

# SDUHSD MIDDLE SCHOOL COURSE DESCRIPTIONS

(Last Revised March, 2005)

Check school site for course availability.

## REQUIRED COURSES - 7<sup>TH</sup> GRADE:

ENGLISH, MATHEMATICS, PHYSICAL EDUCATION, WORLD HISTORY/GEOGRAPHY AND LIFE SCIENCE.

## REQUIRED COURSES – 8<sup>TH</sup> GRADE:

ENGLISH, MATHEMATICS, UNITED STATES HISTORY, PHYSICAL EDUCATION AND PHYSICAL SCIENCE.

## APPLIED TECHNOLOGY

Course Title: **INTRODUCTION TO MULTIMEDIA\***

Length of Course: One semester

Prerequisite: None

Course No: 9013

Grade Level: 7-8

This semester course will introduce students to the fundamentals of multimedia production through introductory instruction in digital photography and graphics manipulation, basic WEB page design using FrontPage 2003, and multimedia presentation using PowerPoint 2003. Designed within this curriculum will be the basics of keyboarding while learning to increase your typing speed. Introduction to Multimedia is a prerequisite for Advanced Multimedia.

Course Title: **ADVANCED MULTIMEDIA\***

Length of course: One semester

Prerequisite: Introduction to Multimedia or teacher permission

Course No: 9061

Grade Level: 7-8

This course will explore more advanced functions of digital photography and photo editing; advanced WEB design and layout using Microsoft FrontPage 2003; and begin the basics of graphics animation using Macromedia Flash MX. The Internet will play an integral part of classroom instruction. Students will continue to increase their typing speed as well as their knowledge and practice of desktop publishing with Microsoft Word and Publisher throughout the semester.

Course Title: **APPLIED TECHNOLOGY\***

Length of Course: One semester

Prerequisite: None

Course No: 4828

Grade Level: 7-8

An exploratory course designed to provide: (1) an understanding of basic industrial processes, materials, tools and terminology; (2) experience in basic skills related to industry and home mechanics, and (3) involvement of the practical application of mathematics, science, English, and social sciences. Instructional emphasis is in the areas of woods, metals and drafting.

Course Title: **VIDEO FILM\***

Length of Course: One Semester

Prerequisite: None

Course No: 2319

Grade Level: 7-8

Students experience the process of filmmaking and videography from inception of an idea to completion of a project on tape based on student video projects and professional films and videotapes.

\*Elective

Not all courses are available at all sites each semester/year.

# ENGLISH

Course Title: **ENGLISH 7**  
Length of Course: One year  
Prerequisite: None

Course No: 1324  
Grade Level: 7

A year-long course organized around the theme of “A Quest for Identity”, students will read a central core of literature including The Giver by Lois Lowry, selections from Literature and Language Arts First Course (Holt Rinehart Winston), and A Midsummer Night’s Dream by William Shakespeare. Students will read and analyze fiction and nonfiction to discover meaning; they use and improve writing, listening, speaking, and thinking skills to ensure understanding, application, and appreciation. Writing types are standards-based and focus on responding to literature, persuasive essays, personal and fictional narratives, summaries, and research papers.

Course Title: **ENGLISH 7 HONORS (GATE)**  
Length of Course: One year  
Prerequisite: SDUHSD GATE qualified

Course No: 3401  
Grade Level: 7

This course uses the English 7 core curriculum but is designed for students who are SDUHSD GATE certified. Additional higher-level literature selections are read and analyzed, and the writing assignments reflect greater depth, complexity, and independence.

Course Title: **ENGLISH 8**  
Length of Course: One year  
Prerequisite: None

Course No: 4993  
Grade Level 8

In a year course organized around the theme of “A Search for Justice,” students will read from a central core of literature including “Flowers for Algernon” by Daniel Keyes, fiction and nonfiction selections from Literature and Language Arts Second Course (Holt Rinehart Winston), “I Have a Dream” by Martin Luther King, The Diary of Anne Frank by Anne Frank, and To Kill a Mockingbird by Harper Lee. Students will read and analyze fiction and nonfiction to discover meaning; they use and improve writing, listening, speaking and thinking skills to ensure understanding, application, and appreciation. Writing types are standards-based and focus on responding to literature, persuasive essays, biographical and fictional narratives, research reports, and business, career and technical writing.

Course Title: **ENGLISH 8 HONORS (GATE)**  
Length of Course: One year  
Prerequisite: SDUHSD GATE qualified

Course No: 3402  
Grade Level: 8

This course uses the English 8 core curriculum but is designed for students who are SDUHSD GATE certified. Additional higher-level literature selections are read and analyzed, and the writing assignments reflect greater depth, complexity, and independence.

Course Title: **ENGLISH Language Development I**  
Length of Course: One year

Course No: 1345  
Grade Level: 7-8

This course is designed for non or limited English speakers. It takes students through an integrated reading, writing, listening and speaking program using a standards-based approach.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **ENGLISH Language Development II**  
Length of Course: One year  
(Progression of ELD I)

Course No: 1348  
Grade Level: 7-8

This course is designed to develop reading, speaking, writing, and thinking skills in English through a standards-based approach.

Course Title: **ENGLISH Language Development III**  
Length of Course: One year  
(Progression of ELD II)

Course No: 1351  
Grade Level: 7-8

This course is designed to develop reading, speaking, writing and thinking skills in English through a standards-based program.

Course Title: **ENGLISH Language Development IV**  
Length of Course: One year  
Prerequisite: Completion of ELD III or teacher recommendation

Course No: 6226  
Grade Level: 7-8

For the student transitioning from the English Learner program to the mainstream program this is the final course. The course is in-line with ELA standards and will provide continued exposure to various types of expository writing which a college-bound student will need. Students will read a variety of types of literature to discover meaning and use writing to enhance understanding and appreciation.

Course Title: **ENGLISH WORKSHOP A\* (7th or generic)**  
Length of Course: One semester (may be repeated for elective credit)  
Prerequisite: Teacher recommendation

Course No: 7209  
Grade level: 7

This course is designed to support students scoring far below basic or below basic on the California Content Standards to progress towards proficiency in ELA standards. In this class, students work with vocabulary, spelling, reading, writing, and test taking strategies and skills.

Course Title: **ENGLISH WORKSHOP B\* (8th)**  
Length of Course: One semester (may be repeated for elective credit)  
Prerequisite: Teacher recommendation

Course No: 7211  
Grade Level: 8

This course is designed to support students scoring far below basic or below basic on the California Content Standards to progress towards proficiency in ELA standards. In this class, students work with vocabulary, spelling, reading, writing, and test taking strategies and skills.

Course Title: **JOURNALISM\***  
Length of Course: One semester (may be repeated for credit)  
Prerequisite: Consent of instructor (application required)

Course No: 1411  
Grade Level: 7-8

This is a year-long course that studies the reporting of news facts using who, what, when, where, how and why. Thinking, reading, and writing skills are developed and practiced on a weekly basis. Students also learn desktop publishing and a number of software programs such as Pagemaker. Students produce the school yearbook and periodic school newspapers. This elective course does not meet the English course requirements in Grade 7 or Grade 8.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **READING\***  
Length of Course: One semester  
Prerequisite: None

Course No: 1535  
Grade Level: 7-8

A course for students who are struggling in reading comprehension as evidenced by his/her STAR scores. This course utilizes the READ – 180 computer program to improve student reading comprehension.

## **ENGLISH - SPECIAL EDUCATION**

### **English Grade 7**

LA Support 7 Course No: 2989  
English 7 Fundamentals Course No: 1180  
Read 180 Course No: 1535  
Reading Support Course No: 0563

### **English Grade 8**

LA Support 8 Course No: 3029  
English 8 Fundamentals Course No: 1183  
Read 180 Course No: 1535  
Reading Support Course No: 0563

## **MATHEMATICS**

Course Title: **MATH WORKSHOP 1A\* (7th or generic)**  
Length of Course: Semester (may be repeated)  
Prerequisite: Teacher recommendation

Course No: 2557  
Grade Level: 7

This course is designed to support students scoring far below basic or below basic on the California Content Standards. The course is designed to teach essential math skills necessary to progress towards proficiency as demonstrated on the California Math standards assessment. Students enrolled in Math Workshop receive elective course credit.

Course Title: **MATH WORKSHOP 1B\* (8th)**  
Length of Course: Semester (may be repeated)  
Prerequisite: Teacher recommendation

Course No: 2567  
Grade Level: 8

This course is designed to support students scoring far below basic or below basic on the California Content Standards. The course is designed to teach essential math skills necessary to progress towards proficiency as demonstrated on the California Math standards assessment. Students enrolled in Math Workshop receive elective course credit.

Course Title: **PRE-ALGEBRA 1**  
Length of Course: One year  
Prerequisite: None

Course No: 3920  
Grade Level: 7

Course Title: **PRE-ALGEBRA 2**  
Length of Course: One year  
Prerequisite: Pre-Algebra 1 with a "C" or better.

Course No: 3099  
Grade Level: 8

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **PRE-ALGEBRA 7**  
Length of Course: One year  
Prerequisite:

Course No: 2385  
Grade Level: 7

This course maintains and strengthens skills previously developed and increases the student's ability to solve practical real problems and their algebraic equations, especially those involving multiple steps. The student is introduced to new topics in number theory and elementary algebra in preparation for Algebra I.

Course Title: **PRE-ALGEBRA HONORS**  
Length of Course: One year  
Prerequisite: SDUHSD GATE Certified

Course No: 2421  
Grade Level: 7

This challenging course maintains and strengthens skills previously developed and increases the student's ability to solve algebraic equations and expressions, especially those involving multiple steps. The student will experience new topics in number theory, geometry, and elementary algebra. Their study will be enhanced with set theory and word problem exploration preparing them for the rigors of Algebra Honors.

Course Title: **SHELTERED PRE-ALGEBRA**  
Length of Course: One year  
Prerequisite:

Course No: 5567  
Grade Level: 7-8

See Pre-Algebra description. Teachers use specially designed instruction in English strategies to make course content comprehensive to English learner students.

Course Title: **ALGEBRA I (P) College Prep**  
Length of Course: One year  
Prerequisite: Grade of "C" or better in Pre-Algebra  
Note: Meets graduation requirement for Algebra

Course No: 7532  
Grade Level: 7-8

This course is designed to strengthen the understanding of basic properties of real numbers and to use algebraic models to solve verbal problems with linear and quadratic equations. The emphasis will be on manipulations of algebraic phrases and sentences, and their correlation with arithmetic.

Course Title: **ALGEBRA I – HONORS (GATE)**  
Length of Course: One year  
Prerequisite: SDUHSD GATE certified. Grade "B" or better in Pre-Algebra Honors or consent of the Algebra I Honors instructor and Math Dept.  
Note: Meets graduation requirement for Algebra

Course No: 7533  
Grade Level: 7-8

This course is designed to strengthen the understanding of basic properties of real numbers and to use algebraic models to solve verbal problems with linear and quadratic equations. The emphasis will be on manipulations of algebraic phrases and sentences, and their correlation with arithmetic. Note: this is a more rigorous course than Algebra 1 standard.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **ALGEBRA TOPICS\***  
Length of Course: One semester  
(Concurrent enrollment in Algebra I is required)

Course No: 9578  
Grade Level: 7-8

Algebra Topics is an elective course designed to provide support for students enrolled in Algebra I. Organizational skills, remediation, and homework assistance for the student on work assigned by the regular Algebra teachers will be the focus of this class. *The grade earned in the Algebra Topics elective is a reflection of the student's effort and does not represent mastery of concepts taught or fulfillment or requirements in the regular Algebra I course.*

Course Title: **PRE-ALGEBRA ACADEMY\***  
Length of Course: One year  
Prerequisite: Teacher Recommendation

Course No: 3867  
Grade Level: 7-8

This course provides additional support to the higher level Pre-Algebra 1 student and is designed to prepare them to take Algebra in 8<sup>th</sup> grade (rather than Pre-Algebra 2). Students taking this course score below "proficient" on the California Standards Test and/or received a 23 or higher on the district math diagnostic test.

Course Title: **G EOMETRY Honors (P)**  
Length of Course: One year  
Prerequisite: Grade of "C" or better in Algebra I  
Note: Meets District graduation requirement for math

Course No: 7535  
CSES No: 2406  
Grade Level: 7-8  
Fulfills UC/CSU Req.: yes

## **MATH - SPECIAL EDUCATION**

### **Math Grade 7**

Pre Algebra Support  
Math 7 Fundamentals

Course No: 2992  
Course No: 3012

### **Math Grade 8**

Pre Algebra Support  
Math 8 Fundamentals

Course No: 2992  
Course No: 3043

## **PHYSICAL EDUCATION**

Course Title: **PHYSICAL EDUCATION**  
Length of Course: One year  
Prerequisite: None

Course No: 2682  
Grade Level: 7-8

This course is designed to be part of a continuous process to meet the following goals of physical education: physical activity, physical fitness, wellness, movement skills and knowledge; social development and interaction; self-image and self-realization and individual excellence.

Course Title: **IINDEPENDENT STUDY PE**  
Length of Course: One year  
Prerequisite: Application required; must meet criteria for enrollment

Course No: 2607 (ISPEp.6)  
Course No: 2609 (ISPEp.1)  
Course No: 2586 (ISPE)

Course Title: **ADAPTIVE PE**  
Length of Course: One Year  
Prerequisite: Teacher recommendation

Course No: 2502

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **DANCE AEROBICS**  
Length of Course: One year  
Prerequisite: None

Course No: 2525

Course Title: **DANCE**  
Length of Course: One year  
Prerequisite: None

Course No: 2523

## **PHYSICAL EDUCATION - SPECIAL EDUCATION**

**PE GRADE 7/8**  
Adaptive PE

Course No: 3000

## **SCIENCE**

Course Title: **LIFE SCIENCE**  
Length of Course: One year  
Prerequisite: None

Course No: 4745  
Grade Level: 7

Life Science is a year-long class for 7th graders covering the California State Standards including inquiry oriented learning of the following subjects: cell biology, genetics, evolution, earth science, structure and function in living systems, physical science, and Investigation and Experimentation.

Course Title: **SHELTERED LIFE SCIENCE**  
Length of Course: One year  
Prerequisite: None

Course No: 7015  
Grade Level: 7

Sheltered Life Science is designed for second language learners and follows the course description for Life Science. Teachers use specially designed instruction in English strategies to make course content comprehensive to English learner students.

Course Title: **PHYSICAL SCIENCE**  
Length of Course: One year  
Prerequisite: None

Course No: 4742  
Grade Level: 8

Physical Science is a year-long class for 8<sup>th</sup> graders covering the California State Standards including inquiry oriented learning of the following subjects: motion, forces, structure of matter, earth in the solar system, reactions, chemistry of living systems, periodic table, density and buoyancy, Investigation and Experimentation. It reviews basic concepts in light, mechanics, electricity and chemistry while introducing such topics as lenses, energy transformations, conservation of energy, entropy, heat of vaporization, properties of solutions, solubility, fractional distillation and chromatography.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **SHELTERED PHYSICAL SCIENCE**  
Length of Course: One year  
Prerequisite: None

Course No: 7138  
Grade Level: 8

Sheltered Physical Science is designed for second language learners and follows the course description for Physical Science. Teachers use specially designed instruction in English strategies to make course content comprehensive to English learner students.

Course Title: **ENVIRONMENTAL SCIENCE\***  
Length of Course: One year  
Prerequisite: None; satisfies elective credit only

Course No: 9212  
Grade Level: 7-8

This science elective is a laboratory, field trip-based course investigating the aquatic habitats, resources and the effect of pollution on our local watersheds. Students will take water samples and perform water quality testing at various beach sites, and will record their analytical data on a student-generated web site.

## **SCIENCE - SPECIAL EDUCATION**

### **Science Grade 7**

Science 7 Fundamentals Course No: 2993

### **Science Grade 8**

Science 8 Fundamentals Course No: 3034

## **SOCIAL SCIENCES**

Course Title: **WORLD HISTORY/GEOGRAPHY 7**  
Length of Course: One year  
Prerequisite: None

Course No: 4522  
Grade Level: 7

This course examines the political, social, cultural and economic developments around the world from approximately 500 A.D. through the 1700's. Students examine the history and cultures of Africa, the Middle East, Asia, the Americas, and medieval Europe through the Age of Enlightenment. This course is the second in a World History sequence that began with the sixth grade Ancient Civilizations course and continues in the tenth grade course on the Modern World.

Course Title: **SHELTERED WORLD HISTORY 7**  
Length of Course: One year

Course No: 5840  
Grade Level: 7

See World History/Geography 7. Teachers use specially designed instruction in English strategies to make course content comprehensive to English learner students.

Course Title: **UNITED STATES HISTORY 8**  
Length of Course: One year  
Prerequisite: None

Course No: 4534  
Grade Level: 8

This course examines the political, economic and social developments in the United States from colonial times through 1914. Particular emphasis is placed on examining the political values on which our nation was based, as well as issues and events that affected their continued development.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **SHELTERED UNITED STATES HISTORY 8**  
Length of Course: One year

Course No: 5881  
Grade Level: 7

See United States History 8. Teachers use specially designed instruction in English strategies to make course content comprehensive to English learner students.

## **SOCIAL SCIENCES - SPECIAL EDUCATION**

### **Social Science Grade 7**

Soc. Sci. 7 Fundamentals Course No: 2994

### **Social Science Grade 8**

Soc. Sci. 8 Fundamentals Course No: 3035

## **VISUAL AND PERFORMING ARTS**

### **VISUAL ARTS:**

Course Title: **GENERAL STUDIO ART\***  
Length of Course: One semester

Course No: 6253  
Grade Level: 7-8

A survey course that will expose the student to varied art forms, media, and techniques. This exposure will create a common core of knowledge, familiarize the student with his/her cultural heritage, develop and refine his/her sensibilities toward the arts and enable the student to express his/her own creativity and increase his/her capacity for problem solving.

Course Title: **ADVANCED ART\***  
Length of Course: One semester  
Prerequisite: General Studio Art or teacher permission

Course No: 6000  
Grade Level: 7-8

This advanced program in studio art is intended for highly motivated students who are seriously interested in art and the creation of their own portfolios.

Course Title: **CARTOONING\***  
Prerequisite: None

Grade Level: 7-8

This course is to introduce and teach different techniques of drawing with variety of media. Students will generate a portfolio of different work using learned techniques. The cartooning section of this course will teach students the fundamentals of animation. Students will learn how to draw and analyze both political and leisure cartoons. A portion of this course will be taught in the computer lab where students will learn how to produce computer-generated comic strips.

\*Elective

Not all courses are available at all sites each semester/year.

## **PREFORMING ARTS:**

Course Title: **ACTING\***  
Length of Course: One year  
Prerequisite: Intro to Drama and permission of instructor

Course No: 1001  
Grade Level: 7-8

This course is designed to build on the basic acting skills developed in "Intro to Drama." Many opportunities will be provided for the analysis and creation of characters. The highlight of the course is a production in which class members will become the cast of characters and also will take on behind the scenes responsibilities.

Course Title: **INTRODUCTION TO DRAMA \***  
Length of Course: One semester  
Prerequisite: No prerequisite for first semester.

Course No: 8899  
Grade Level: 7-8

This course offers students the opportunity for participation in a variety of drama activities, such as: pantomime, monologues, character analysis, improvisation, and scene work. The class focuses on building student self confidence, creative expression, and cooperative learning.

Course Title: **ADVANCED DRAMA\***  
Length of Course: One semester  
Prerequisite: Introduction to Drama and /or permission of instructor

Course No: 4195  
Grade Level: 7-8

This course is designed to build on the basic acting skills developed in the Introduction to Drama course. This is a performance-based class where students will present scenes for the history and English classes, and perform school-wide plays. Many opportunities will be provided for students to take part in all aspects of theatre, such as: acting, directing, lighting and sound, costume/make-up, and publicity.

Course Title: **CHOIR\***  
Length of Course: One semester, may be repeated for additional semester  
Prerequisite: None

Course No: 7100  
Grade Level: 7-8

This course offers students the opportunity to explore basic, beginning choral singing, vocal technique and music reading through group rehearsals, activities and public performances.

Course Title: **BEGINNING MARCHING BAND**  
Course Title: **INTERMEDIATE MARCHING BAND**  
Length of Course: One year (may be repeated)

Course No: 0304  
Course No: 0273  
Grade Level: 7-8

This course offers students the opportunity to continue their study of standard woodwind, brass and percussion instruments, and to participate in band performances. Successful completion of this course qualifies students to progress to the high school band program.

Course Title: **BEGINNING BAND AND ORCHESTRA\***  
Length of Course: One year  
Prerequisite: None

Course No: 0304  
Grade Level: 7-8

This course is designed for students who have had no or very little experience playing an instrument. This includes wind, string, and percussion instruments.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **ORCHESTRA\***  
Length of Course: One year (may be repeated)  
Prerequisite: None

Course No: 7370  
Grade Level: 7-8

The students will focus on standard orchestral literature and be able to place these works in the proper historical and stylistic context. Acceptance into this class will be determined by audition.

Course Title: **CONCERT BAND\***  
Length of Course: One year  
Prerequisite: Audition required

Course No: 0273  
Grade Level: 7-8

This course is designed for students with one or more years of music experience. Acceptance into this class will be determined by audition.

Course Title: **SYMPHONIC BAND\***  
Length of Course: One year  
Prerequisite: Audition required

Course No: 0277  
Grade Level: 7-8

This course is designed for students who have had one or more years of music experience. Acceptance into this class will be determined by audition.

## **WORLD LANGUAGE**

Course Title: **SPANISH I \* (P) – College Prep**  
Length of Course: One year  
Prerequisite: None  
Fulfills UC/CSU Requirements: Yes

Course No: 4352  
Grade Level: 7-8

This course consists of a series of linguistic activities and cultural topics which enables students to communicate about daily activities at a survival level. Curriculum is based on the California World Languages Framework, and activities are chosen for their personal significance to the students, thereby providing an aspect of spontaneity to communication. At the end of this course, students will be able to understand, speak, read, and write about high frequency expressions and phrases and make him/herself understood by the teacher.

Course Title: **SPANISH II \* (P) – College Prep**  
Length of Course: One year  
Prerequisite: Spanish I with grade of "C" or better  
Fulfills UC/CSU Requirements: Yes

Course No: 4365  
Grade Level: 8

This course consists of a series of linguistic activities and cultural topics which enable the students to communicate about daily activities at a functional level. Curriculum is based on the California World Languages Framework, and activities are chosen for their personal significance to the students, thereby providing an aspect of spontaneity to the communication. At the end of the course, the student will be able to understand, speak, read, and write about basic daily activities, high frequency expression, and make him/herself understood by a sympathetic native speaker.

Course Title: **FRENCH I\* (P) – College Prep**  
Length of Course: One year  
Prerequisite: None  
Fulfills UC/CSU Requirements: Yes

Course No: 4071  
Grade Level: 8

\*Elective

Not all courses are available at all sites each semester/year.

This course consists of a series of linguistic activities and cultural topics that enable the students to communicate in French at an introductory level. Topics include greetings, family, meals, weather, home, friends, talking about oneself and others. At the end of this course the students will be able to communicate at the novice level within the range of the topics mentioned.

Course Title: **SPANISH FOR SPANISH SPEAKERS\***  
Length of Course: One year  
Prerequisite: none

Course No: 3181  
Grade Level: 7-8

This course is designed for native Spanish speakers. Students will explore Spanish language and literature at the various proficiency levels.

## MISCELLANEOUS ELECTIVES

Course Title: **ACADEMIC SUCCESS\***  
Length of Course: One semester

Course No: 0346  
Grade Level: 7-8

This course is designed to assist and instruct students in basic skills, which are prerequisites to academic success, and personal adjustment in high school. The skills taught in this course form a foundation for successful schoolwork. In addition, the implementation of these techniques will have wide applicability in both college and career settings.

Course Title: **AVID \* (Advancement Via Individual Determination)**  
Length of Course: One year  
Prerequisite: Approval of instructor (application required)

Course No: 5980  
Grade Level: 7-8

This course serves students who have academic potential but who have not previously succeeded in a "college prep" path. Students receive academic instruction, tutorial support, and motivational activities. In order to qualify for AVID, the student must meet one of these three criteria: (1) "under-represented" in the college arena, (2) financially disadvantaged or (3) considered first to attend college in the family ("first generation") Application required.

Course Title: **LEADERSHIP \***  
Length of Course: One semester  
Prerequisite: Approval of instructor or elected officer (application required)

Course No: 4716  
Grade Level: 7-8

Leadership class prepares students to participate effectively in student government. Students are provided learning experiences in areas of planning, implementation and evaluation of programs. Improved time management, goal setting, communication and organizational skills are stressed. Students gain insight into parliamentary procedure, California State law, the education code and school finance. A basic objective of the course is to nurture student appreciation of the democratic process. Course may be repeated for credit.

\*Elective

Not all courses are available at all sites each semester/year.

Course Title: **PEER HELPING \***  
Length of Course: One semester  
Prerequisite: Approval of instructor (application required)

Course No: 4007  
Grade Level: 7-8

This course is designed to foster responsibility, dependability, self-confidence, and social skills. Students are trained to serve as mediators to help students resolve conflict. This is aimed at fostering empathy and tolerance and being ready for positions of leadership.

Course Title: **FOODS AND NUTRITION\***  
Length of Course: One semester  
Prerequisite: None

Course No: 5665  
Grade Level: 7-8

This course is a laboratory class that allows students to practice basic cooking techniques, care of equipment, safety techniques, nutrition habits, and to learn the theories related to being a good consumer.

Course Title:

- **STUDENT ASSISTANT\***
- **OFFICE AIDE\***
- **LIBRARY AIDE\***
- **COUNSELING AIDE\***

Course No: 8153  
8106  
8076  
8028

Length of Course: One semester

Grade Level: 8

Prerequisite: Approval of certificated supervisor

Note: This course is taken for a pass/fail grade only

These courses provide a variety of practical experiences for students.

## **ELECTIVE COURSES - SPECIAL EDUCATION**

### **Electives Grade 7**

Life Decision 7 Fundamentals Crs. No: 2996

### **Electives Grade 8**

Life Decision 8 Fundamentals Crs. No: 3036

**All students in the San Dieguito Union High School District shall be accorded equality of consideration for program offerings without discrimination or abridgement on account of race, religious creed, color, national origin, ancestry, sex, age, or handicap.**

\*Elective

Not all courses are available at all sites each semester/year.