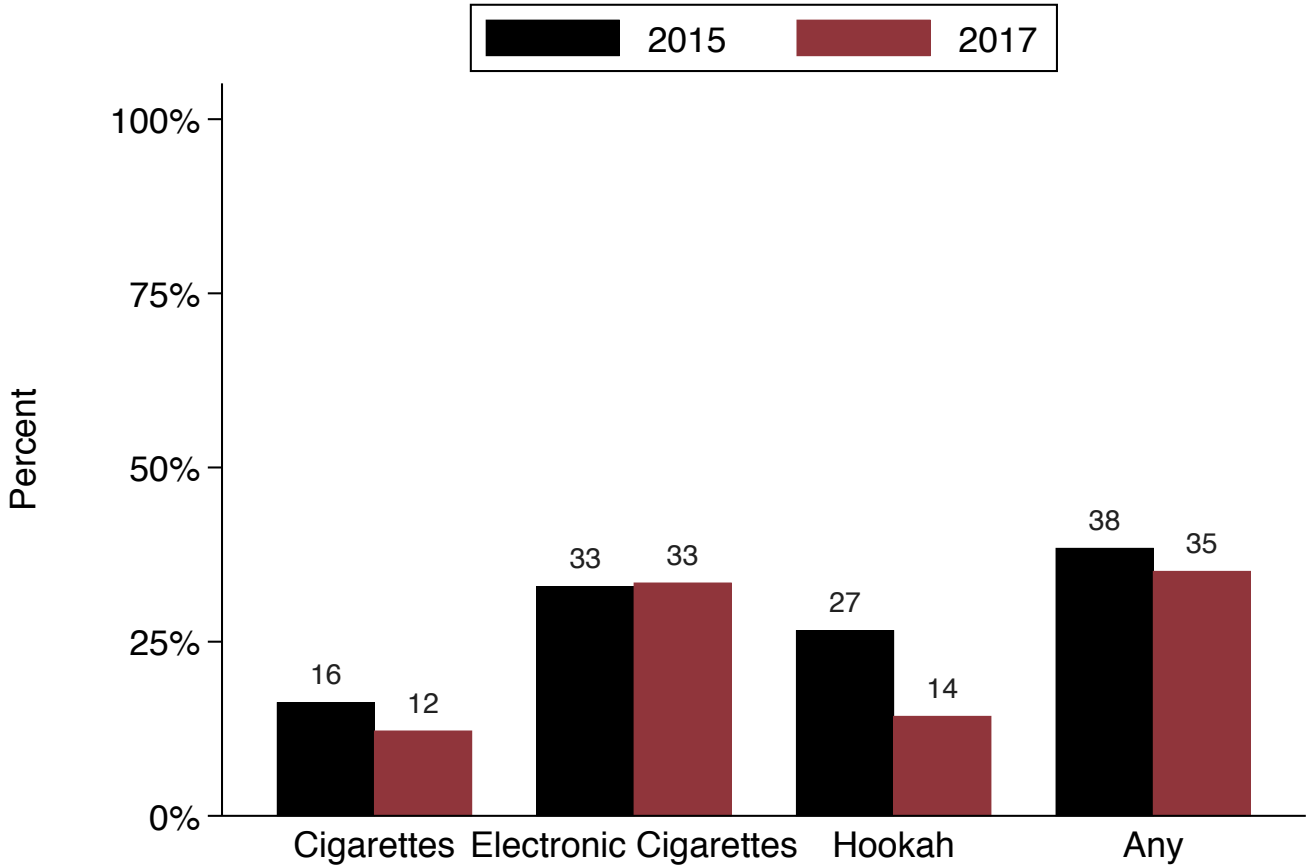
Ethnicity Distribution SDUHS High Schools 2017



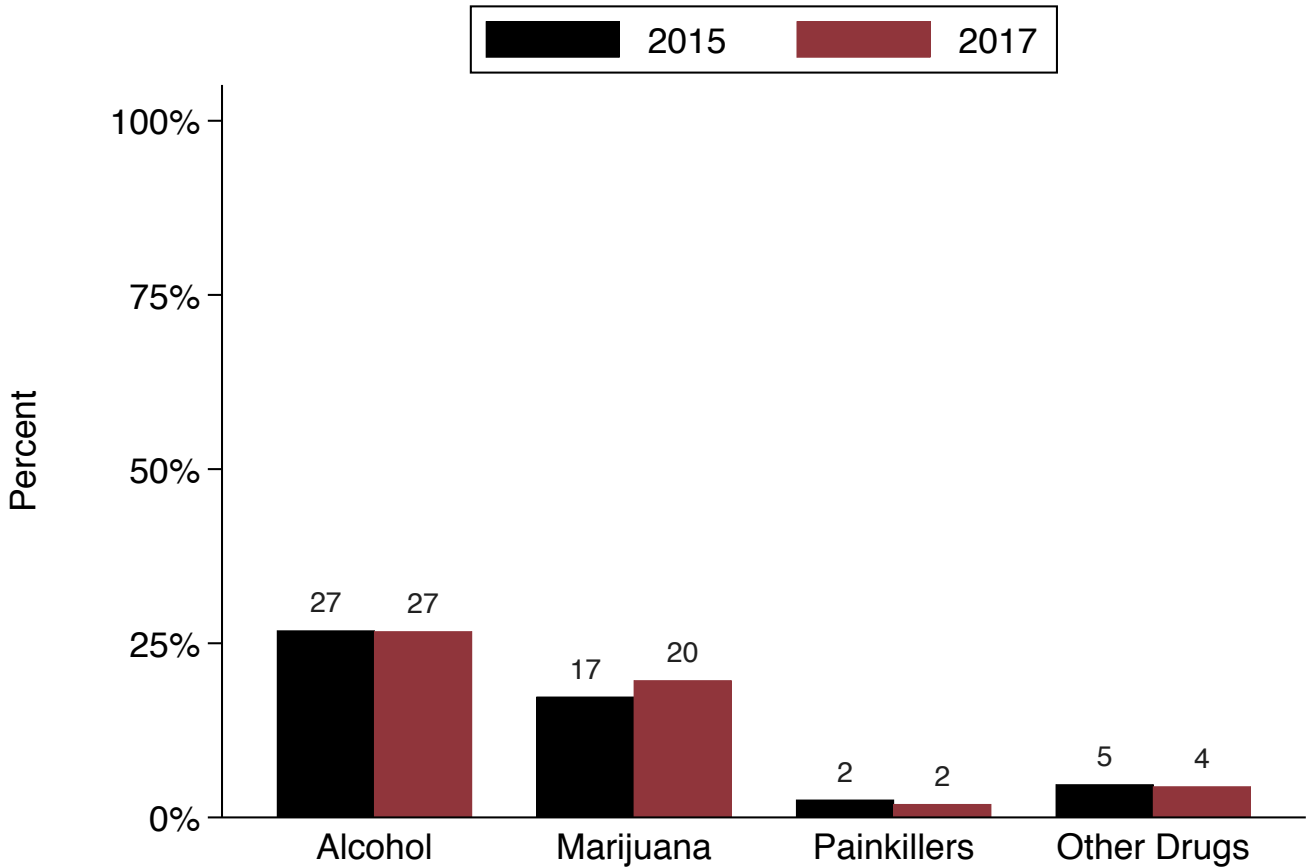
Lifetime Substance Use SDUHS High Schools 2017



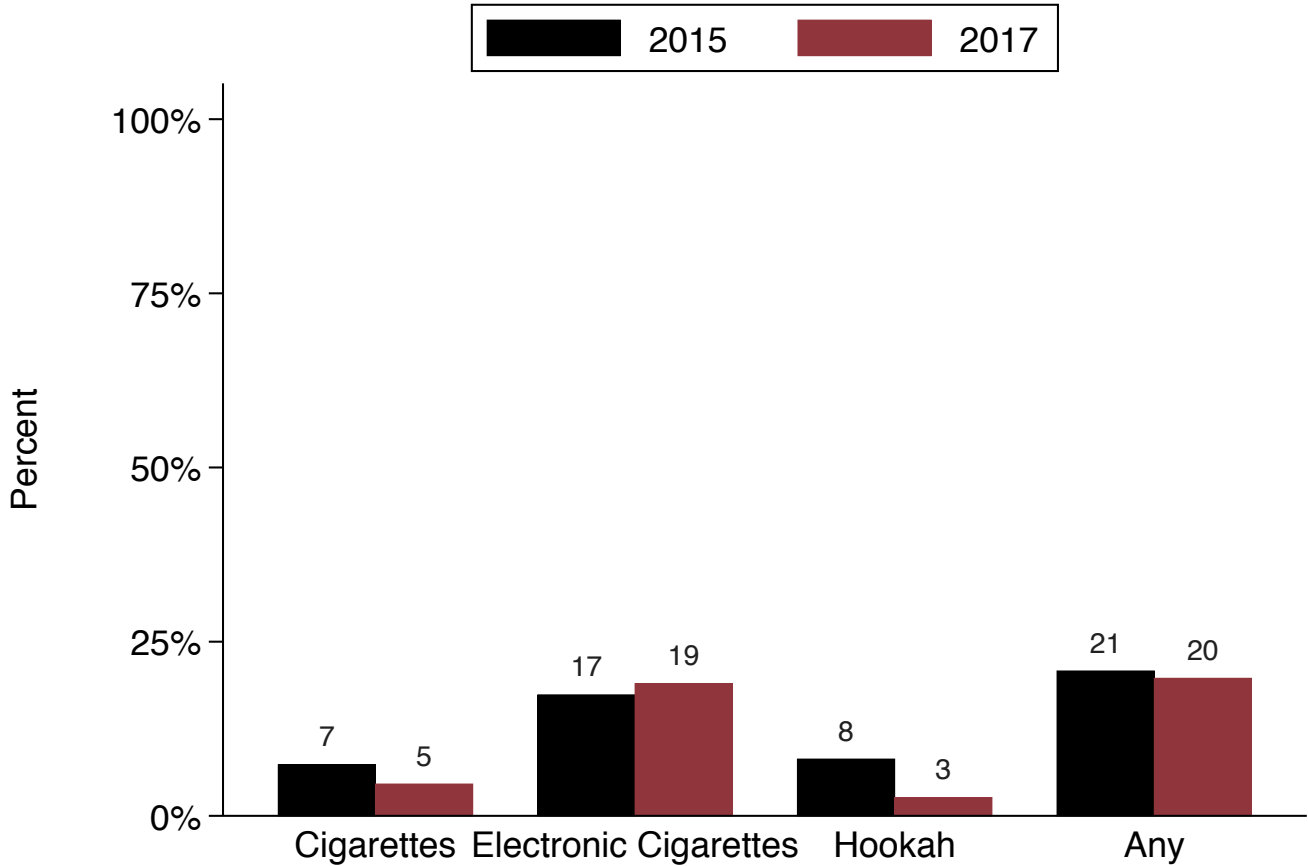
Lifetime Smoking SDUHS High Schools 2017



Past Month Substance Use SDUHS High Schools 2017

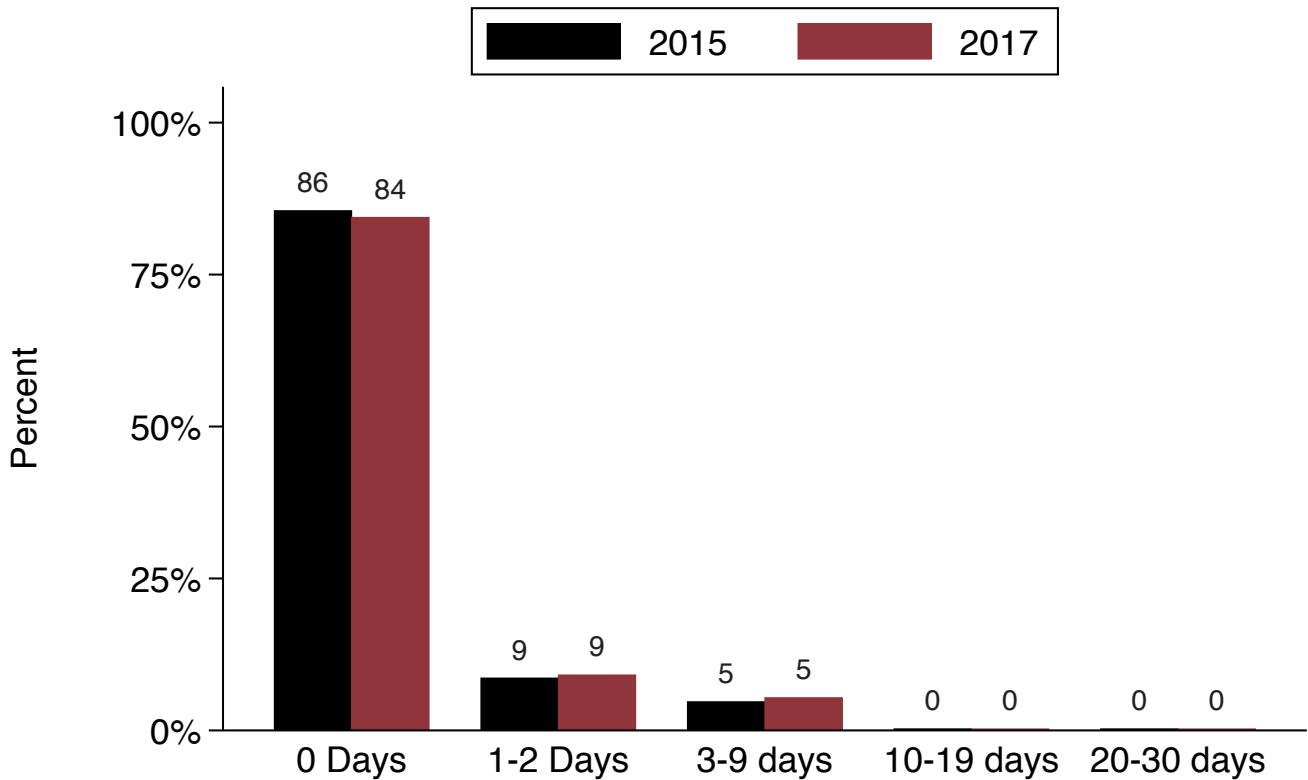


Past Month Smoking SDUHS High Schools 2017



Number of Binge Drinking Episodes (>4 Drinks/Occasion)

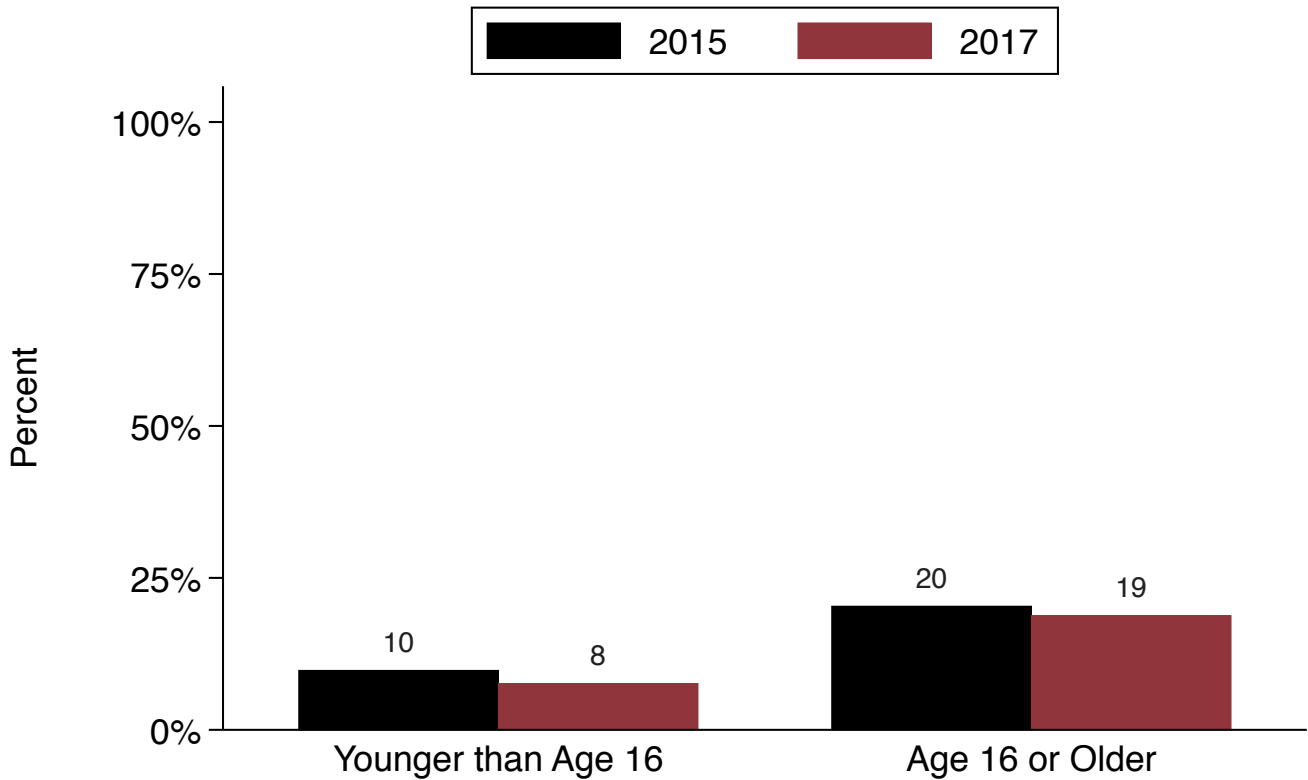
(Past 30 Days)
SDUHS High Schools 2017



Lifetime Drunk Driving or Riding in a Car With a Friend Driving Drunk

(By Age)

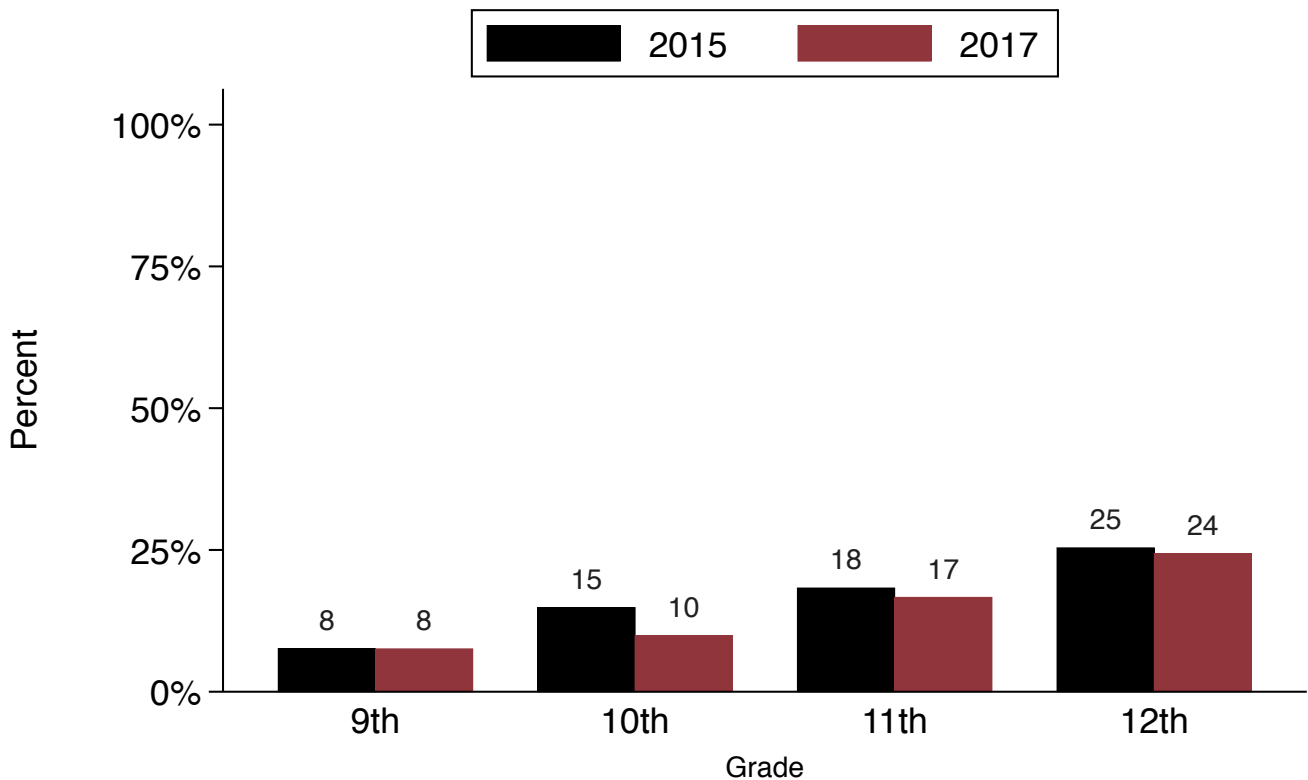
SDUHS High Schools 2017



Lifetime Drunk Driving or Riding in a Car With a Friend Driving Drunk

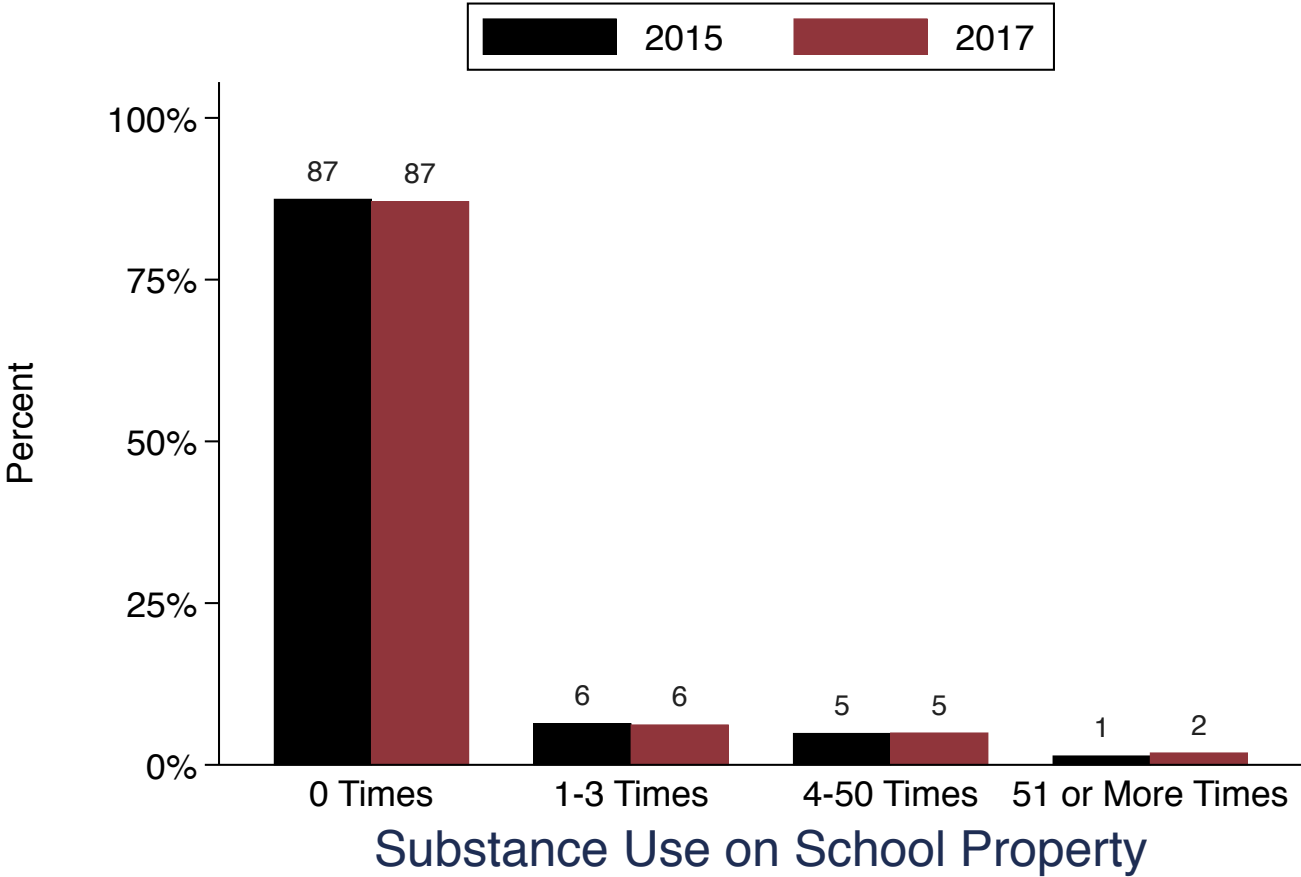
(By Grade)

SDUHS High Schools 2017



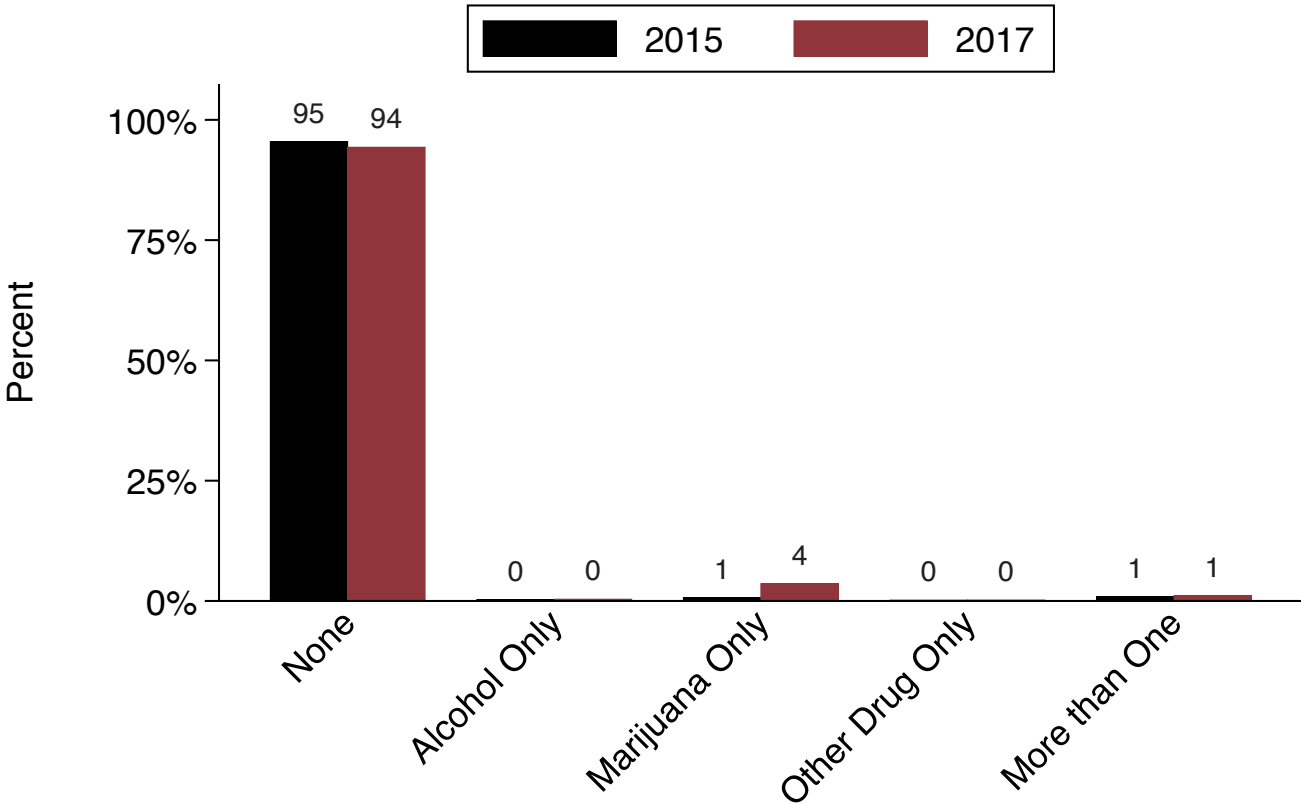
Ever Been Drunk or High on Drugs on School Property

SDHUS High Schools 2017

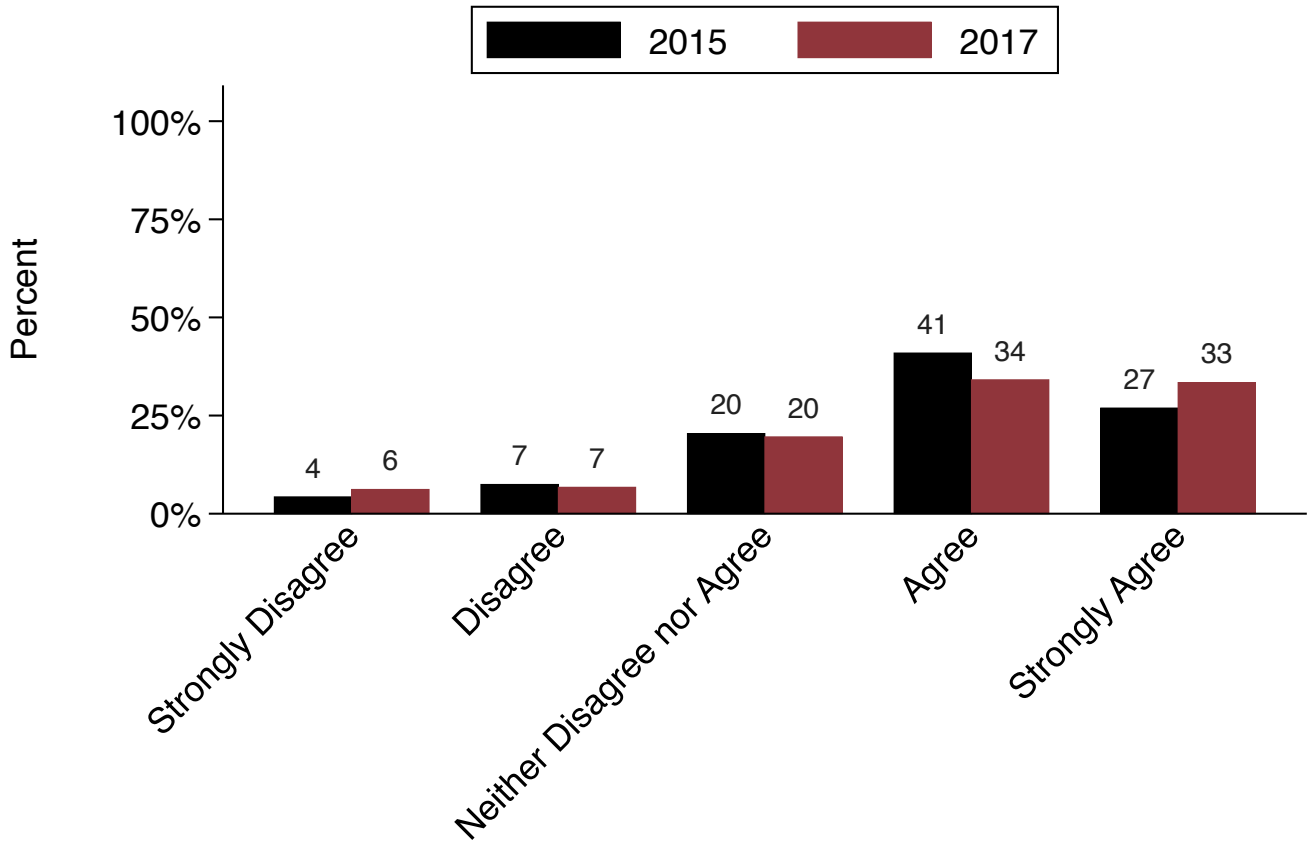


Substance Use on School Property (Past 30 Days)

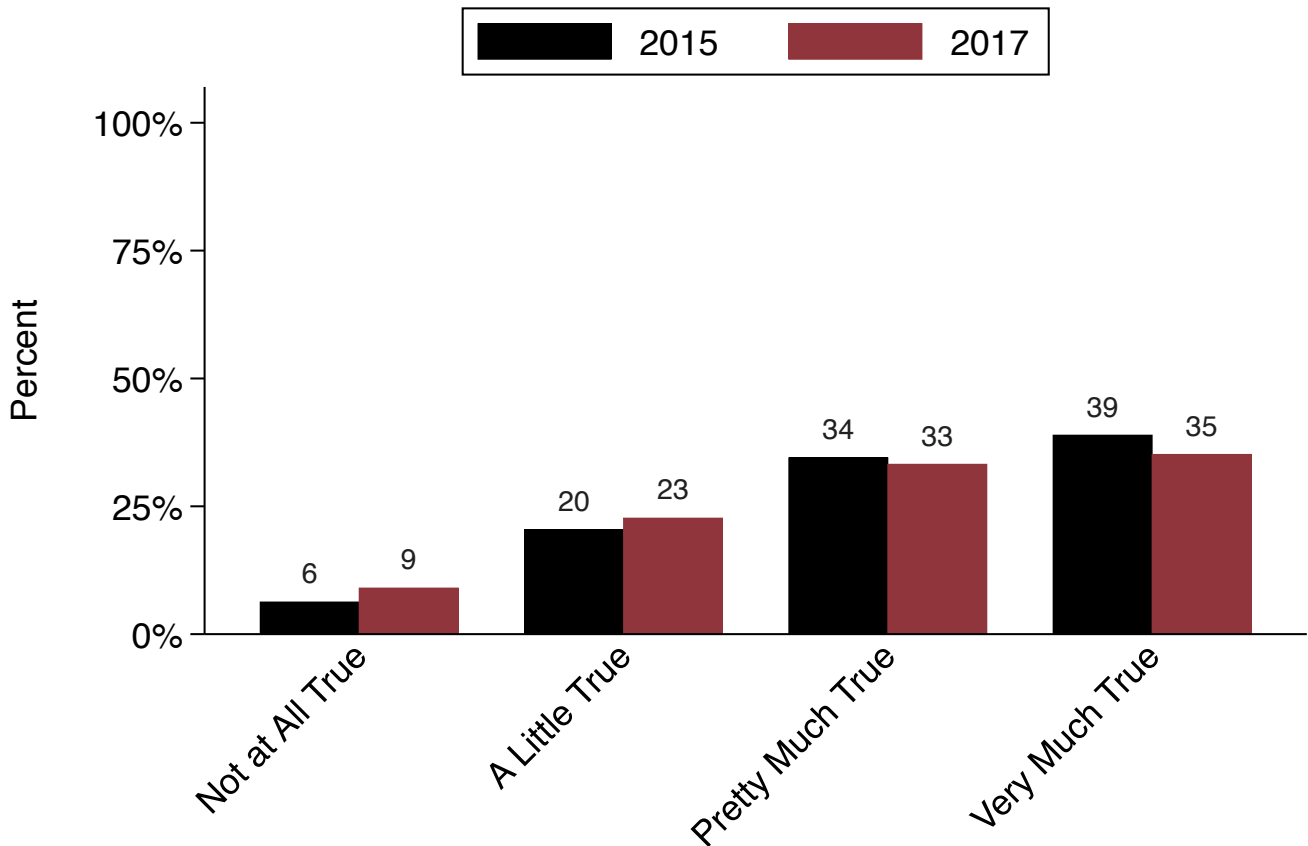
SDUHS High Schools 2017



I Feel Like I Am a Part of This School SDUHS High Schools 2017

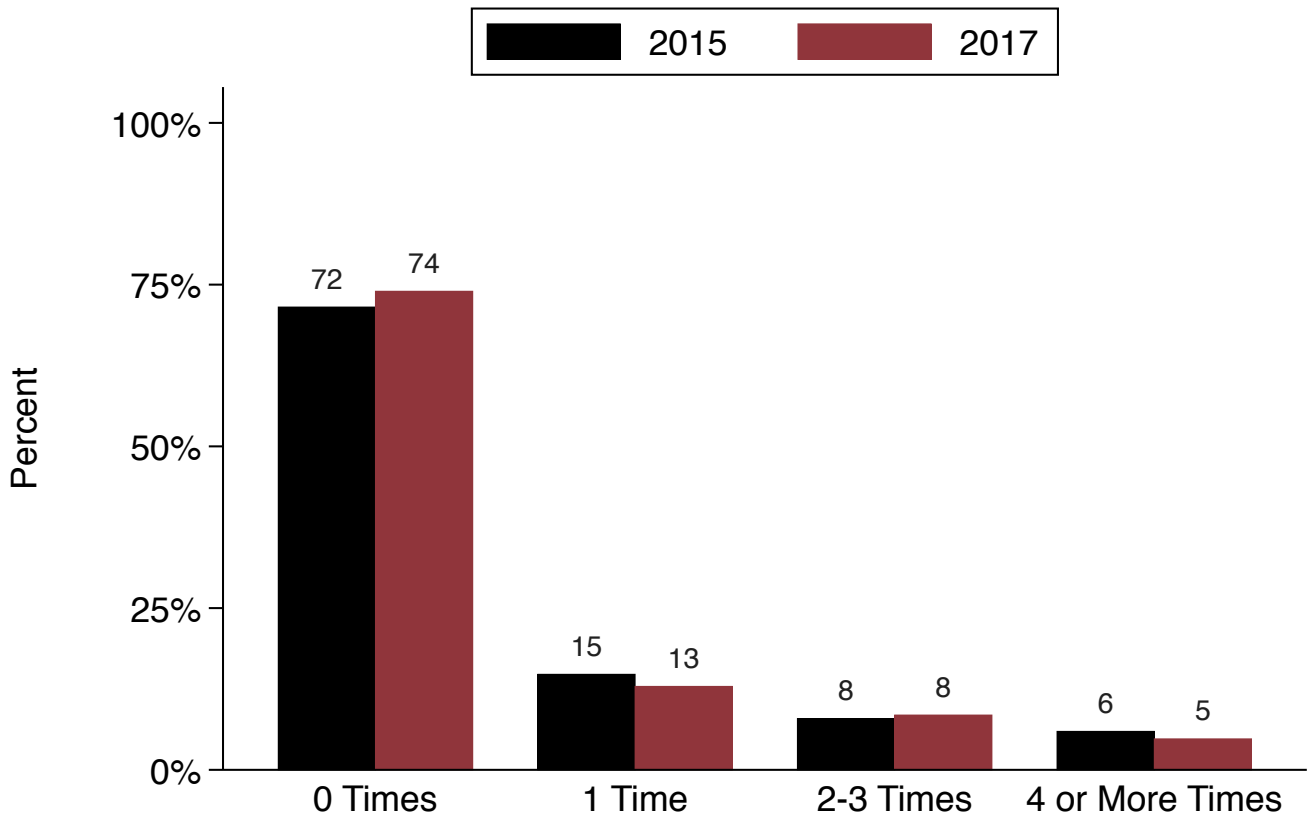


A Teacher or Other Adult at School Cares About Me SDUHS High Schools 2017



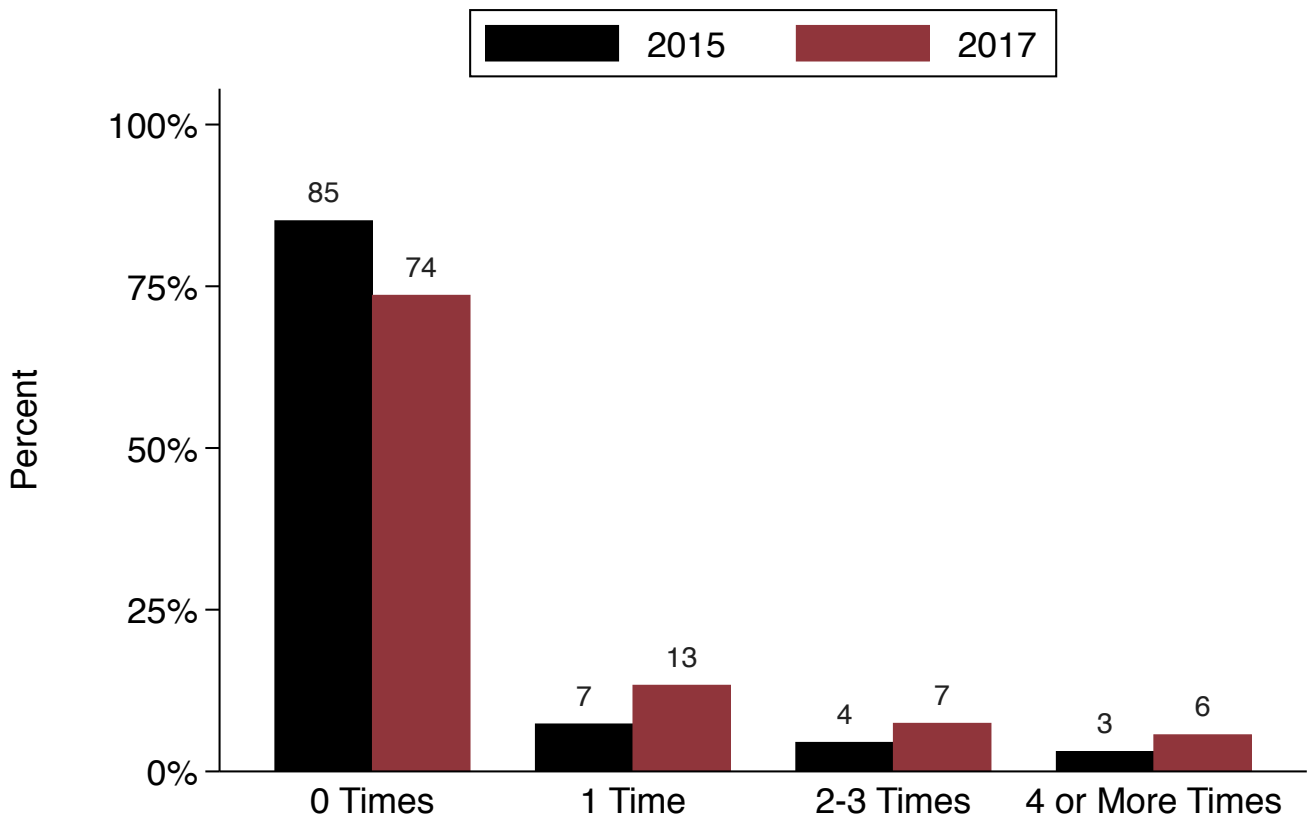
Number of Times You Have Had Mean Rumors Spread About You

SDUHS High Schools 2017



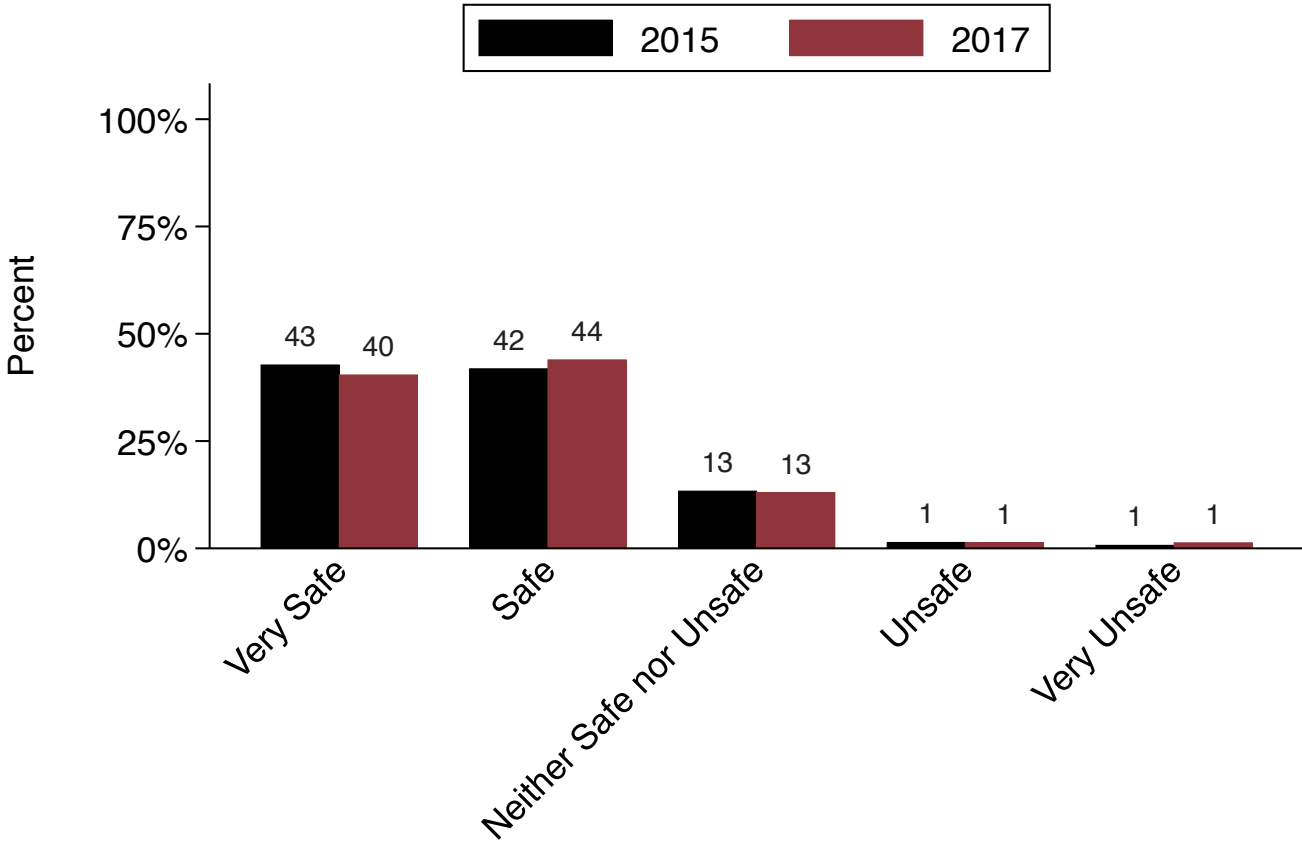
Number of Times Other Students Spread Mean Rumors About You on the Internet

SDUHS High Schools 2017



How Safe Do You Feel When You Are At School?

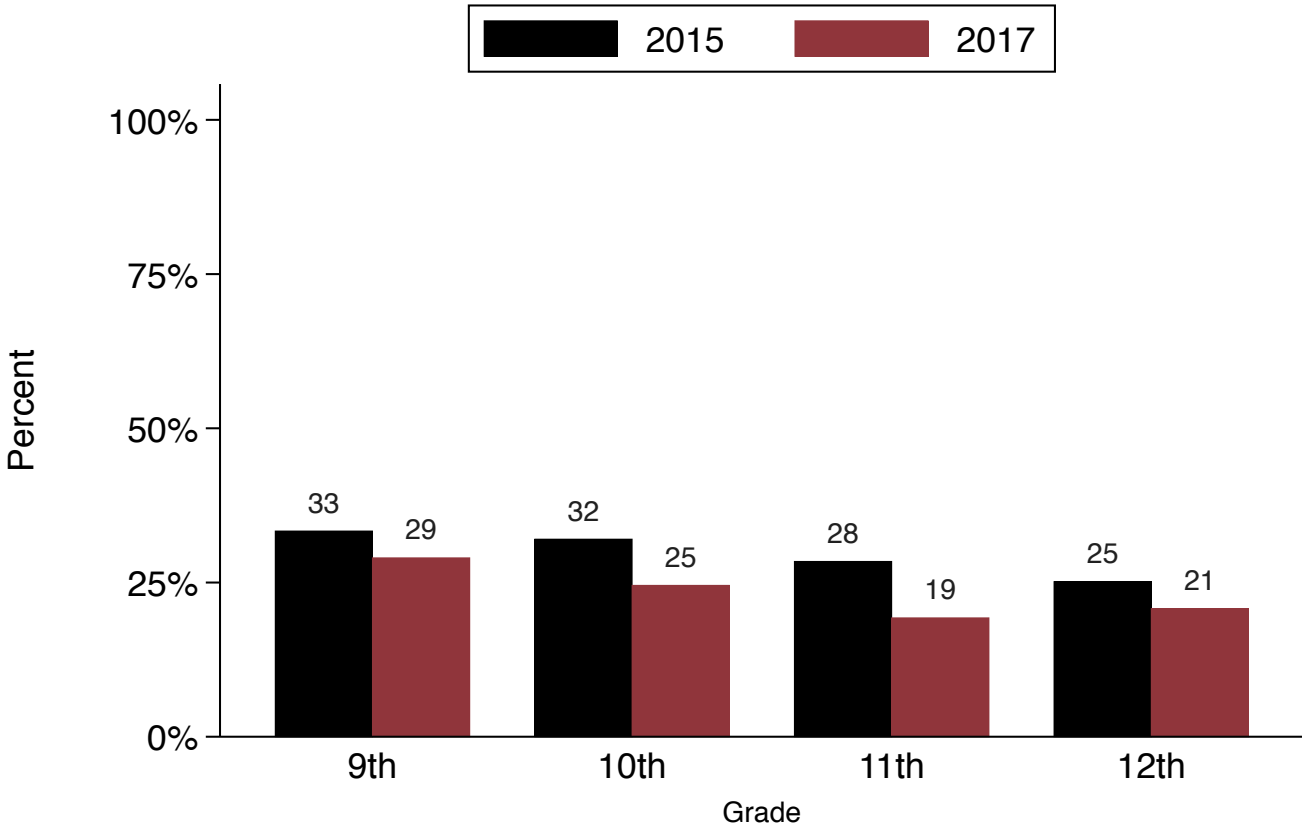
SDUHS High Schools 2017



Harassed or Bullied on School Property

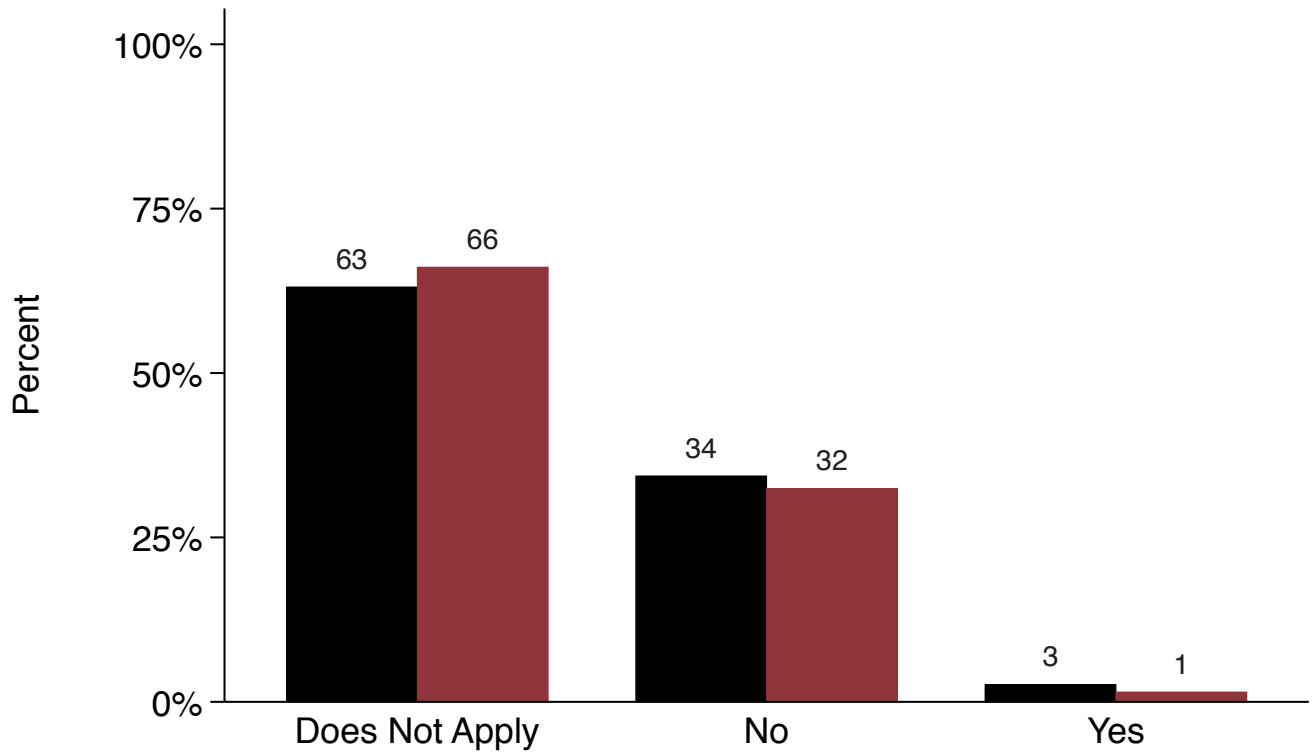
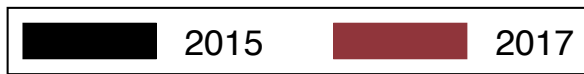
(Past 12 Months)

SDUHS High Schools 2017



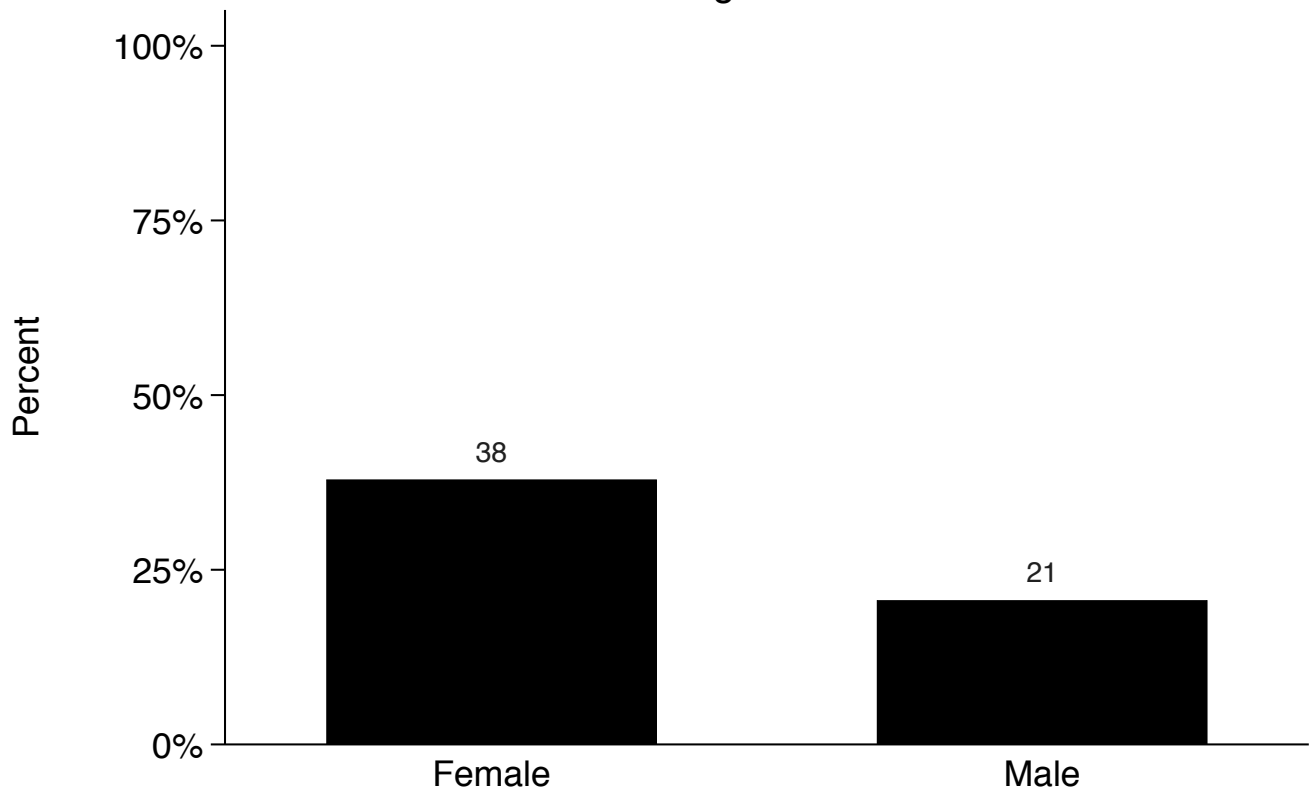
Been Physically Hurt by Boyfriend or Girlfriend

(Past 12 Months)
SDUHS High Schools 2017



Felt So Sad You Stopped Doing Some Usual Activities

(Past 12 Months)
SDUHS High Schools 2017



San Dieguito Union High School District
 Healthy Kids Survey
 High School
 2017

Lifetime Substance Use

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
	(%)	(%)	(%)	(%)	(%)
Alcohol	28.3	41.5	52.9	66.2	46.6
Marijuana	15.6	26.7	36.0	48.4	31.1
Cigarettes	4.5	9.0	13.7	22.6	12.2
Smokeless tobacco	1.7	3.1	6.7	10.7	5.4
Hookah	6.2	10.6	17.0	24.6	14.3
Vaping devices	19.4	29.5	38.7	47.9	33.4
Methamphetamine	0.6	0.9	1.2	2.3	1.2
Inhalants	4.1	2.9	3.2	4.0	3.6
LSD	1.9	3.5	4.0	9.2	4.5
Ecstasy	1.2	2.0	2.0	5.5	2.6
Heroin	0.2	0.2	0.3	0.7	0.3
Cocaine/crack	1.1	1.0	2.5	5.6	2.5
Prescription pain killers	5.0	6.0	6.9	10.3	7.0
Barbiturates	0.4	0.4	0.5	0.6	0.5
Tranquilizers	2.8	4.2	4.9	7.7	4.9
Cough medicines	15.1	12.6	12.8	13.2	13.5
Diet pills	2.9	2.2	2.1	2.6	2.5
Ritalin or adderall	3.3	5.3	7.8	12.5	7.1
Other drugs*	23.2	22.6	26.8	32.0	26.1

Past 30 Days Substance Use

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
	(%)	(%)	(%)	(%)	(%)
Alcohol	14.1	22.3	28.2	44.2	26.7
Marijuana	9.3	17.2	22.1	31.1	19.6
Cigarettes	1.5	3.2	4.7	9.5	4.6
Smokeless tobacco	0.3	0.5	1.1	2.1	1.0
Hookah	1.7	1.9	3.0	4.0	2.6
Vaping devices	10.5	18.2	20.8	27.2	19.0
Methamphetamine	0.1	0.1	0.2	0.4	0.2
Inhalants	0.6	0.4	0.5	0.7	0.6
LSD	0.3	0.7	0.9	1.9	1.0
Ecstasy	0.4	0.2	0.4	0.7	0.5
Cocaine	0.3	0.4	0.5	1.7	0.8
Prescription pain killers	0.8	2.0	1.9	2.6	1.9
Two or more drugs together	3.3	8.4	9.4	17.7	9.5
Other drugs*	3.2	4.0	4.0	6.6	4.5

Recent Binge Drinking (Past 30 Days)

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
	(%)	(%)	(%)	(%)	(%)
All students	6.5	12.5	16.1	29.7	15.8
Recent drinkers	42.0	54.0	55.7	65.8	57.4

Drinking and Driving

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
	(%)	(%)	(%)	(%)	(%)
During your life, have you ever driven a car when you had been drinking, or been in a car driven by a friend when he or she had been drinking?	7.5	9.9	16.6	24.3	13.9

School Connectedness: Proportion of Concern

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
	(%)	(%)	(%)	(%)	(%)
Happy to be at school	9.2	9.4	9.1	9.3	9.4
Feel like a part of school	13.5	11.3	11.8	14.5	12.9
An adult at school cares about me	13.4	8.9	6.0	6.3	9.0
Teachers at school treat me fairly	18.7	14.7	14.0	14.8	15.9
I feel close to people at school	10.9	10.8	13.9	15.1	12.7
Someone at school tells me when I do a good job	8.9	6.1	5.4	4.7	6.5
Someone at school listens when I have something to say	8.9	5.3	4.1	5.0	6.1
I do things that make a difference at school	23.2	26.3	20.5	23.0	23.5
I feel safe at school	6.4	4.4	4.4	5.4	5.4
Someone at school believes that I will be a success	9.0	7.5	4.4	4.6	6.7
Someone at school will notice when I'm not there	13.9	9.4	8.2	9.1	10.4
Someone at school always wants me to do my best	7.3	4.1	3.5	3.6	4.8

Violence, Safety, and Harassment Percent Reporting

	9th	10th	11th	12th	Overall Mean
	(%)	(%)	(%)	(%)	(%)
Ethnicity	9.7	10.1	7.5	10.1	9.5
Religion	8.1	6.2	6.2	5.4	6.5
Gender	5.9	3.3	5.1	6.0	5.0
Disability	2.4	3.3	2.0	2.3	2.6

Relational Aggression Percent Reporting

	9th	10th	11th	12th	Overall Mean
	(%)	(%)	(%)	(%)	(%)
Made fun of looks/speech	29.1	27.6	19.8	23.6	25.4
Sexual comments	34.0	31.1	26.9	26.8	29.9
Rumors spread	28.8	27.4	24.9	22.3	26.0

Physical Aggression Percent Reporting

	9th	10th	11th	12th	Overall Mean
	(%)	(%)	(%)	(%)	(%)
Afraid of injury	7.6	6.2	5.9	4.6	6.2
Pushed/shoved	13.0	8.9	8.4	7.9	9.6
In a fight	7.4	4.4	5.5	4.6	5.5

Depression Percent Reporting

	9th	10th	11th	12th	Overall Mean
	(%)	(%)	(%)	(%)	(%)
Felt so sad that stopped doing usual activities	20.7	24.2	27.2	25.1	24.0

I Feel SAFE in My School

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
					(%)
Strongly disagree	3.8	2.5	3.5	3.1	3.4
Disagree	2.6	1.9	0.9	2.3	1.9
Neither disagree	11.9	10.2	9.5	8.5	10.2
Agree	40.1	39.0	40.1	38.6	39.3
Strongly agree	41.6	46.3	45.9	47.5	45.2

I Feel Like I'm a PART of My School

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
					(%)
Strongly disagree	5.4	5.4	6.0	7.3	6.2
Disagree	8.1	5.9	5.8	7.3	6.7
Neither disagree	17.5	20.7	21.3	19.3	19.6
Agree	36.2	33.7	33.9	32.8	34.1
Strongly agree	32.9	34.3	33.0	33.4	33.4

A Teacher/Adult at School CARES About Me

	9th	10th	11th	12th	Overall
	(%)	(%)	(%)	(%)	Mean
					(%)
Not at all true	13.4	8.9	6.0	6.3	9.0
A little true	27.1	24.3	21.0	17.4	22.7
Pretty much true	32.8	34.6	33.9	31.7	33.2
Very much true	26.7	32.2	39.1	44.6	35.1

Notes

Students' responses were deemed unreliable if recent substance use history was inconsistent with their lifetime responses or they reported using a fake drug.

Ethnicity Distribution: other signifies mixed (two or more) races

Lifetime Substance Use: other drugs include methamphetamine or any amphetamine, inhalants, LSD or other psychedelics, ecstasy, heroin, cocaine, cough/cold medicines, Ritalin™, or Adderall™, barbiturates, tranquilizers or sedatives, and any other drug or pill to get "high"

Past Month Substance Use: other drugs includes methamphetamine or any amphetamine, inhalants, LSD or other psychedelics, ecstasy, cocaine, prescription pain medication to get "high" or for reasons other than prescribed (such as Vicodin™, OxyContin™, Percodan™, Ritalin™, Adderall™, Xanax™) and any other drug or pill to get "high".

When multiple drugs are tallied in computations, such as when other drugs are reported, the tables report data for the complete cases and the graphs provide reports for all cases. Complete cases are reports where an individual provided a valid response to all of the terms in a related set. Estimates were insensitive to this analytical decision, resulting in variance of 0.5 percentage points or less.